

TEDTALKS

Inspiring Com

WORLD ENGLISH²

THIRD EDITION

 **NATIONAL
GEOGRAPHIC**
LEARNING

WORLD ENGLISH²

THIRD EDITION

Real People • Real Places • Real Language

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Australia • Brazil • Mexico • Singapore • United Kingdom • United States

Unit	Unit Goals	Grammar	
1 Food for Life Page 2 	<ul style="list-style-type: none"> • Contrast General and Current Actions • Describe Regional Foods • Describe Favorite Dishes • Discuss Diet Trends • Give Details to Support Your Ideas 	<p>Verb Tense Review: Simple Present and Present Continuous</p> <p><i>I almost never buy fruit at the supermarket.</i></p> <p><i>My father is buying all our food at the farmers' market.</i></p> <p>Simple Past (Regular and Irregular) <i>We walked to the restaurant last night.</i></p>	
2 Express Yourself Page 16 	<ul style="list-style-type: none"> • Talk about Yourself • Make Small Talk with New People • Start a Conversation • Discuss Endangered Languages • Give Examples 	<p>The Present Perfect vs. The Simple Past</p> <p><i>He has traveled to many countries.</i></p> <p><i>We met 10 years ago.</i></p> <p>Already, Yet, Ever, and Never + the Present Perfect</p> <p><i>We've already finished this unit.</i></p>	<p>Culture and Communication</p> <p>Starting a Conversation</p>
3 Cities Page 30 	<ul style="list-style-type: none"> • Make Predictions about Your City or Town • Explain What Makes a Good Neighborhood • Discuss the Pros and Cons of City Life • Evaluate Solutions to a Problem • Explain What Makes a Good City 	<p>Future with Will</p> <p><i>Cities will be noisier in the future.</i></p> <p>Will + Time Clauses</p> <p><i>Before I move to the city, I'll look for a job.</i></p>	<p>Changing Cities</p> <p>City Life</p>
4 The Body Page 44 	<ul style="list-style-type: none"> • Discuss Ways to Stay Healthy • Talk about Healthy Lifestyles • Suggest Helpful Natural Remedies • Describe the Benefits of a Positive Attitude • Explain an Idea Using Details 	<p>The Comparative, Superlative, and Equative</p> <p><i>Henry is healthier than his father.</i></p> <p>Infinitive of Purpose</p> <p><i>You can drink tea with honey to help a sore throat.</i></p>	<p>Human Organs</p> <p>Everyday Ailments</p>
5 Challenges Page 58 	<ul style="list-style-type: none"> • Talk about Facing Challenges • Describe Past Accomplishments • Use <i>Too</i> and <i>Enough</i> to Talk about Abilities • Discuss Steps Toward a Goal • Describe a Personal Challenge 	<p>Past Continuous vs. the Simple Past</p> <p><i>I saw him yesterday. He was riding a bike.</i></p> <p>Past Continuous with the Simple Past</p> <p><i>We were eating dinner when you called.</i></p> <p>Enough, Not Enough, Too + Adjective</p> <p><i>He was old enough to sail alone.</i></p>	<p>Physical and Mental Challenges</p> <p>Phrasal Verbs</p>
6 Transitions Page 72 	<ul style="list-style-type: none"> • Talk about Different Stages in Your Life • Talk about the Best Age to Do Something • Ask Questions to Get More Information • Discuss Changes Caused by Technology • Describe an Important Transition in Your Life 	<p>The Past Perfect</p> <p><i>I had lived alone before I moved to Mexico.</i></p> <p>How + Adjective or Adverb</p> <p><i>How tall is he?</i></p>	<p>Describe Life Events</p> <p>Adjectives for Age</p>

Listening	Speaking and Pronunciation	Reading	Writing	Video
General and Focused Listening An Interview: Rice Farming	Comparing Diets Discussing Types of Food Linking Words Together	The Paleo Diet: Natural and Healthy?	Writing Main Ideas and Supporting Details	Wide Awake This National Geographic video describes how baking delicious bread can change your life.
General and Focused Listening Conversations: Small Talk	Talking about Yourself Starting a Conversation <i>Have</i> or <i>Has</i> vs. Contractions	Endangered Languages	Giving Examples	Marie's Dictionary This National Geographic Short of the Week video, describes Marie's efforts to archive her native Wukchumni language and save her language and culture for others.
General and Focused Listening A Radio Interview: Jardin Nomade in Paris	Discussing the Future of Your City Describing the Pros and Cons of Cities Stressed Syllables Before <i>-tion</i> Suffix	Streets for People	Writing a Paragraph With a Good Topic Sentence	How to Reinvent the Apartment Building In this TED Talk, Moshe Safdie talks about reinventing high-rise apartment buildings and making them better.
Focused Listening Discussions: Different Lifestyles	Talking about Staying Healthy Suggesting Easy Remedies Linking with the Comparative and Superlative	Attitude Is Everything	Writing a Paragraph Using Supporting Details	Living Beyond Limits In this TED Talk, Amy Purdy explains how obstacles can help us be creative.
General and Focused Listening An Interview: Dr. Jenny Daltry: Wildlife Conservationist and Ecologist	Discussing Challenges Talking about Abilities Words That End in <i>-ed</i>	Making a Difference	Writing a Paragraph about a Challenging Experience	Success Story: Recycling in the Philippines In this National Geographic video, we learn how communities in the Philippines created a solution for discarded plastic fishing nets.
General and Focused Listening Conversation: Becoming an Adult	Talking about Events in Your Life Getting More Information The Schwa Sound /ə/ in Unstressed Syllables	Innovation in Africa	Writing a Paragraph to Describe a Life Transition	The Magic Washing Machine In this TED Talk, Hans Rosling explains the incredible effect a simple machine can have on our lives.

Unit

Unit Goals

Grammar

7 Things that Matter Page 86



- Discuss Spending Habits
- Talk about Needs and Wants
- Discuss What Makes People's Lives Better
- Talk about Different Lifestyles
- Set Priorities

Passive Voice (Present Tense)

*A large amount of plastic **is thrown away** every day.*

Passive Voice with By

*The plastic bottles **are washed by powerful machines**.*

Participles

8 Conservation Page 100



- Talk about Consequences
- Discuss Ways to Solve Future Problems
- Describe a Situation
- Discuss Conservation Projects
- Explain a Conservation Issue

Real Conditionals in the Future

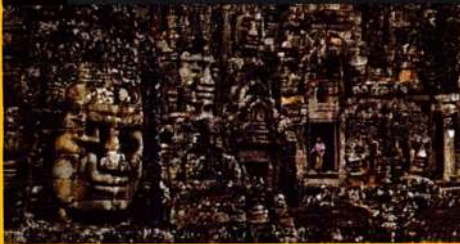
***If we don't control** pollution, more sea animals **will become** extinct.*

Review of Quantifiers

*There are **too many** endangered species.*

Climate Change
Adverbs of Manner

9 Life Now and in the Past Page 114



- Discuss Life in the Past
- Contrast Different Ways of Life
- Talk about How Things Were Done in the Past
- Discuss Historical Facts
- Describe a Historical Wonder

Used to

*People **used to travel** by horse and cart.*

Passive Voice in the Past

*A large amount of plastic bags **were used** every day.*

Life in the Past
Separable Phrasal Verbs

10 Travel Page 128



- Talk about Organizing a Trip
- Talk about Different Kinds of Vacations
- Use English at the Airport
- Discuss Travel
- Describe a Cultural Event

Expressing Necessity

*I **must** make a reservation.*

Expressing Prohibition

*You **must not** take pictures here.*

Travel Preparations
At the Airport

11 Careers Page 142



- Discuss Career Choices
- Ask and Answer Job-Related Questions
- Talk about Career Planning
- Explain New Careers
- Create a Personal Profile

Modals for Giving Advice

*You **should** choose a career that fits your personality.*

Indefinite Pronouns

***Everyone** in the audience **was** laughing.*

Careers and Jobs
Participial Adjectives

12 Celebrations Page 156



- Describe a Celebration
- Compare Holidays in Different Countries
- Express Congratulations and Good Wishes
- Talk about Rituals
- Share Opinions about Holidays

Comparisons with as ... as

*New Year's is **as exciting as** Independence Day.*

Would rather

*I'd **rather** have a big party.*

Festivals and Holidays
Expressions for Celebrations

Listening	Speaking and Pronunciation	Reading	Writing	Video
General and Focused Listening Discussions: Needs and Wants	Discussing Spending Habits Talking about Priorities Content vs. Function Words	A Zero-Waste Lifestyle	Writing about Your Future Life	The Dogist In this National Geographic Film Showcase video, Elias Weiss Friedman explains how he finds happiness while taking photos of dogs.
General and Focused Listening A Radio Program: The Bluefin Tuna	Talking about Issues That Affect Nature and Their Consequences Talking about Protecting Animals Phrases in Sentences	Making a Difference	Writing a Paragraph about an Environmental Issue	Life Lessons from Big Cats In this TED Talk, Beverly and Dereck Joubert explain how getting to know the personalities of big cats can help protect Africa.
General and Focused Listening A Talk: The Sami People	Comparing Life Now and in the Past Discussing How Things Used to Be in the Past Reduction of <i>Used to</i>	The Silk Routes	Writing a Paragraph on One of the New 7 Wonders of the World	Searching for Genghis Khan In this National Geographic Learning video, Albert Lin talks about the power of technology and the contributions of non-scientists in the search for historical sites.
General and Focused Listening Conversations: Vacations	Discussing Preparing for a Trip Describing Things You Do at the Airport Reduction of <i>have to</i> and <i>has to</i>	Four Reasons Why Traveling Is Good for You	Writing a Travel Blog	Why Art Thrives at Burning Man In this TED Talk, Nora Atkinson describes how curiosity and engagement are inspired by this art festival.
General and Focused Listening An Interview: A Restaurant Owner in Thailand	Discussing Career Choices Talking about Career Planning Intonation in Questions	Changing Careers	Writing a Personal Profile	Joel Sartore: The Photo Ark In this National Geographic video, Joel Sartore talks about his work documenting animal species.
General and Focused Listening Discussions: Local Celebrations or Holidays	Describing Celebrations Expressing Congratulations and Good Wishes Question Intonation with Lists	The Rituals of Life Events	Writing a Substantiated Opinion	Dance of the Flyers: Jacinta's Journey In this National Geographic Short Film Showcase video, Jacinta describes her journey as the first female flyer in Mexico.

Food for Life

Harvester works in high-density tomato greenhouse in the Netherlands.

Look at the photo and answer the questions:

1 Does this vegetable grow where you live?

2 In what dishes can you use this vegetable?



UNIT 1 GOALS

- A. Contrast General and Current Actions
- B. Describe Regional Foods
- C. Describe Favorite Dishes
- D. Discuss Diet Trends
- E. Give Details to Support Your Ideas

Vocabulary

A Read the suggestions for healthy eating.



Vibrant farmers' market in Funchal, Madeira Island, Portugal

WORD FOCUS

Use the -s ending with the third person singular (he / she / it).

Mr. Kim **sells** some of the most delicious salad ingredients.

Tips for a Healthy Diet

Nowadays, many people are trying to eat a healthier **diet**. Eating healthy **meals** is not hard to do. Here are some easy ways to eat better:

- Take the time to **prepare** delicious **dishes** that are also good for you. Food you make at home is usually healthier than food from a restaurant or cafeteria.
- Eat dishes with healthy **ingredients**, such as vegetables, and ones without much sugar or salt.
- In many places, fresh food is **available** at **farmers'** markets. Farmers bring a **variety** of **crops** to these markets, including many kinds of fruits and vegetables.
- Although most of your meals should be healthy, it is fine to enjoy some ice cream or cookies on **special** occasions like your birthday.

B Write each word in **blue** next to the correct meaning.

- _____ the kind of food you usually eat
- _____ to make something ready
- _____ better or more important than other things
- _____ breakfast, lunch, and dinner
- _____ describes something you can find or get
- _____ plants grown by farmers for food
- _____ food that is cooked in a certain way
- _____ different kinds of something
- _____ people who grow and produce food
- _____ types of food that are combined to make a dish

Grammar

Simple Present and Present Continuous

Use the simple present to talk about habits and things that are generally true.	I normally don't eat eggs for breakfast. Fresh vegetables are always available at the market.
Use the present continuous to talk about actions and events that are happening now.	My father is preparing a special dish for tonight's dinner, and I am watching and learning how to make it.
To form questions, use do/does with the simple present and am/are/is with the present continuous.	Do you follow a special diet? Is she celebrating her birthday tonight?

C Discuss the statements below in pairs. Which things does the speaker usually do? Which things is the speaker doing right now?

- a. I am eating an apple.
- b. I eat breakfast at 9.
- c. I buy fruit at the grocery store.
- d. I am making coffee for you.

D Complete each sentence with the simple present or present continuous form of the verb.

- My mother and I _____ (prepare) a meal together every afternoon.
- In Mexico, most people _____ (eat) a big meal in the afternoon.
- Right now, my mother and I _____ (make) a dish called *enchiladas*.
- I really like enchiladas. Sometimes I _____ (have) them for breakfast!
- Now my mother _____ (tell) the whole family to come to the table.
- We _____ (enjoy) at least one meal together every day.

E In pairs, take turns doing the following.

- Tell your partner what you usually eat for breakfast and lunch.
- Tell your partner three things people you know are doing right now.

F Use the phrases in the box to talk about things...

- ...you usually do.
- ...you never or almost never do.
- ...you are doing (or not doing) right now.

carry a cell phone
check your email
climb a mountain
eat fruit for breakfast
eat lunch in a cafeteria
practice English grammar
talk with a classmate
try new foods
wear athletic shoes



GOAL CHECK

Contrast General and Current Actions

Complete this sentence three times. Two of the sentences should be true, but one should be false: I usually _____, but today I'm _____.

Read your sentences to a partner in any order. Your partner will guess which sentence is false.

I usually wear glasses, but today I'm wearing contact lenses.


I usually carry my phone to class, but today I'm letting my sister use it.

Listening**A** Look at the picture. In pairs, discuss these questions.

1. What are important foods that everyone in your country eats?
2. Where in the world do farmers grow rice?
3. Why do they grow it there?

B  2 Listen to the interview. Circle the correct letter.

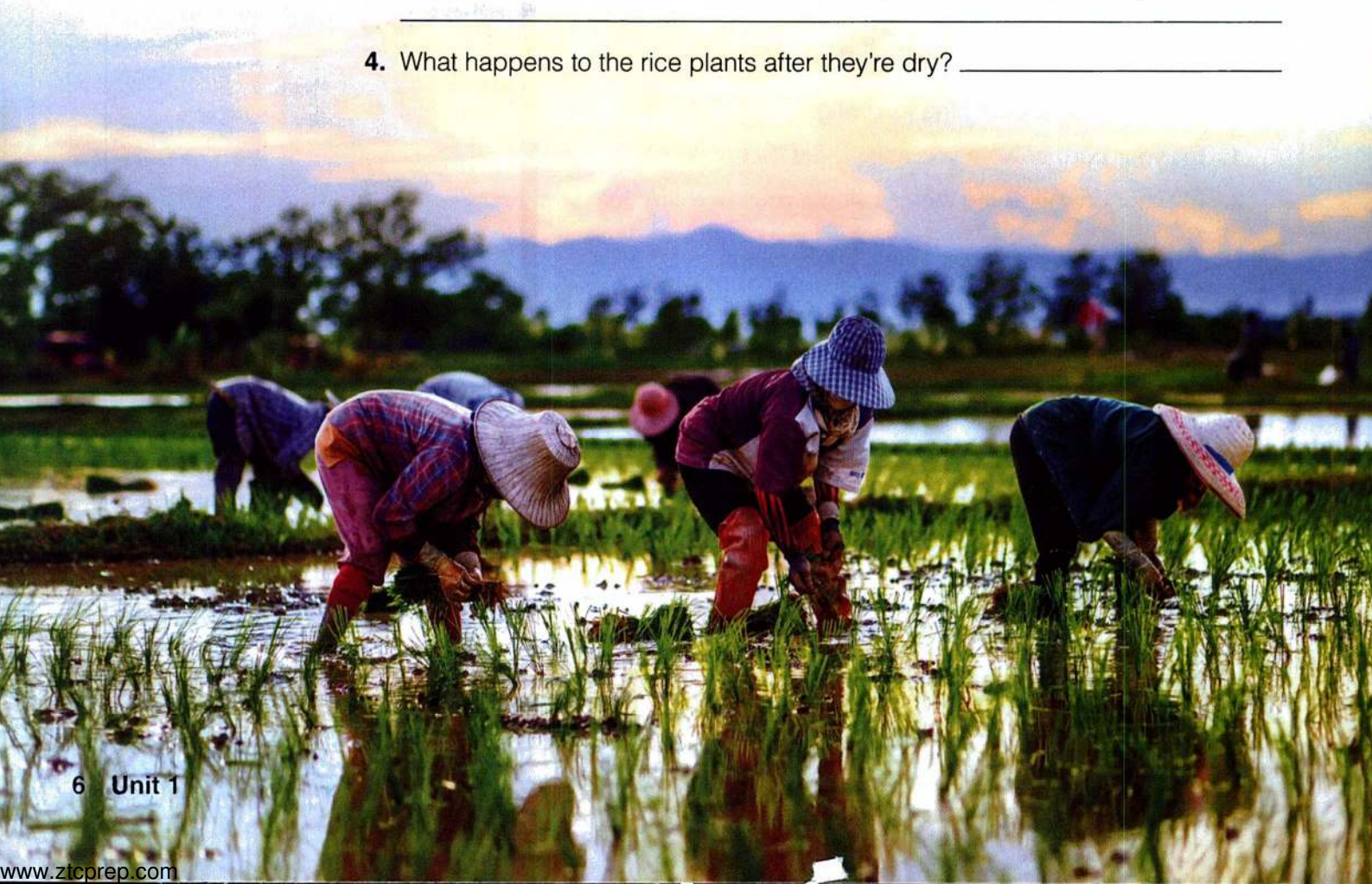
1. Who is the interviewer talking to?
 a. a restaurant owner b. a rice farmer c. a news reporter
2. What is happening in the rice paddy today? People are...
 a. planting rice plants. b. planting seeds. c. letting water into the paddy.
3. What kind of climate does rice need?
 a. hot and dry b. warm and wet c. cool and humid

C  2 Listen again and answer the questions.

1. Why doesn't the rice farmer plant seeds like other farmers?

2. How is the rainfall this year? _____
3. What happens to the water in the rice paddy after the rice plants grow?

4. What happens to the rice plants after they're dry? _____

WORD FOCUSFarmers **raise** or **grow** crops.

Communication

D Follow the instructions with a partner.

1. List some of the foods that grow well in your part of the world. They can be crops, meat, or seafood.

_____	_____	_____
_____	_____	_____

2. Talk about the dishes people make from each of these foods. What are the ingredients? Do you enjoy eating the dish?


E MY WORLD Do you try to buy local foods from farmers in your area? What are some advantages and disadvantages of doing this?

PRONUNCIATION: Linking Words Together

When a word ends in a consonant sound, and the next word begins with a vowel sound, the words are usually linked together.

We cut the rice **plants** and clean them.

We **grow** a **lot** of rice.

F  3 Listen to the sentences. Notice the pronunciation of the linked words. Then, listen again and repeat the sentences.

1. We're eating dinner now.
2. Her favorite dish is chicken with rice.
3. Farmers work on weekends and holidays.
4. Paul and I don't like fish very much.
5. Coffee grows well in Colombia.
6. Rain falls in all seasons where I live.



GOAL CHECK Describe Regional Foods

1. Think of a special dish from your area or region of the world. Take a few notes about each question below. Then use your notes to tell a partner about the special dish.

What is the name of the dish?
When do people usually eat it?
What are some of the ingredients?

When are the ingredients available?
How do people prepare the dish?
How do you feel about the dish?

2. Get together with another pair and tell them about the special dishes you described.

The dish is called *ceviche*, and it is popular in Peru. We make it with seafood and lime juice. Some of the other ingredients are...

Language Expansion

A Look at the Healthy Eating Pyramid from Australia. In pairs, choose a phrase from the box to complete each sentence below.



- | | |
|-----------------------------------|-----------------------------|
| a. fish, beans, and nuts | d. milk, yogurt, and cheese |
| b. spinach, tomatoes, and carrots | e. pasta, bread, and rice |
| c. pineapples and grapes | f. pizza and canned foods |

1. Vegetables that are high in **vitamins** include ____.
2. Foods high in **protein** include meat, ____.
3. Many people eat **grains** at every meal. Grains include ____.
4. Many fruits are sweet. Fruits that have a lot of **sugar** in them include ____.
5. **Dairy** foods come from animals such as cows. ____ are all dairy.
6. Don't eat too much **salt**. Salty foods include ____.

Grammar

WORD FOCUS

With the simple past, we often use:
yesterday / the day before yesterday
days / weeks / years / months **ago**
last week / month / year

Simple Past

Use the simple past to talk about completed past actions or situations.	We learned how to make pizza yesterday. Our class was interesting last week.	
Some verbs are regular in the simple past. They have an -ed ending.	ask-asked learn-learned	cook-cooked need-needed
Some verbs are irregular in the simple past.	choose-chose give-gave	eat-ate go-went

B Follow the instructions in pairs.

1. List 10 of your favorite things to eat and drink.
2. Talk about the nutrition in each item on your list. Use some of the **bold** words from **A**.
3. Plan a healthy meal. Explain your plan to another pair of students.

Pasta is delicious. Do you think it's healthy?

It has some protein and vitamins, but I don't think you should eat a lot of pasta.

We chose peach yogurt as the dairy food. It has some sugar in it, but it's also high in protein.

C Complete the conversation. Use the simple past of the verbs.

Mary: Tell me about yourself, Pedro.

Pedro: Well, I love to travel. Last year, I (1) _____ (travel) to Greece.

Mary: Wow! You (2) _____ (go) to Greece?

Pedro: Yes, and I (3) _____ (meet) my friend Vasilys and his family there. They (4) _____ (show) me around Athens and (5) _____ (introduce) me to many new foods. We (6) _____ (eat) a lot!

Mary: That sounds like fun.

Pedro: It was. I (7) _____ (eat) seafood and lamb, and I (8) _____ (try) a dish...

D Complete each sentence so it is true for you. Use the simple past and words from the box. Then, share your sentences with a partner.

1. (eat) Yesterday, I _____.
2. (like) When I was a child, I _____.
3. (prepare) Last week, I _____.
4. (buy) The last time I went to the grocery store, _____.
5. (order) The last time I went to a restaurant, _____.

dairy
dish
grain(s)
meal
protein
salt
special
sugar
vegetable(s)
vitamins

Conversation

E  4 Close your book and listen to the conversation. What is Albert eating? What is it made from?

Albert: You should try this! My aunt made it.

Mary: Mmmm... Delicious! What is it?

Albert: It's called *couscous*. It's made from wheat.

Mary: And what's this on top of the couscous?

Albert: Mostly vegetables and some kind of sauce.

Mary: How did your aunt learn to cook it?

Albert: Her great-uncle married a woman from North Africa. That's where couscous is from. They always ate it on special occasions.

Mary: What an interesting family history!

Albert: Yeah, and a great family recipe.

REAL LANGUAGE

When you share food with someone, you can say:

You should try this!

Would you like to try it?

Do you want a bite?

F Practice the conversation. Tell your partner about foods from other parts of the world.



GOAL CHECK Describe Favorite Dishes

You want to share a photo of your favorite dish on a social media website. In pairs, discuss what you should include in the post:

Why did you eat the dish?

Who prepared the dish?

What ingredients were in the dish?

Who ate the dish?

How did the dish taste?

Your idea: _____

My whole family ate my grandmother's spaghetti. Do you think I should write that?

Reading

- A** In pairs, describe diets that you or someone you know have followed. Were they effective?
- B** Read the title and the first sentence of each paragraph. Which of these popular diets is / are mentioned in the article?
- a. vegan diet c. low-calorie diet
b. paleo diet d. raw foods diet
- C** Read the article. Write examples of different foods in the correct columns.

Foods people eat on a paleo diet	Foods people do NOT eat on a paleo diet

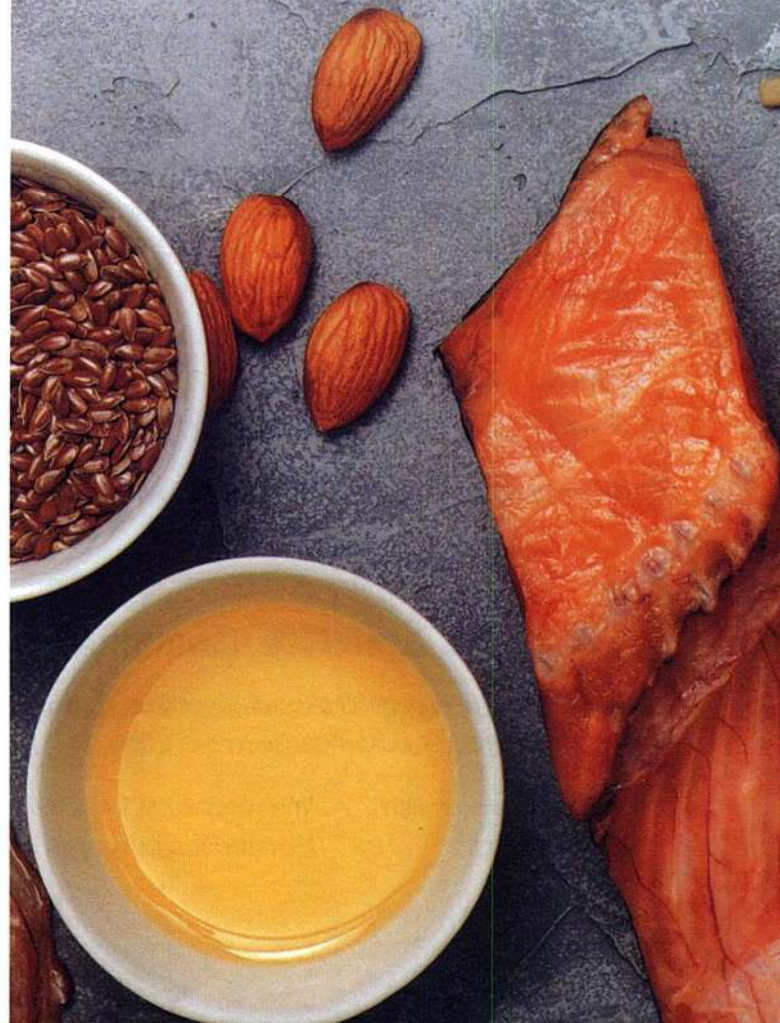
- D** Read the question at the end of the first paragraph. Match each answer below with the correct person. There is one extra answer.
- a. A person who is following a paleo diet
b. Dr. Peter Ungar
- _____ Maybe, because there are many choices at the supermarket.
 - _____ No, because not eating certain kinds of food isn't healthy or natural.
 - _____ Yes, because not eating foods from farmers is more natural.

**GOAL CHECK**

Create a one-day menu plan for a paleo diet. What might that person eat for breakfast, lunch, dinner, and snacks? Then, discuss the questions.

1. Would this diet work well for you? Why?
2. Does the paleo diet seem enjoyable? Practical? Healthy?

The Paleo Diet: Natural and Healthy?



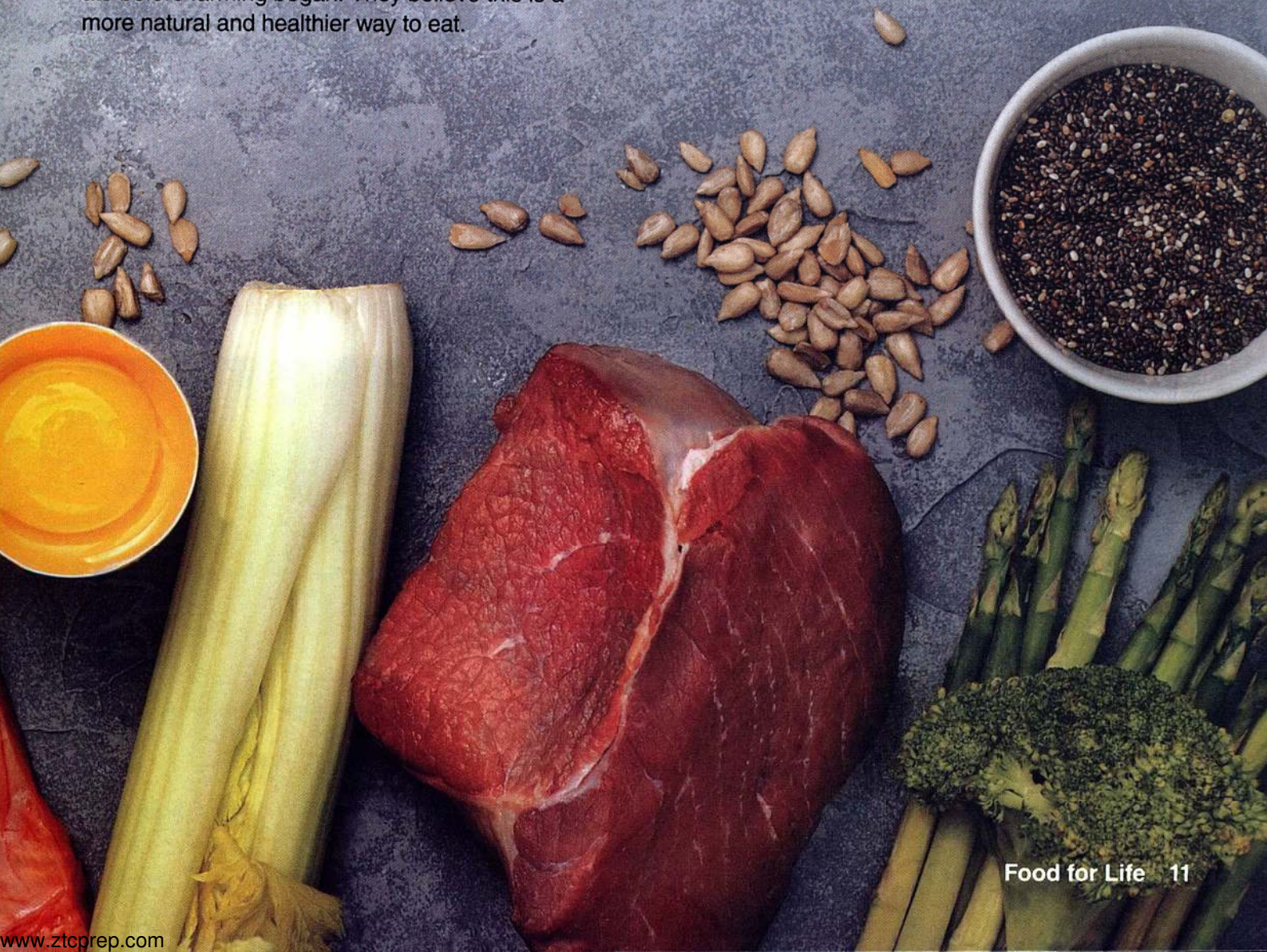
Modern supermarkets give us many choices. There are colorful fruits and vegetables, fresh fish and meat, many kinds of bread, eggs, yogurt, and cheese. But at the same time, people in the modern world are **experiencing** health problems, such as diabetes and heart disease. Could the food we eat be causing some of these problems?

One explanation for modern health problems is that they began when human beings became farmers about 12,000 years ago. Around that time, people started growing and eating crops, such as wheat and rice. Some people believe that returning to an earlier way of eating—a “paleo diet” that includes only meat, fish, and fruits and vegetables—might be a solution to our modern health problems.

A paleo diet is special because it doesn't include grains, dairy foods, or legumes, such as peanuts or beans. For many of us, it is not possible to prepare our favorite dishes without these ingredients. But people who follow a paleo diet only eat foods people ate before farming began. They believe this is a more natural and healthier way to eat.

For Dr. Peter Ungar, the **truth** is In human history, people have eaten of foods. Early human beings lived in places with different climates, so many food were available to our **ancestors**—including some grains—even before farming began. Dr. Ungar says our **ability** to eat in many different ways and to be healthy whether we live in the Arctic or in the tropics is the important thing. One thing is certain, though: If you do decide to try a paleo diet, remember that your meals might actually have less variety than the meals of your early ancestors.

experience have something happen to you
truth facts, not things that are imagined or invented
ancestors parents, grandparents, and other people who lived before you
ability quality or skill that makes it possible for you to do something



E **GOAL** Give Details to Support Your Ideas

Communication

- A** Discuss the questions in a small group.

Many social events include food. What do you know about each social event below? Where does it take place, how many people are there, and what do they usually eat and drink?

a birthday party	a dinner party	a family dinner
lunch with coworkers	an outdoor picnic	a wedding dinner or feast

- B** Describe a recent social event in your life. What happened? What did you eat?

Writing

- C** Read the information in the box. Then discuss the questions below.

Main Idea

When you are reading, it is important to look for the writer's main ideas. These are the important points or claims the writer wants to make. For example:

For Peter Ungar, the truth is not so simple.

One explanation for modern health problems is that they began when humans became farmers thousands of years ago.

Supporting Details

After you read a main idea, it is helpful to look for details—information that helps you understand the main idea or believe the writer's claim. For example:

...in human history, people have eaten a wide variety of foods.

Many kinds of food were available to our ancestors.

1. What main idea do the details in the box above support?
2. How do the details help you understand or believe that main idea?

You can have a picnic at a park or at the beach. It's very informal, and you might eat sandwiches or salads and fruit.

WORD FOCUS

claim something that a person says is true

Plant-based lasagna is a healthy vegetarian meal.



- D** Read the paragraph from an internet food blog. Notice the main idea (underlined) and the details that support the main idea.

There are many good dishes to serve at a dinner party, but I recommend baked lasagna. It is great for parties because it is a dish you can make in advance. For example, if you have time the night before the party, you can make the lasagna and put it in the refrigerator until the next day. In addition, everyone seems to like lasagna. If your guests eat meat, you can make a meat and cheese lasagna, but if your guests are **vegetarian**, a vegetable lasagna is just as delicious. A good tomato sauce, together with the pasta and other ingredients, is really all you need. Lasagna can even be **vegan** if you can find good vegan “cheese” at the store. Finally, it’s a good party food because you don’t need to prepare a lot of other dishes when you serve lasagna. A simple green salad and some Italian bread go well with lasagna. And maybe some dessert—after all, it is a party!

vegetarian a person who does not eat meat, fish, or chicken

vegan contains no animal foods, including milk, cheese, or eggs

REAL LANGUAGE

Quotation marks can tell us a word is being used in an unusual way. Vegan “cheese,” for example, is not made from milk.

- E** Read the paragraph again and complete the outline below.

Main Idea: I recommend baked lasagna for a dinner party.

Supporting Details: 1. You can make lasagna in advance.

2. _____

3. _____

- F** In a small group, brainstorm ideas for these possible writing topics. What ideas do you have about each topic? What details might you include?

Write about a social event you attended recently.

Write about a bad meal that you had.

Write about people’s eating habits in your country or culture.

- G** Choose ONE topic from the list above and write a paragraph in your notebook. Your paragraph should have a main idea near the beginning and three or four supporting details.

WRITING NOTE

You can use **because** to introduce reasons. Notice the two places the blog writer uses **because**.



GOAL CHECK

Give Details to Support Your Ideas

In pairs, discuss the topic you chose.

VIDEO JOURNAL

WIDE AWAKE BAKERY



- A** What do you think daily life is like for *bakers*—people who bake bread for a living? Discuss your ideas with a partner.

In Your Opinion: A Baker's Life

- | | | |
|---|---|---|
| 1. Bakers start working very early in the morning. | T | F |
| 2. Bakers have to do the same thing over and over again. | T | F |
| 3. Bakers are creative and make a variety of different breads. | T | F |
| 4. Bakers make a food that is very important in people's daily diets. | T | F |
| 5. Bakers need to practice a lot to become good at their job. | T | F |
| 6. Bakers do a boring job. It's not very exciting work. | T | F |

- B** Read a quotation from the manager of the Wide Awake Bakery in Ithaca, New York, USA. In pairs, talk about the meaning of the quotation.

I don't want to say that the bakery is an experiment. But, it's more like... it's more like saying, "Why not? Why not do it right?"

— Stefan Senders

- C** Watch the video and take brief notes. What do you notice about...

- ...the two people in the video (Stefan Senders and David McInnis)?

- ...the bakery (where the bread is made)?

- ...the bread dough (before it is baked)?

- ...the bread oven?

- ...the finished bread (after it is baked)?

- D** In pairs, practice using the expression from the video.

- Tell each other about a time when you were "climbing the walls." Why were you so bored?
- Tell each other about a time when you tried something and "nailed it."

- E** In pairs, talk about the meaning of the quotation below. Is McInnis really talking about dancing?

"You're learning a dance, and you're thinking about the steps all the time. ... And when you learn the dance, you just kind of do it—you don't have to think about it anymore."

—David McInnis

- F** Tell your partner about something you have learned to do well. What are the "steps"? How did you learn to do them?

REAL LANGUAGE

A **sweet spot** is a time or place where everything happens perfectly.

When you study for an exam, find the sweet spot between not enough and too much study.

Express Yourself



Look at the photo and answer the questions:

1 How do these men know each other?

2 What do you think they are talking about?

Marine biologist chats with local salmon fisherman in Scotland.

UNIT 2 GOALS

- A. Talk about Yourself
- B. Make Small Talk with New People
- C. Start a Conversation
- D. Discuss Endangered Languages
- E. Give Examples

Vocabulary

A Read.



Selfies are an important part of how we talk about ourselves now!

Every culture around the world has different **customs** and different **ways** of communicating. So when you learn a language, you learn more than words.

People use language to **communicate** many different things. Greetings, such as "Hello" or "How are you?," show that we are friendly or **polite**. We also use language to **connect** with each other. Using the right words can show our family members that we love them, for example. We might also **become** friends with people who we speak to every day. Another good way to connect with people is by talking about our personal **experiences**.

In some cultures, it is **common** to ask questions when you meet someone for the first time. You might ask a new neighbor, "Have you recently moved to this city?" This kind of conversation can **increase** feelings of trust between people. In other cultures, though, asking this kind of question could make people uncomfortable. Once you have learned the rules of a language, you can communicate more easily and **avoid** communication problems.

B Circle the correct word or phrase. You may use a dictionary to help you.

1. A **custom** is something that *few* / *most* people in a certain place or culture do.
2. The **way** we do something is *how* / *why* we do it.
3. When you **communicate** with someone, you share *money* / *information* with them.
4. A **polite** person has good manners and is not *rude* / *nice* to other people.
5. When you **connect** with other people, you feel *closer* / *not as close* to them.
6. After a long day at work or school, most people **become** *sad* / *tired*.
7. Your **experiences** are things that you do or that *return* / *happen* to you.
8. If something happens *often* / *rarely*, it is **common**.
9. If the amount of something **increases**, there is *more* / *less* of it.
10. Most people **avoid** things they *like* / *don't like*.

Grammar

The Present Perfect vs. The Simple Past

<p>Use the present perfect to talk about actions that:</p> <ol style="list-style-type: none"> 1. began in the past and continue until the present. 2. happened at an indefinite past time and affect the present. 3. happened more than once in the past. 	<ol style="list-style-type: none"> 1. They have known each other since the first grade. 2. Tim has traveled alone before, so he's not nervous about his trip to India. 3. Ken and Takako have been to Peru five times.
<p>Use the simple past for completed actions or situations at a specific past time.</p>	<p>They have become parents in 2017. They became parents in 2017.</p>

C Complete each sentence with the present perfect or simple past form of the verb.

1. I think Lee will do well on the test. He _____ (study) a lot for it.
2. Elena _____ (take) the same test last year.
3. Sam _____ (travel) to Argentina four times. He loves it there!
4. Jason doesn't want to call his mother tonight. He _____ (call) her every night for the past week.
5. We _____ (learn) some Arabic greetings and polite phrases before our trip to Qatar last year.

D Complete the questions. Ask a partner. If the answer is "yes," ask, "When?"

Have you ever...

1. eaten _____ food?
2. seen a movie from _____ (country)?
3. gone to _____ ?
4. played _____ ?
5. talked to _____ ?

Have you ever talked to a movie star?

Yes, I have.



GOAL CHECK Talk about Yourself

Use the questions to interview a partner. Then switch roles.

Interview Questions

1. What is a custom from your culture that you really like?
2. What are some things you have done just to be polite?
3. When you meet new people, do you avoid talking to them, or do you try to communicate with them? Explain.
4. Talk about some of your closest friends. How did you become friends with them?
5. What was your favorite way to spend time with the people in your family?
6. Talk about an important experience in your life. How has it affected you?

B GOAL Make Small Talk with New People

Listening

A 6 These people are meeting for the first time. Listen to their conversation. Where are the people?

Conversation 1 The speakers are in _____.

- a. a hospital b. a school c. an airport

Conversation 2 These people are in _____.

- a. a restaurant b. an apartment building c. an office building

B 6 Listen again. What do the people make small talk about?

Conversation 1 They make small talk about _____.

- a. classes b. weather c. clothes

Conversation 2 They make small talk about _____.

- a. sports b. TV shows c. the neighborhood

WORD FOCUS

make small talk

talk about things that aren't important

C In pairs, decide what the speakers will talk about next. Think of two more ideas for each conversation.

PRONUNCIATION: *Have* or *Has* vs. Contractions

In statements with the present perfect, *have* and *has* are sometimes pronounced completely, but in informal speaking, contractions may be used.

D 7 Listen and repeat.

WORD FOCUS

Remember that *has* is pronounced with a /z/ sound.

*She **has** already watched that movie, so she doesn't want to see it again.*

<i>Have</i>	Contraction	<i>Has</i>	Contraction
I have	I've	she has	she's
you have	you've	he has	he's
we have	we've	it has	it's
they have	they've		

E 8 Listen and circle the sentences you hear.

- | | |
|---|--|
| 1. a. I have never gone skiing. | b. I've never gone skiing. |
| 2. a. He has been to Colombia three times. | b. He's been to Colombia three times. |
| 3. a. Linda has taken a scuba diving class. | b. Linda's taken a scuba diving class. |
| 4. a. They have already eaten breakfast. | b. They've already eaten breakfast. |
| 5. a. We have had three tests this week. | b. We've had three tests this week. |
| 6. a. Michael has found a new job. | b. Michael's found a new job. |

Communication

F Read.

English speakers often make small talk when they meet someone new. In general, small talk should make people feel more comfortable—not less comfortable—so the topics should not be very personal. For example, “Which department do you work in?” is a good question at work, but “How much money do you make?” is too personal.

G Circle the topics that are good for small talk when you meet someone for the first time. Then add two more ideas. Compare your ideas in pairs.

family money religion school sports work

H In pairs, read the situations. Choose a question to ask for each situation. Then, write and practice brief conversations based on the situations.

Situation 1 Min-Hee talks to Judy. It's Judy's first day at this job.

- a. Are you new in this city?
- b. Are you making a good salary here?

Situation 2 Andrei is from Russia. He talks to Eduardo at the International Students' Club. It's Eduardo's first meeting.

- a. Where are you from?
- b. Do you practice a religion?

Situation 3 Mark lives in apartment 104. He meets his new neighbor Lisa in the apartment building.

- a. Do you like living here?
- b. Are you married?

Situation 4 Liz is making small talk with another student in her class.

- a. What was your grade on the test?
- b. Did you think the test was difficult?

I With your partner, discuss the “incorrect” answers from H. Why do you think those questions might make someone feel uncomfortable? Do you think it's the same in every culture?



GOAL CHECK

Make Small Talk with New People

In pairs, write four good questions to ask when you meet someone new. Then join another pair and ask and answer your questions. Are all of the questions good for making small talk?

Small talk on
a beach



Language Expansion: Starting a Conversation**A** Read the questions below. Think of different ways to answer them.**ENGAGE!**

Are you shy or outgoing when you meet new people? Do you like to make small talk?

Starting a Conversation

How do you like this weather? Are you enjoying this class?

Did you hear about _____? (something in the news, for example)

How long have you been waiting? (for the elevator, the bus, the meeting to begin, etc.)

B In pairs, choose one of these situations. Try to make small talk for as long as you can. Then change partners and situations and practice again.

at a welcome party for new students
at the airport

waiting in line in the office cafeteria
walking in the park

Grammar**Present Perfect Signal Words: *Already, Yet, Ever, and Never***

<i>already</i>	Use <i>already</i> with questions and affirmative statements to clarify if something has happened in the past.	Has Roberta already left? We have already studied this.
<i>(not) yet</i>	Use <i>yet</i> / <i>not yet</i> in questions and negative statements for emphasis.	Have you done the writing homework yet ? John hasn't sent the text message yet .
<i>(not) ever</i> <i>never</i>	Use <i>ever</i> / <i>never</i> (<i>not ever</i>) in questions and negative statements to talk about something that has or has not happened at any time before now.	Have you ever met her? We have never lost our house keys. We haven't ever been bored in class.



Two people, on their way home, start a conversation in Milan, Italy.

C Two classmates are talking. Fill in the blanks in the conversation.

A: Have you ever traveled to another country?

B: No, I have (1) _____ left this country, but I want to go to Colombia someday.
Some of my cousins live there.

A: I see. Have (2) _____ already met your Colombian cousins?

B: Yes, I have (3) _____ them already. They came here last year.

A: That's nice. Are there any other countries you want to visit?

B: I want to visit Australia someday. (4) _____ you ever been there?

A: No, I haven't (5) _____ been there. Why do you want to go?


B: Well, I learned the rules for Australian rugby last year, but
I (6) _____ not played the game yet. Maybe I can play it in Australia!

D Practice the conversation in **C** with a partner.

E MY WORLD In pairs, discuss the questions about traveling.

1. What are some places you have traveled to?
2. Where would you like to go that you haven't been yet?

Conversation

F  9 Close your book and listen to the conversation. What do the speakers decide to do about the homework?

Tom: Excuse me. Are you in my history class?

Rita: Yes! I saw you in class yesterday. I'm Rita.

Tom: Hi, Rita. I'm Tom. Is this your first class with Mr. Olsen?

Rita: Yes, it is, but I've heard good things about him. What about you?

Tom: I've taken his classes before, and they've always been good.

Rita: That's great. Have you already done the homework for tomorrow?

Tom: No, not yet. How about you?

Rita: Not yet. Maybe we can call each other to talk about it.

Tom: That's a great idea! I'll give you my number.

SPEAKING STRATEGY

After you answer a question, say **What about you?** or **How about you?** to keep the conversation going.



GOAL CHECK Start a Conversation

Move around the class. Walk up to five classmates and start a short conversation. Choose a topic and use *Have you ever ...?*

classes foods movies sports travels your idea _____

Have you ever taken a class with Ms. Lee before?

Yes, I took an art class with her.

GOAL Discuss Endangered Languages

Reading

A In pairs, discuss the questions.

1. How many languages are spoken in your country?
2. How many languages do you speak?
3. Do you think language and culture are related?

B Are these statements true or false? Answer before you read the article. Then read and check.

1. Most people in the world speak a "large" language with many speakers.
2. We will not lose any more languages in the future.
3. Few people are learning the Maori language.
4. Technology is a danger to languages.

C For each idea, circle the TWO correct examples from the article.

1. world languages with the largest number of speakers
Hindi Maori Spanish
2. Tuvan words that show a connection with animals
ak byzaa *songgaar* *ezenggileer*
3. technology that helps save endangered languages
telephones the internet talking dictionaries

Endangered Languages

There are around 7,099 languages in the world today. However, most people speak the largest languages: Chinese, Spanish, English, Hindi, Russian, Arabic, and others. So what about the smaller languages? According to the UNESCO Atlas of the World's Languages in Danger, around one third of the world's languages now have fewer than 1,000 speakers. We may soon lose those languages completely. In fact, 230 languages became "**extinct**" between 1950 and 2010.

Unfortunately, when we lose a language, we also lose culture and knowledge. That's because people in different places have different ways of living and thinking. One example of this is the Tuvan language of southern Siberia. Tuvan people depend on animals for food and other basic needs. Their language shows this close connection between people and animals. The Tuvan word *ezenggileer*, for example, means "to sing with the **rhythms** of riding a horse." And the word *ak byzaa* is "a white **calf** less than one year old."

In some places, people are working to save traditional languages. Many schools in New Zealand now teach the Maori language. This helps connect native New Zealanders to their Maori culture. And in the United Kingdom, Welsh is spoken by around 500,000 people in Wales. The Welsh government is working to increase that number to one million by 2050.

Technology could be another important way to save **endangered** languages. National Geographic's Enduring Voices project has created "Talking Dictionaries." These dictionaries are the recorded voices of people communicating with each other. All of them are fluent speakers of endangered languages. And because these dictionaries are available to anyone



GOAL CHECK

Discuss the questions in a small group. Then share your ideas with another group or with the class.

1. Why might it be important to speak one of the world's "large" languages? Make a list of 3–4 reasons.
2. Why are organizations trying to save endangered languages? Why are those languages important?

on the internet, people now and in the future can learn some of the vocabulary, the greetings, and the grammar rules of past languages.

extinct a language is extinct when it has no living speakers.

rhythm a regular series of sounds or movements

calf a young cow

endangered in danger of soon becoming extinct

K. David Harrison, co-director of the Enduring Voices project, works with Abamu Degio and Anthony Degio to record songs in Koro Aka, an endangered language from northern India.



Communication**A** Discuss the questions in pairs.

1. Look at the box. Which ways to learn a language have you experienced?
2. Which has been the most helpful to you?

conversations with a speaker of the language electronic dictionaries explanations from a teacher	language textbooks lists of vocabulary words television or movies other _____
--	--

B Read the information.

Technology for Language Learning	
Video Chat You're probably already using video chat with your friends and family. You can also find people to practice a new language with.	Online Videos Many kinds of videos are online. They combine language and pictures, and they can show us different cultures as well.
Apps A few apps help language learners practice new vocabulary. Some have electronic flashcards with words, definitions, and example sentences.	Game Apps Using some apps is similar to playing video games. You work your way from level to level, and you can earn points as you go.
News Broadcasts It's common for news agencies such as the BBC to broadcast stories from around the world. You can watch or read them for free.	Social Media Many people find interest groups and "like" them on social media. It's a way to connect and communicate with people like yourself.

C Discuss the questions in pairs.

1. Which of the technologies have you used? How have you used them?
2. How might each kind of technology be helpful for language learning?
3. What kinds of technology might be the most and least helpful for you? Why?

Writing**WRITING SKILL: Giving Examples**

Giving examples is a good way to help your reader understand your ideas. Two common ways to introduce examples are *such as* and *for example*.

*Study tools, **such as** flash cards, can be helpful for learning new vocabulary.*

*It's also important to find ways to hear a new language. **For example**, online videos and music are good for listening practice.*

D Complete the sentences.

1. An app for video chats, such as _____, can be helpful for practicing a new language.
2. There are several good ways to learn new vocabulary. For example, I like to use _____.
3. It's important to read something in your new language every day. For example, _____.
4. Don't forget to talk with people who can help you, such as _____.

E In your notebook, make a list of 3–4 things you do and don't recommend for language learning. Use your own ideas and examples.

Do	Don't
<ul style="list-style-type: none">• Do find fun ways to practice the language. For example, use an app that seems like a game.	<ul style="list-style-type: none">• Don't spend all your time reading things such as news reports. You can listen to them as well.

F Exchange your list with a partner and answer the questions.

1. Do you understand everything on your partner's list?
2. Can you suggest any other examples for your partner to use?



GOAL CHECK Give Examples

In small groups, look at the box. Talk about good ways for these different kinds of people to learn a language. Use examples.

employees at a company	people such as you
high school or university students	tourists planning to visit another country
older people with free time	young children

I think children learn a lot from language teachers. For example, they might sing songs or practice saying new words in class.

That's true, and older students like to use social media websites, such as Facebook and Twitter.

Watching movies is a great way to practice English.

VIDEO JOURNAL

MARIE'S DICTIONARY

A Read. Then choose the correct word or phrase.

Marie Wilcox is the last **fluent** speaker of the Wukchumni language. It's the Native American language of a group of people from central California.

Marie learned Wukchumni from her grandparents, who did not speak English at home. In recent years, Marie decided to create a Wukchumni **dictionary**.

1. If you are **fluent** in a language, you speak it very *well* / *badly*.
2. California is in the *eastern* / *western* United States.
3. Marie Wilcox had *teachers* / *family members* who spoke the Wukchumni language.
4. A **dictionary** is a book with the *words* / *history* of a language.



Lake Success is a reservoir and dam that provides water to nearby small towns at the eastern edge of the Central Valley in Tulare County, California.

- B** What parts of learning English have been easy or difficult for you? Rank the skills from 1 (easiest) to 5 (most difficult).

Learning a Language

- ☐ Learning the definitions or meanings of words.
- ☐ Learning **sounds** and being able to understand the language.
- ☐ Learning pronunciation and being able to speak the language.
- ☐ Learning grammar rules and making correct sentences.
- ☐ Having **confidence** in your language ability.

sounds things that you hear

confidence feeling comfortable and sure about your abilities

- C** Watch the video and match the actions with the correct person or people.

- a. Marie Wilcox
- b. Jennifer Malone (Marie's daughter)
- c. Donovan Treglown (Marie's grandson)

1. ____ says she spoke English
2. ____ tells a story about animals
3. ____ uses a machine to record
of Wukchumni
4. ____ help Marie with the dictionary
5. ____ types slowly on the computer keyboard

- D** Watch again and answer the questions in your notebook.

1. How would you describe Marie?
2. How is Marie's family helping her?
3. Who speaks Wukchumni better, Marie's daughter or her grandson?
4. In the story, which animal
the top of the mountain?

- E** Discuss the questions in groups.

1. What languages are spoken in your country?
Do these languages have small or large numbers of speakers?
2. Do a lot of people in your country want to learn English or other widely spoken languages? Why?
3. What effects have English or other languages had on your country? For example, do most children still speak the same language as their grandparents?



Amsterdam-based architects won an international competition to design a pedestrian bridge over Dragon King Harbor River in Changsha, China.

Look at the photo and answer the questions:

- 1** Is it important that cities be beautiful?
- 2** Does your city have landmarks like bridges and rivers?

UNIT 3 GOALS

- A. Make Predictions about Your City or Town
- B. Explain What Makes a Good Neighborhood
- C. Discuss the Pros and Cons of City Life
- D. Evaluate Solutions to a Problem
- E. Explain What Makes a Good City



Vocabulary**A** Read the article.

Manhattan's High Line Park

Changing Cities

By the year 2050, 66% of the people on Earth will live in large cities. That's around two-thirds of the world's **population**. Most of these people will live in tall apartment buildings, so it makes sense to **design** those buildings in ways that are good for the environment. Gardens on top of buildings, for example, save energy for heating and cooling. They are also a comfortable place for people to spend time—away from the **traffic** on the **noisy** city streets below.

Walking from place to place is a big part of city life. However, when **pedestrians** need to walk across streets, there can be problems. One solution to these problems are the "X-crossings" found in Tokyo, Japan and other cities. There, when the light turns red, all of the cars, buses, and other **vehicles** must stop. Then, the pedestrians can cross in any direction. Another solution could be **neighborhoods** with more shops and restaurants on every block. This makes it easier for people to walk to the places they need to go.

Every big city needs good ways for people to get around. In the future, more cities will have as many kinds of public **transportation** as Hong Kong. With more than seven **million** people in a fairly small area, Hong Kong is a **crowded** place. So, in addition to cars and taxis, Hong Kong residents ride buses, trains, boats, and streetcars—all good ways to get around the city.

B Write each word in **blue** next to the correct meaning.

1. _____ all of the people who live in a certain area
2. _____ parts of a city where people live
3. _____ machines, such as cars or trucks, that carry people or things from place to place
4. _____ people who are walking
5. _____ full of loud sounds
6. _____ all the vehicles moving on the roads in an area
7. _____ full of people
8. _____ plan how something should be
9. _____ all the ways of taking people or things from one place to another
10. _____ the number 1,000,000

WORD FOCUS

traffic jam so many vehicles in the street that they can't move

population growth a growing number of people living in a place

Grammar

Future with Will

Statements	The city will be safer for pedestrians.	Use <i>will</i> + the base form of to talk about the future. In speaking, we often use contractions with <i>will</i> : <i>I'll, you'll, we'll, they'll, she'll, he'll</i> . Note the irregular negative contraction for <i>will not</i> : <i>won't</i> .
Negatives	We won't have space for any more traffic.	
Yes / No questions	Will the population continue to grow?	
Wh- questions	Where will people live ?	

C What do you think? Circle **Y** for yes or **N** for no. Compare answers in pairs.

In the year 2040...

1. My city will have a larger population than it does now. Y N
2. People will still drive cars in the city. Y N
3. Buildings will be taller than they are now. Y N
4. There will be more parks and gardens in the city. Y N

D Complete the sentences with words from the box.

1. Adam will _____ in Vancouver, Canada all next week.
2. That's great! _____ he take a tour of Vancouver?
3. Yes, that way he will _____ different neighborhoods.
4. Will _____ use the public transportation there?
5. I think so. He probably won't _____ to spend money on taxis.
6. That sounds great. I think he will really _____ his visit!

be
enjoy
he
see
want
will

E In pairs, think about the city or town you are in now. What will it be like 10 years from now?

enough jobs for everyone
many shops and restaurants
safer ways for pedestrians to cross streets
taller apartment buildings

a larger population
more vehicles and traffic jams
several kinds of public transportation
your idea _____

Will our city have a larger population 10 years from now?

I think so. People will move here from the countryside.

Our city will have...	Our city won't have...



GOAL CHECK

Make Predictions about Your City or Town

Join another pair of students and talk about the future of your city or town. Use your list from **E** and *will* or *won't*.

In 10 years, our city will have a larger population.


Yes, but there won't be enough jobs for all of those people.

GOAL Explain What Makes a Good Neighborhood


Listening

A Discuss these questions in pairs.

1. How often do you go to a park?
2. What do you do there?
3. What do you think about the parks in your city or town?

B  11 Listen to a radio program about a park in Paris called the Jardin Nomade. Circle the correct letter.

1. The Jardin Nomade is unusual because it's so _____.
a. old b. large c. small
2. In the Jardin Nomade, people _____.
a. grow food b. play sports c. enjoy art
3. Isabel Dupont and her neighbors will help other neighborhoods _____.
a. next week b. next month c. next year


C  11 Listen again. Answer each question in your notebook.

1. What year did the park start?
2. How many gardens do people have in the park?
3. What do the neighbors eat there every month?
4. How many people come to the monthly dinners?
5. How many parks like this are there in Paris now?

D MY WORLD What are some of the special things in your city? Answer the question in pairs.

PRONUNCIATION: Stressed Syllables Before *-tion* Suffix

The syllable before the suffix *-tion* is stressed. This means the sound is a little longer and louder than other syllables in the word.


E  12 Listen and repeat. Put the stress on the syllable in **bold**.

- | | |
|---------------------------|----------------------|
| 1. popul ation | 4. poll ution |
| 2. transpor tation | 5. em otion |
| 3. pronun ciation | 6. att ention |

F In pairs, make new sentences using the words in E.

The population of the city will probably grow.

Conversation

G  13 Close your book and listen to the conversation.

Ben: How do you like living in your neighborhood?

Sarah: Well, it has a lot of beautiful old buildings, but there are some problems.

Ben: Like what?

Sarah: It doesn't have many different stores. There's only one supermarket, so food is very expensive.

Ben: That sounds like a pretty big problem.

Sarah: It is, but the city is building a new shopping center now. Next year, we'll have more stores.

H Practice the conversation in pairs. Then discuss the questions.

1. What is good about the neighborhood? What is bad?
2. How will the neighborhood be different in the future?

I Write the words or phrases from the box in the correct column in your notebook. Add two more ideas to each column.

Good things in a neighborhood	Bad things in a neighborhood

beautiful buildings
crime
heavy traffic
a lot of noise
pollution
public transportation
shops and restaurants
trees and green space

J In pairs, make a conversation. Use your ideas from I.

K What are the three most important things for a good neighborhood? Talk in pairs about your ideas in I. Make a new list together. Give reasons.

Most important things for a good neighborhood	Reason
1.	
2.	
3.	



**Back Bay neighborhood
in Boston, US**



GOAL CHECK

Explain What Makes a Good Neighborhood

Explain your list to the class.

GOAL Discuss the Pros and Cons of City Life

Language Expansion: City Life

art museums
buses and trains
coffee shops
concert halls
government buildings
movie theaters
parks and gardens
shopping centers
sports arenas

A Look at the list. Discuss the questions in pairs.

1. Which places might you visit for entertainment?
2. Which places might you visit for relaxation?
3. Which places might you visit for some other purpose?

B MY WORLD What public places do you visit in your city or town? Are there any places on the list where you have never been?

Grammar

Will + Time Clauses

A time clause says when something happens. We often use *before* or *after* at the beginning of a time clause.

I will look at the neighborhood carefully
before I choose a new apartment.
After I move into my new apartment,
I'll meet my neighbors.

In a sentence about the future, use the simple present in the time clause.

They will design the garden **after they talk**
to all of the neighbors.

The time clause can come first or second in the sentence. If the time clause comes first, it is followed by a comma.

Before I choose a new apartment,
I will look at the neighborhood carefully.



Light shining on the busy city of Bogotá, Colombia.


C Ask and answer the questions in pairs. Use time clauses and the family's plan for their city vacation.

1. What will they do after they arrive?
2. What will they do after they check in at the hotel?
3. What will they do before they visit the art museum?
4. What will they do after they visit the art museum?
5. What will they do before they leave Bogotá?

After they arrive, they will take a taxi to their hotel and check in.

- **Monday:** Arrive in Bogotá, Colombia at 1:15 p.m.
- Take a taxi to hotel; check in at the hotel.
- Walk to the Plaza Bolívar; take pictures.
- Visit the Botero museum.
- Eat dinner at a restaurant.
- **Tuesday:** Take a tour of the city.

Conversation

D  14 Close your book and listen to the conversation. Where does each speaker live?

Sofía: What a great day it's been!

Hana: I agree! When will you come downtown to visit me again?

Sofía: Maybe I'll come next Saturday. I want to see the new shopping center.

Hana: That sounds good, but I have my yoga-in-the-park class on Saturday mornings.

Sofía: Will you be free after you finish class?

Hana: Yes. We could have lunch before we go to the shopping center.

Sofía: Great! It sounds like another perfect day in the city.

Hana: And maybe I can visit you in the suburbs soon.

E Read about Sofía's situation.

Sofía likes living in a suburb outside the city. It is quiet and there are many green spaces, such as parks and gardens. On the other hand, Sofía enjoys visiting her friend in the city. She is thinking about moving downtown, but she has not yet made up her mind.

F Think of reasons why Sofía should or shouldn't move downtown. Finish her list of pros and cons.

Pros—Good things about city life	Cons—Bad things about city life
1. Easy to visit interesting museums	1. City apartments are more expensive
2.	2.
3.	3.
4.	4.



GOAL CHECK

Discuss the Pros and Cons of City Life

Share your lists of pros and cons with a small group. Discuss what you think Sofía will do.

Do you think Sofía will move downtown?

Maybe, but she won't like the noise.

D GOAL Evaluate Solutions to a Problem

Reading

- A** Look at the topics in the box. In pairs, talk about how easy it is to do these things in your city.

eating out finding a park going to school
walking in your neighborhood

- B** Scan the reading to find the information.

1. The name of a person _____
2. The title of a book _____
3. The names of three cities _____

- C** Read the article. Circle the correct option.

1. Walking in cities can be *slow* / *dangerous*.
2. Engwicht wants cities to be better for *pedestrians* / *vehicles*.
3. Nowadays, people have *more* / *less* contact with their neighbors.
4. *Brisbane* / *Boston* is working to make its streets safer.
5. Engwicht travels all over *Australia* / *the world* with his message.

Communication

- D** Discuss the questions in pairs.

1. How much walking do you usually do?
2. Where do you usually walk?
3. Do you feel safe when you are walking? Explain.



GOAL CHECK

Your city wants to improve pedestrian safety. Rank the safety measures from 1 (most helpful) to 5 (least helpful). Then, in pairs, compare and discuss your answers.

- _____ more or better crosswalks
_____ lower speed limits
_____ fewer cars in the city
_____ more or better sidewalks
_____ (your idea)



Streets for People

Walking is a great way to get around. For short trips, for exercise, or just for fun, walking can be better than driving or riding. But in many cities, walking can also be dangerous. Cars, trucks, and motorcycles are a danger to pedestrians, and sometimes there are **accidents**.

David Engwicht, from Brisbane, Australia, wants to do something about this. His book, *Reclaiming Our Cities and Towns*, has a simple message: We need to take back our streets and make them better places for walking.



In the past, Engwicht says, streets belonged to everybody. Children played there, and people walked to work or to stores. Now, however, most city engineers design streets for vehicles, such as cars, trucks, and buses. People stay inside buildings to get away from the crowded **sidewalks**, the noisy streets, and the dangerous traffic. Unfortunately, this gives them less contact with their neighbors.

Many cities are working to make their streets safer for pedestrians. There are new **crosswalks** on the streets and more traffic lights and bicycle **lanes**. The city of Florence, Italy, only allows cars and buses with special **permits** to drive on its historic city streets. In Boston, US, the Slow Streets program gives some neighborhoods more stop signs and a 20 mph (32 kph) speed limit. These cities hope there will be fewer accidents in the future.

Engwicht travels around the world, helping people think differently about pedestrians, streets, and neighborhoods. Whether we live in a small town or a city with a population in the millions, Engwicht says we should think of streets as our "outdoor living room." Changing the traffic is just the beginning. In the future, streets may again be safe places for people, and walking will be an even better form of transportation than it is now.

accident something harmful or unpleasant that happens by surprise

sidewalk a path with a hard surface along the side of a street
crosswalk a place where drivers must stop to let pedestrians cross a street

lane a part of a street that is marked with painted lines

permits official documents that allows you to do something

GOAL Explain What Makes a Good City

Communication

A Look at the chart. Discuss the questions below in pairs.

City A	City B
<ul style="list-style-type: none"> • good weather, sunny days • plenty of jobs • safe • art, music, culture 	<ul style="list-style-type: none"> • good schools, education • parks, outdoor spaces • public transportation • safe for pedestrians

1. How does each item in the chart improve city life?
2. Which city would you rather live in? Why?

People spend time outdoors on sunny days.

And they might get more exercise.

B MY WORLD Answer the question in pairs.

Think about your hometown or the city where you are now. Which of the items from the chart in **A** does your city have?

Writing

WRITING SKILL: Topic Sentences

Most paragraphs in English begin with a topic sentence. The topic sentence tells us:

1. the main idea (What is the paragraph about?)
2. the controlling idea (What does the paragraph say about the topic?)

A good topic sentence helps the reader understand your ideas.

WRITING NOTE

The words **also** and **and** can show that you are moving on to the next idea.

C Read the paragraph.

Green spaces ^{main idea} ^{controlling idea} increase the quality of life in cities. Parks, beaches, and other green spaces are good places to be active. Playing sports and doing other kinds of recreation helps people in cities stay healthy. These spaces **also** give people contact with nature. Seeing green plants and hearing birds in the trees are pleasant breaks from a noisy city. **And** because they are good places for special events, green spaces can make communities stronger. Hearing a concert in the park with friends and neighbors, for example, is a great way to enjoy city life.

D Discuss the questions in pairs.

1. Where is the topic sentence located?
2. What are the three ways green spaces increase quality of life?
3. What other details does the writer include?



People rowing
boats and cycling
in Central Park,
New York

E Choose the best topic sentence for the paragraph below.

- a. My city has numerous good places to work.
- b. The national university is located in my city.
- c. Good schools are one of the best things about my city.

_____. For children, there are excellent public schools and private schools. Parents can decide which kind of school is best for their child. For older students, the national university is located in my city. It is quite large, and it attracts top professors from here and around the world. And for people who want job training, my city has several technical schools. They offer programs in everything from nursing to solar-energy technology. All of these education options help to make my city a good place to live.

F In your notebook, write a paragraph with a good topic sentence.

- 1. Choose one of the items from the chart in **A**.
- 2. Explain how or why it makes city life better.



GOAL CHECK Explain What Makes a Good City

In pairs, share your ideas about how or why these things make city life better.

TED TALKS

HOW TO REINVENT THE APARTMENT BUILDING

A In pairs, talk about architecture in your city. Does your city have high-rise buildings? Does your city have creative buildings or traditional ones?

B Discuss the questions with a partner.

1. What are some of the high-density cities in the world?
2. What interesting buildings do you know about?
3. Do you think most high-rise apartment buildings are beautiful? Nice to live in? Why?

C Watch the video. Number the places in the order you see and hear about them.

- ___ Beijing, China
- ___ Philadelphia, US
- ___ Singapore
- ___ Hong Kong, China
- ___ São Paulo, Brazil

Habitat 67 is a housing complex in Montreal, Canada designed by architect Moshe Safdie.

D Complete each sentence from the video with a word or phrase.

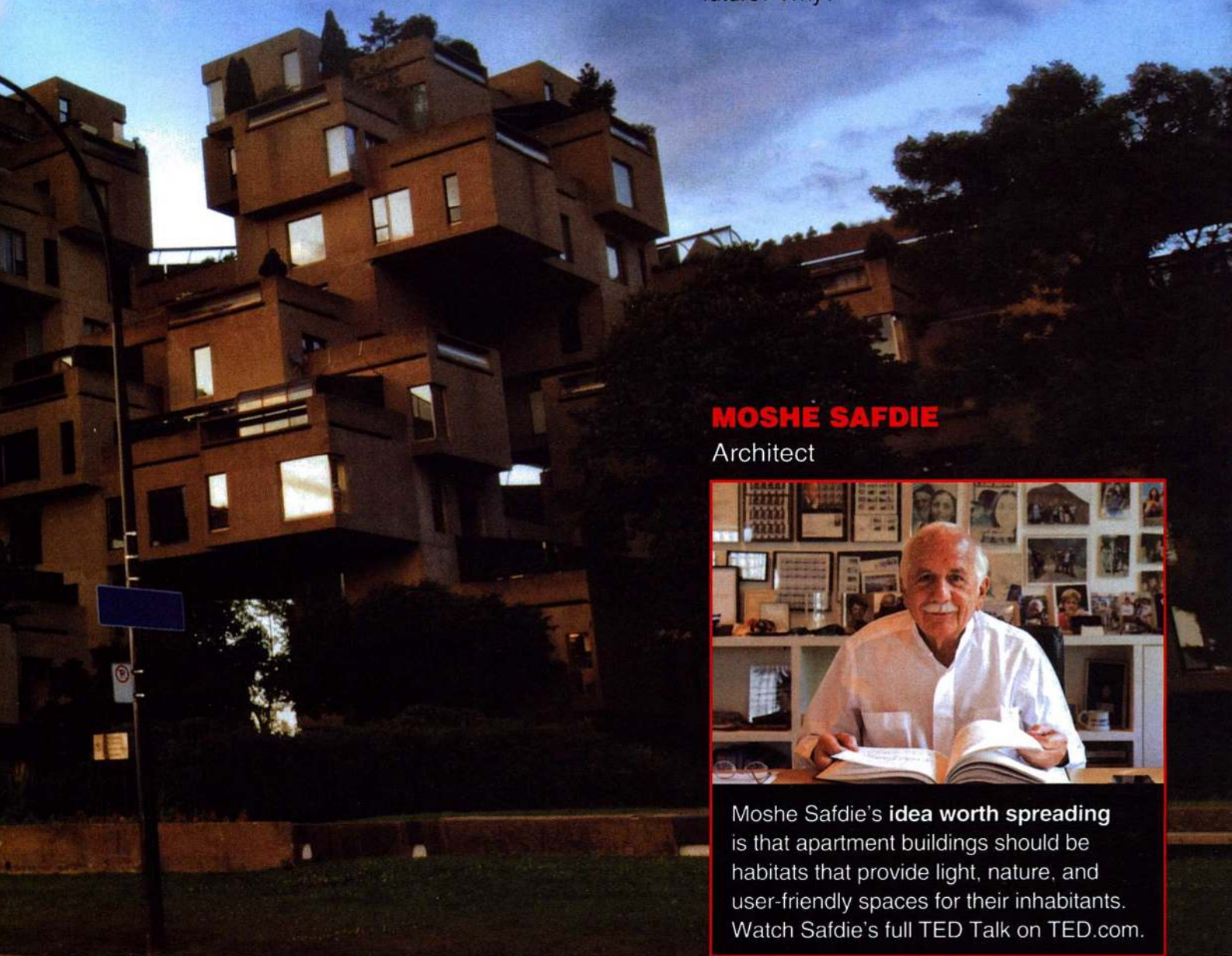
1. Let's design a building which gives the qualities of a _____ to each unit.
2. In 1973, I made my first trip to _____.
3. This is Beijing then—not a single _____ building in Beijing or Shanghai.
4. So a few years ago, we decided to _____ and rethink Habitat.
5. And we realized it's basically about light, it's about _____, it's about nature.

E Work in pairs.

1. At the end of the video, you see a building called Marina Bay Sands in Singapore. List several things your partner might like and dislike about living there.

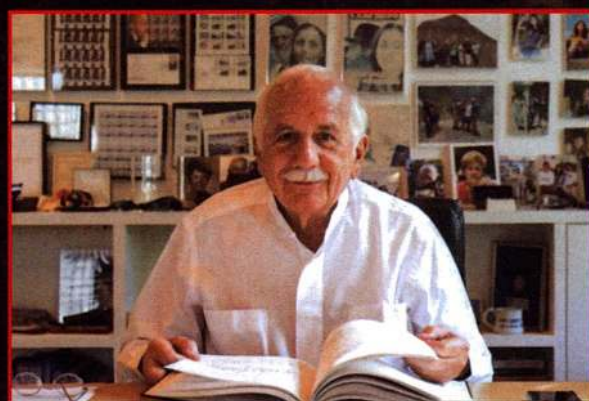
Things we might like	Things we might dislike

2. Do you think buildings like Safdie's will become more popular in the future? Why?



MOSHE SAFDIE

Architect



Moshe Safdie's **idea worth spreading** is that apartment buildings should be habitats that provide light, nature, and user-friendly spaces for their inhabitants. Watch Safdie's full TED Talk on TED.com.

The Body

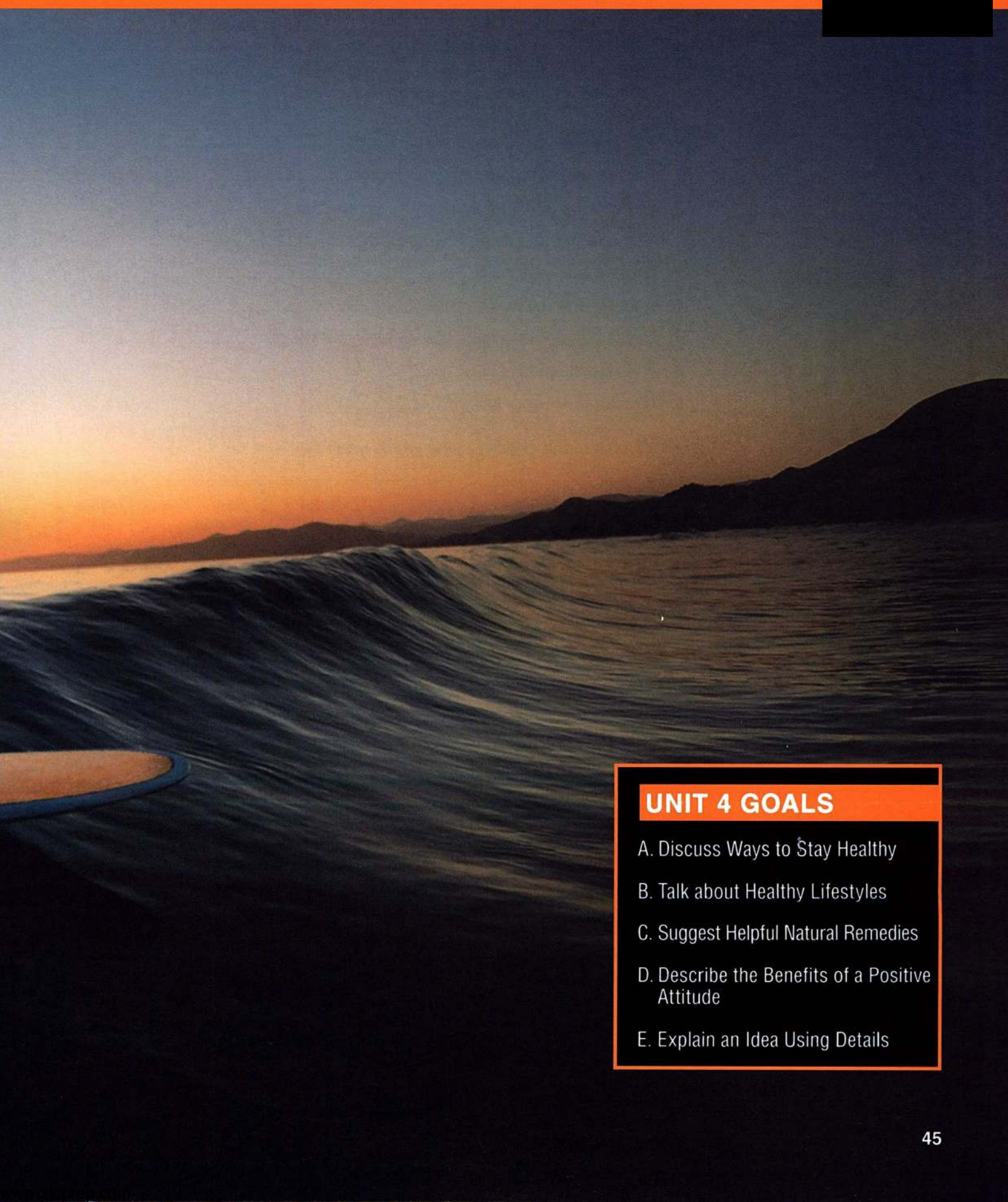
Crystal Thornburg-Homey
surfing in Big Sur, California



Look at the photo and answer the questions:

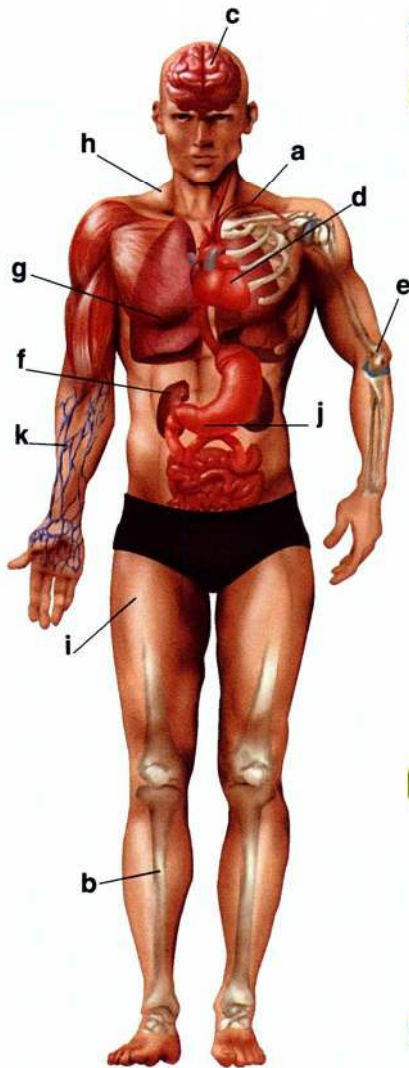
1 What words could you use to describe the photo?

2 How does this kind of activity keep people healthy?



UNIT 4 GOALS

- A. Discuss Ways to Stay Healthy
- B. Talk about Healthy Lifestyles
- C. Suggest Helpful Natural Remedies
- D. Describe the Benefits of a Positive Attitude
- E. Explain an Idea Using Details



Vocabulary

A Look at the picture. Fill in the blanks with the vocabulary words.

a. artery b. bone c. brain d. heart e. joint f. kidney
g. lungs h. muscle i. skin j. stomach k. vein

1. This pushes your blood through your body: _____
2. These carry blood around your body: _____, _____
3. These bring air into your body: _____
4. This covers the outside of your body: _____
5. These make your body move: _____, _____
6. This lets you think and remember: _____
7. This is one of the organs that cleans your blood: kidney
8. This digests food: _____
9. This supports your body: _____

B 16 Listen and check (✓) the words you hear.

☐ artery ☐ bone ☐ brain ☐ heart ☐ joint ☐ kidney
☐ knee ☐ lungs ☐ muscle ☐ skin ☐ stomach ☐ vein

Grammar

The Comparative, Superlative, and Equative

The **comparative** expresses similarities or differences between two people or things.
Form the comparative with an adjective + *-er* + *than* or *more* / *less* + adjective + *than*.

Henry is **healthier than** his father.
A cold is **less serious than** the flu.
Nothing is **more important than** good health.

The **superlative** expresses extremes among three or more people or things.
Form the superlative with *the* + adjective + *-est* or *the most* / *least* + adjective.

Walking is **the healthiest** exercise for many older adults.
Having good social connections is **the most beneficial** thing we can do for our health.

The **equative** is used when two people or things are or are not the same, use this pattern: (*not*) *as* + adjective + *as*

Sitting for too long can be **as harmful as** smoking cigarettes.
For me, swimming in a pool is **not as enjoyable as** taking a yoga class.

Add *-er* / *-est* to most adjectives with 1 or 2 syllables.

Use *more* / *less* or *the most* / *least* with some 2-syllable adjectives and all adjectives of 3 or more syllables.

When adjectives end in *-y*, change the *-y* to *-i* and add *-er* / *-est*.

WORD FOCUS

Some adjectives have irregular comparative and superlative forms:
good / better / best
bad / worse / worst
far / farther / farthest

C Complete the sentences. Use the comparative, superlative, or equative forms, and the words in parentheses.

1. Walking for exercise is _____ (good) than running.
2. Some elderly people are _____ (healthy) as some young people.
3. Too much stress is _____ (bad) thing for your body.
4. Getting enough sleep is _____ (beneficial) as getting enough exercise.
5. Playing tennis is _____ (not, enjoyable) as playing basketball.
6. Eating healthy food is _____ (less important) than drinking plenty of water.

D Do you agree or disagree with the statements above? Discuss in pairs, using the comparative, superlative, and equative forms.

I agree. Walking is easier on the knees.

Communication

E In pairs, complete the table with ideas from the box. Add your own ideas.

Yes, but running gives me a better workout.

contact with friends & family
playing sports
sleeping 7–8 hours

eating fruits & vegetables
reading a good book
taking a walk

Ways to Stay Healthy		
Daily Life	Exercise Routine	Other

F Discuss the table in E. Which things are more important or less important for staying healthy?



GOAL CHECK Discuss Ways to Stay Healthy

In pairs, talk about things you do to stay healthy. Complete these sentences:

I try to _____.

I try not to _____.

I try to walk as much as possible.

I try not to eat a lot of sugar.

REAL LANGUAGE

Common equative expressions include:

As soon as possible

As much as possible

B **GOAL** Talk about Healthy Lifestyles

WORD FOCUS


genes parts of a cell that control physical characteristics (eye color, height, etc.)

lifestyle how we live

Listening

A Discuss the questions in pairs.

1. What determines how healthy you are?
2. Are your **genes** or your **lifestyle** more important?

B  17 Listen to three people talk about their health. Write the letter (A–C) to match the speaker to the correct topic.

1. Exercise _____
2. Diet _____
3. Healthy genes _____

C  17 Listen again and answer the questions in your notebook.

Speaker A:

1. What kind of exercise does Speaker A get?
2. Which family members does Speaker A mention?

Speaker B:

3. What kind of exercise does Speaker B get?
4. How often does Speaker B get sick?

Speaker C:

5. Why did Speaker C change her diet when she got older?
6. What do some people think about Speaker C's diet?

Working in a community garden can be a good form of exercise.



D MY WORLD Interview a partner. Then tell the class about your partner's lifestyle.


- Exercise: What kind do you get? How often?
- Diet: What do you usually eat?

PRONUNCIATION: Linking with the Comparative and Superlative

When we use the comparative *-er* or *more*, and the next word starts with an /r/ sound, the words are linked together.

When we use the superlative *-est* or *most*, and the next word starts with a /t/ sound, the words are linked together.

She'll run in a **longer** race next month. We had the **best** time of our lives.

E  18 Listen to the sentences. Notice how the sounds are linked. Listen again and repeat.

1. Watching a sunset is more relaxing than watching TV.
2. This is the best tea for your stomach.
3. My grandfather is a faster runner than I am.
4. Which exercise is the most tiring?
5. You'll need a better reason than that.
6. I like to buy the freshest tomatoes I can find for my salads.

Communication

F What are the best kinds of food and exercise for a healthy lifestyle? In pairs, rate the foods from least healthy (1) to healthiest (5). Add one idea of your own. Then do the same with the types of exercise. Compare your list with the list of another pair.

___ bread ___ fruit ___ meat ___ vegetables ___

___ running ___ swimming ___ walking ___ yoga ___

I feel good if I eat some meat or fish every day.

But is meat healthier than vegetables?



GOAL CHECK Talk about Healthy Lifestyles

Discuss the questions in a small group. Use some of the ideas below and your own ideas.

Is your generation (the people near your age) healthier or less healthy than your parents' or your grandparents' generation? Why do you think so?

a healthy diet

doctors and medicine

having energy to do things

your idea: _____

contact with friends and family

enough exercise

living a long time

your idea: _____

Our generation is healthier because doctors know more now than in the past.

Are our parents healthier because they spend more time with friends and neighbors?

Language Expansion: Everyday Ailments

For every common health problem, there's a product for sale to cure it. Do you suffer from **insomnia**? There's a pill to help you fall asleep. Did a **pimple** appear on your face? There's a cream for that. If you have a **headache** after a long day at work, or perhaps a **sore throat** and **fever**, you can buy something to make you feel better. Do you have **indigestion** because you ate the wrong kind of food? There's a pill to end the burning feeling in your stomach. If food won't stay in your stomach at all, you can take some medicine to end the **nausea**. Or maybe you ate too fast, so now you have the **hiccups**. Well, you won't find anything at the pharmacy for hiccups, but there's probably a company working on a new product for that right now.

A Write the words in **blue** next to their definition.

- _____ not being able to sleep
- _____ high body temperature
- _____ a repeated sound in your throat, often from eating too quickly
- _____ a feeling that what's in your stomach will come up
- _____ pain in the stomach because of something you have eaten
- _____ a small raised spot on the skin
- _____ a pain in your head
- _____ a general feeling of pain in the throat

I know about using olive oil to help with dry skin.

B Read the article about natural remedies. What other natural remedies do you know about?

Interesting! Have you tried it?



A Natural Solution

Garlic for a cold? Mint for bad breath? These days, more and more people are turning to their grandparents' remedies to cure their minor illnesses. And why not? These natural remedies are usually safe, inexpensive, and best of all—they work! (At least for some of the people, some of the time.) So the next time you're looking for a cure, skip the pharmacy and head to the grocery store for:

- **lemons** to stop the hiccups (Bite into a thick slice.)
- **ginger** to end nausea (Grind it and add hot water to make a tea.)
- **milk** to cure insomnia (Drink a warm glass at bedtime.)
- **honey** to help a sore throat (Mix it with warm water and drink it slowly.)
- **onions** to relieve a headache (Put slices on your forehead, close your eyes, and relax.)

Grammar

Infinitive of Purpose

The infinitive of purpose gives a reason for doing something. Form an infinitive with <i>to</i> + the base form of a verb.	You can drink tea with honey to help you sleep. I use sunscreen to protect my skin.
<i>In order to</i> + the base form of a verb is another way to express the infinitive of purpose.	Nikki took an aspirin in order to lower her fever.
Use a comma after the infinitive of purpose when it begins a sentence.	To stop hiccups , I drink a glass of water.

C Match the actions with the reasons.

- | | |
|--------------------------------------|--|
| 1. Get plenty of sleep at night ____ | a. to help them fall asleep. |
| 2. Eat fruits and vegetables ____ | b. to find out the best remedy for your problem. |
| 3. Take a nap ____ | c. to feel rested during the day. |
| 4. Give children warm milk ____ | d. to make your muscles stronger. |
| 5. Ask your doctor questions ____ | e. to get enough vitamins in your diet. |
| 6. Lift weights ____ | f. to cure a headache. |

Conversation

D 19 Close your book and listen to the conversation. What remedies for fatigue do the speakers talk about?

- Olivia:** Hi, Ashley. Are you drinking coffee? That's new.
- Ashley:** Hi, Olivia. You're right. I usually don't drink coffee, but I need it today to wake up.
- Olivia:** You do look tired. Did you get enough sleep last night?
- Ashley:** No, I was worried about today's test, so it was hard to fall asleep.
- Olivia:** Come on. Let's go for a walk.
- Ashley:** Go for a walk? Why?
- Olivia:** To wake you up and to get some oxygen to your brain before the test.
- Ashley:** That's a good idea. Where do you want to go?

REAL LANGUAGE

We say '**That's new**' when we notice something different or unusual.

E Practice the conversation in pairs. Find and underline the infinitives of purpose.

F MY WORLD In pairs, discuss which ailments from A you or your friends sometimes have. Do you think they are serious health problems?



GOAL CHECK Suggest Helpful Natural Remedies

Join another pair. Follow the steps.

1. Tell the other pair which ailments from **A** you talked about.
2. Ask them to suggest remedies for those ailments. Then switch roles.

We sometimes have insomnia.

You could read for a while to relax.

Reading

A Tell a partner what makes you feel a lot of stress.

going to the doctor or dentist	meeting new people	speaking to a group
taking an important exam	traveling by car, plane, etc.	your idea: _____

B Do you think stress is harmful to your health? Explain your answer to your partner.

C Read the text. Match each university to the correct research result.

1. ___ University of Wisconsin	a. Helping other people can keep you healthy when you are under stress.
2. ___ Harvard University	b. People who believe stress prepares them for a challenge have open, relaxed blood vessels under stress.
3. ___ University at Buffalo	c. The belief that stress is harmful to one's health can be harmful to one's health.

D Circle **T** for *true* or **F** for *false*. Then correct the false statements to make them true.

- | | | |
|--|----------|----------|
| 1. For the University of Wisconsin study, participants were asked two questions. | T | F |
| 2. The way you think about stress affects how your body reacts to stress. | T | F |
| 3. Stress always causes blood vessels to become narrower. | T | F |
| 4. People who had a lot of contact with others had a higher risk of dying. | T | F |

E Complete the list of dos and don'ts with information from the article.

- Don't believe that _____.
- Do believe that signs of stress _____.
- Do spend a lot of time _____.

**GOAL CHECK**

Form a small group with 2–3 other students. Discuss the questions.

- What do you remember about the three research studies?
- In each study, why were the participants' attitudes important?
- Talk about a time when a positive attitude helped you in some way.

Attitude Is Everything

Kelly McGonigal is a health psychologist with some good news: **Stress** may not be the **enemy** of good health. McGonigal came to this conclusion after looking at three important health studies. In the first study, researchers at the University of Wisconsin asked 30,000 adults how much stress they had experienced during the past year. They also asked whether the **participants** thought this stress was harmful to their health. Eight years later, one group of participants was 43% more likely to have died—the people who had a lot of stress and believed that stress was bad for them. Those who had a lot of stress but did not believe it was harmful actually had the lowest risk of dying!

According to McGonigal, the way we think about stress is important because, “Your body believes you.” In fact, our mind and attitude can have beneficial effects on our health and may help prevent some kinds of serious illness. In a study at Harvard, researchers taught participants to believe that signs of stress—a faster heartbeat, for example—were the body’s way of preparing them to meet a challenge. Under stress, most people’s

blood vessels become **narrower**. That makes it harder for blood to flow and may contribute to heart disease. But the blood vessels of the study participants stayed open and relaxed, simply because they thought about stress in a different way.

McGonigal also points to a study of the connection between stress and human contact. Researchers from the University at Buffalo studied people who had experienced very stressful events during the past year. Surprisingly, if they had spent a lot of time helping others, they had no increased risk of dying. Compare that to a 30% increase for those who had not helped others. It seems that enjoyable activities such as giving a friend a ride or babysitting a neighbor’s child can help us stay healthy even under stress.

stress worry and tension due to difficulties in life

enemy the person(s) on the opposite side in a struggle

participants people who volunteer for a research study

narrower having a smaller distance from one side to the other

Appreciating the beauty
of nature can help foster a
positive attitude.

E

GOAL Explain an Idea Using Details

Communication

A Discuss the questions in pairs.

1. How can a sick person make other people sick? Think of three ways.
2. The last time you got sick, how do you think you caught the illness?

B In pairs, discuss how each action can prevent the spread of disease. Add your own idea.

covering your nose and mouth
staying home when you're sick
washing your hands often

exercising and eating healthy foods
using clean dishes for eating and drinking
your idea: _____

Coughing or sneezing
sends germs into the air.

Washing your hands removes
germs from your skin.

Yes, and other people
breathe in the germs.

I always wash my
hands before I eat.

Writing

WRITING SKILL: Using Supporting Details

A good topic sentence gives the main idea of a paragraph. In addition, a good paragraph includes details to support, or give more information about, the main idea.

Some types of supporting details:

descriptions examples explanations facts reasons

C Underline the topic sentence in the following paragraph. Then answer the questions below.

Although there are several ways to prevent the spread of disease, staying home when you are sick may be the best way. When you stay home, no one at school or at work has contact with your germs. Going to work or school and covering your mouth when you cough is less effective than staying at home. Some of your germs are still sent into the air when you talk and breathe. And washing your hands after every cough or sneeze may be the least effective way to keep other people healthy. It is not possible to wash your hands that many times in a day.

1. What is the topic of the paragraph? (i.e., What is the paragraph about?)

2. What is the controlling idea? (i.e., What does the paragraph say about the topic?)

D Complete the chart with supporting details from the paragraph in **C**.

Reason to stay at home when sick	Reason why covering one's mouth is less effective	Reason why washing often may be the

E Choose one of the topics and write a paragraph about it. Use your own ideas. Remember to include a good topic sentence and a few details to support it.

exercise

having a positive attitude

healthy foods



GOAL CHECK Explain an Idea Using Details

In pairs, follow the steps.

1. Tell your partner about your paragraph. Which topic did you choose, and why?
2. Talk about your main idea and the details you included.

A sneeze in slow motion

VIDEO JOURNAL

TED TALKS

LIVING BEYOND LIMITS

A Read the quotation. Discuss the question in pairs.

"If your life were a book, and you were the author, how would you want your story to go? That's the question that changed my life forever."

—Amy Purdy

How do you think this question might have changed Amy Purdy's life?



B Watch the TED Talk. Circle the correct words to complete the sentences.

1. Amy Purdy grew up in *Las Vegas* / *Los Angeles*.
2. Purdy's disease caused her to lose parts of her body and the hearing in her *left* / *right* ear.
3. On her 21st birthday, Purdy received a new *foot* / *kidney* from her father.
4. Purdy won two *gold* / *silver* World Cup medals for snowboarding.
5. Purdy has learned to rely on her *parents* / *imagination*.

C Complete each sentence from the video with one word.

1. At the age of 19, a day after I _____ high school, I moved to a place where it snowed.
2. I went home from work early one day with what I thought was the _____.
3. When my parents wheeled me out of the _____, I felt like I had been pieced back together.
4. I was absolutely _____ and emotionally broken.
5. And that is when it dawned on me ... I could be as _____ as I wanted!
6. And that is when a new _____ in my life began.

D Read the quotation. Then discuss questions with a partner.

"And this is when I learned that and our obstacles can only do to One, stop us in our tracks; or two, force us to get creative."

—Amy Purdy

1. What were two or three obstacles Purdy faced after her illness?
2. Before she went snowboarding again, what did Purdy imagine?
3. How did Purdy get the "feet" she needed in order to snowboard again?

AMY PURDY

Professional Snowboarder

Amy Purdy's **idea worth spreading** is that you can draw inspiration from life's obstacles. Watch Purdy's TED TALK on TED.com.

Challenges

**National Geographic Explorer
Sarah McNair-Landry
exploring the Northwest
Passage of Canada**



Look at the photo and answer the questions:

1 What phrase best describes this photo?

2 What do you think of when you hear the word *challenge*?

UNIT 5 GOALS

- A. Talk about Facing Challenges
- B. Describe Past Accomplishments
- C. Use *Too* and *Enough* to Talk about Abilities
- D. Discuss Steps Toward a Goal
- E. Describe a Personal Challenge



A **GOAL** Talk about Facing Challenges

Vocabulary

A Read about two people's challenges.

REAL LANGUAGE

If something **makes you feel alive**, it makes you happy and full of energy.

Physical Challenge	Mental Challenge
I absolutely love a challenge ! Doing something difficult makes me feel alive. Recently I set a goal for myself: To run a marathon and make it to the finish line. I trained almost every day before the marathon, and I felt like I was making progress toward my goal. Last month, I achieved the goal with a competitive time!	Although it might not seem like a significant challenge to some people, reading is quite difficult for me, especially when I need to do a lot of it. Last year, I convinced my parents to hire a reading tutor to help me. I learned ways to deal with large amounts of reading homework, and I hope the result will be better grades this year.

B Write each word in **blue** next to the correct meaning.

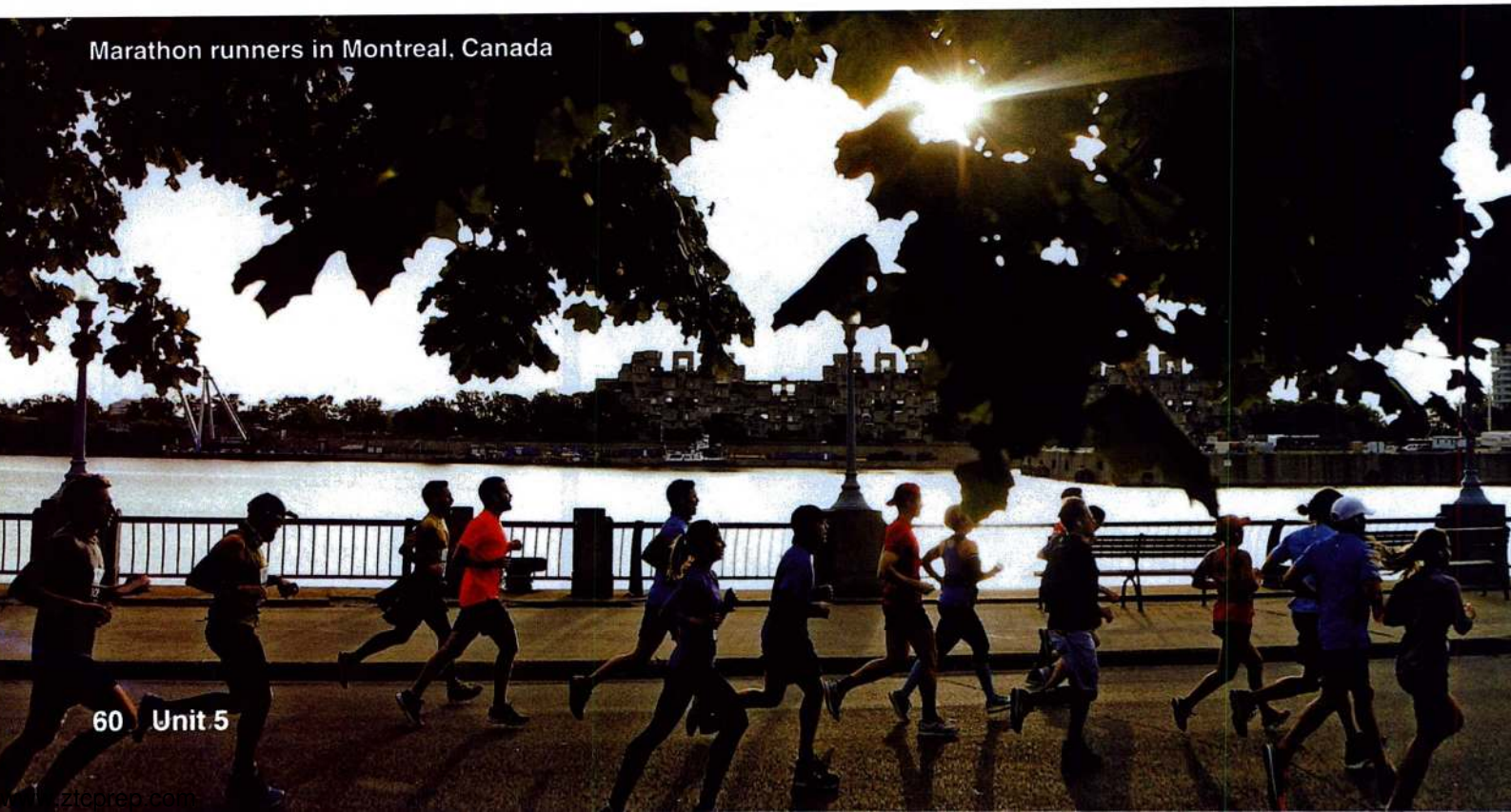
- _____ a target you hope to reach
- _____ something new or different that requires effort
- _____ introduces a statement with a contrast
- _____ to succeed in making something happen
- _____ large enough to be important
- _____ improvement over time
- _____ something that happens because of something else
- _____ to give an impression or appear a certain way
- _____ to manage or handle a situation well
- _____ to persuade someone to do something

WORD FOCUS

To **face a challenge** means to decide to do something new and difficult.

To **make progress** means to improve or get nearer to a goal over time.

Marathon runners in Montreal, Canada



Grammar

The Past Continuous and Simple Past

Use the past continuous to talk about something that was in progress at a specific time in the past. Form the past continuous with <i>was / were + the -ing form of a verb</i> .	I saw Sasha at the library yesterday. He was working on his assignment. We weren't watching a movie at 8:00 last night. We were studying for a test.
Use the simple past to talk about completed actions or situations.	Edmund Hillary and Tenzing Norgay climbed Mount Everest.
Use <i>when</i> for an action in the simple past and <i>while</i> with the past continuous to say that something happened when another event was in progress.	It was raining very hard when Rita crossed the finish line. Sara got a text message while she was talking with her professor.
Use a comma after a time clause when it begins a sentence.	While Ben was writing his paper, the computer stopped working.

C Complete each sentence with *when* or *while*.

- Martina was looking for a job _____ I met her for the first time.
- The mountain climbers were resting _____ the storm began.
- My phone rang six times _____ I was working on my project.
- _____ he was visiting Quito, Justin practiced his Spanish.

D Complete the sentences. Use the simple past or past continuous form of the verbs.

- Yesterday, I _____ (convince) my best friend to compete in a 5k race.
- Maria _____ (deal with) health problems when she quit her job last October.
- My parents _____ (look) for new jobs when they met.
- The professor _____ (seem) tired in class last week.
- We _____ (make) progress with the project when the class ended.
- At the gymnastics competition, Leo _____ (achieve) the highest score.



GOAL CHECK Talk about Facing Challenges

Tell a partner about a challenge you have faced in your life.

- What was happening in your life at that time?
- What did you do? Do you think you dealt with the challenge well?

My father lost his job last year while studying for exams.

That's awful! What did you and your family do?

B GOAL Describe Past Accomplishments

Listening

A Read the information in the box. Discuss the questions in pairs.

Dr. Jenny Daltry: Wildlife Conservationist and Ecologist

Cambodian Crocodile Conservation Programme
Antiguan Racer Conservation Project
Sustainable Lansan Project

1. What do you think it means to *conserve* wildlife?
2. What kinds of wildlife do you think Jenny Daltry is interested in?
3. What kinds of challenges do you think Jenny Daltry might face in her work?

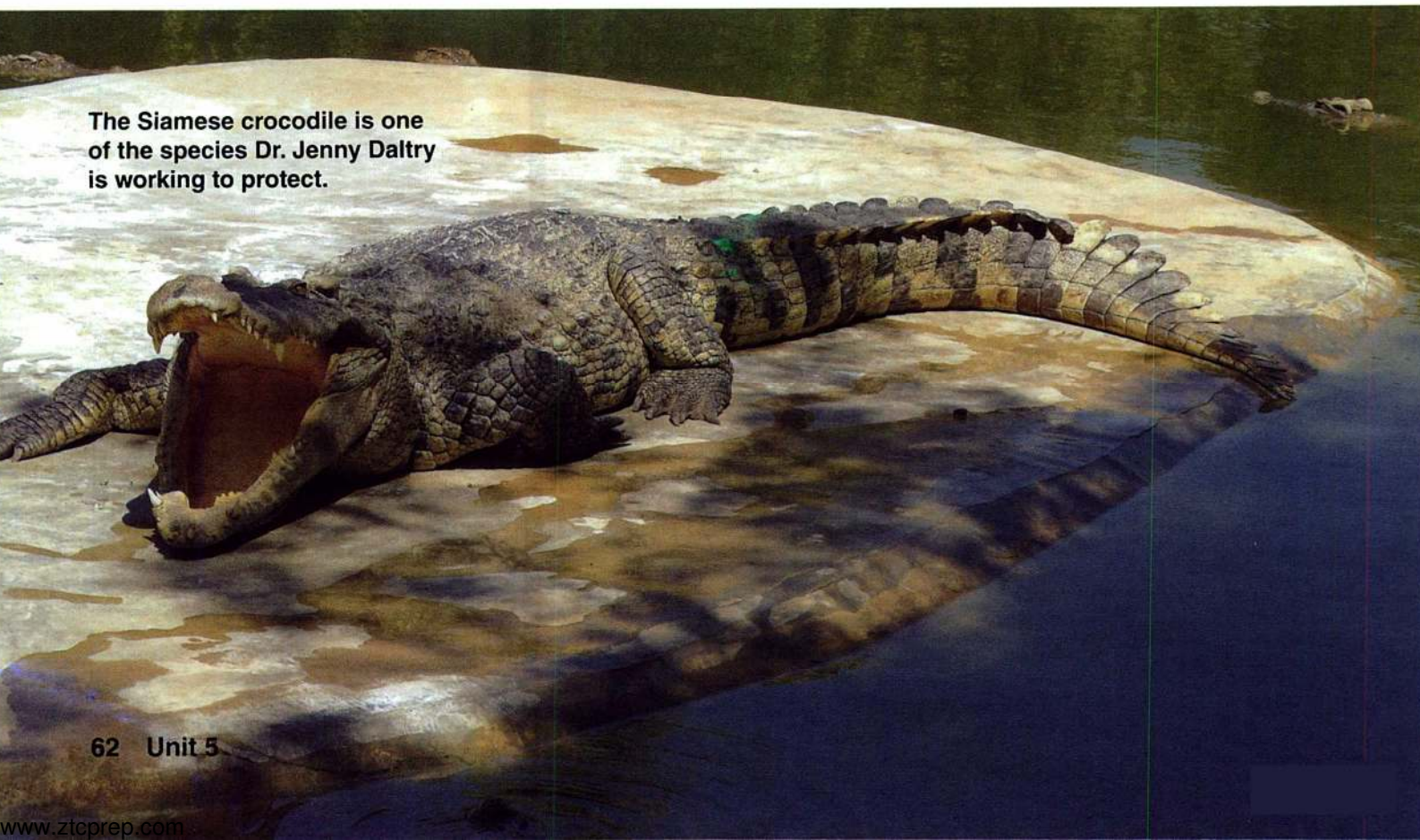
WORD FOCUS

If an animal is **endangered**, its population is so small that it might die out. An animal is **extinct** when none of its kind is alive.

B  21 Listen to the conversation. Circle the correct letter.

1. What is the man working on?
a. a conservation project **b.** a presentation assignment
2. What did Daltry convince people in Cambodia to do?
a. to care about the crocodiles **b.** to kill fewer crocodiles
3. What causes problems for the Antiguan Racer snakes?
a. progress on the island **b.** people, rats, and bad weather
4. Where does the *lansan* tree grow?
a. in the Caribbean **b.** in Cambodia

The Siamese crocodile is one of the species Dr. Jenny Daltry is working to protect.



C 21 Listen again. Complete the statements with two or three words you hear.

1. The assignment is to learn about someone who _____.
2. As a result of Daltry's work, the Cambodian government decided to protect _____ acres of forest.
3. She saved an animal species, and it's _____ that people don't even like.
4. They found _____, and it doesn't hurt the trees.

WO

To **achieve** means doing what you hoped to do.

An **accomplishment** is something special that you achieve.

D 22 Listen to these words that end in *-ed*.

PRONUNCIATION: Words that end in *-ed*

/t/	/d/	/ɪd/
help helped	listen listened	start started

E 23 Listen, repeat, and check (✓) the column of the sound made by the *-ed* ending.

Present	Simple Past	/t/	/d/	/ɪd/
convince	convinced	_____	_____	_____
protect	protected	_____	_____	_____
discover	discovered	_____	_____	_____
need	needed	_____	_____	_____
close	closed	_____	_____	_____
walk	walked	_____	_____	_____

F Write down ten regular present verbs that end in *t* or *d*. Say a verb. Ask your partner to say it in the past.

Communication

G Use the ideas in the box to talk about Jenny Daltry and her accomplishments. Remember to pronounce verbs that end in *-ed* correctly.

convince people to care for crocodiles	discover a group of crocodiles
save a kind of snake in the Caribbean	try different ways to get <i>lansan</i> tree sap
walk into areas of Cambodia	work on three conservation projects



GOAL CHECK Describe Past Accomplishments

I practiced a lot, and now I play the violin pretty well.

1. In your notebook, write notes about something you achieved and how you achieved it.
2. Tell a partner about your accomplishment. Give details about how you did it and how you felt.

GOAL Use *Too* and *Enough* to Talk about Abilities**Language Expansion: Phrasal Verbs****A** Read the article.

Subaru Takahashi,
the youngest
person to sail
alone across the
Pacific Ocean

Subaru Takahashi was only 14 years old when he **set out** on an amazing adventure. His goal was to sail from Tokyo to San Francisco—alone. Subaru **grew up** near the sea and loved sailing. His parents thought he was old enough to sail alone, and they helped him buy a boat. He left on July 22. At first, the trip was easy. Then, after three weeks, his batteries **broke down**, so he didn't have any lights. He had to **watch out** for big ships at night, because it was too dark to see his boat. Five days later, his radio stopped working. Subaru was really alone then, but he didn't **give up**. His progress was very slow, but he **kept on** sailing. He almost **ran out of** food, and he was not fast enough to catch fish. He **put up with** hot sun and strong wind. On September 13, Subaru sailed into San Francisco. He was the youngest person ever to sail alone across the Pacific Ocean.

B Match each phrasal verb in blue with its meaning.

- | | |
|---------------------|---|
| 1. set out ____ | a. accept something bad without being upset |
| 2. give up ____ | b. change from a child to an adult |
| 3. watch out ____ | c. finish the amount of something that you have |
| 4. grow up ____ | d. leave on a trip |
| 5. keep on ____ | e. be very careful |
| 6. run out of ____ | f. stop trying |
| 7. put up with ____ | g. continue trying |
| 8. break down ____ | h. stop working |

C MY WORLD Would you have been brave enough to sail across the ocean alone at the age of 14? What brave things have you done in your life? Discuss in pairs.

Grammar**D** Read these sentences and the questions that follow. Circle **Y** for yes or **N** for *no*.

- | | | |
|--|----------|----------|
| 1. "He was <u>old enough</u> to sail alone."
Could he sail alone? | Y | N |
| 2. "He was <u>not fast enough</u> to catch fish."
Could he catch fish? | Y | N |
| 3. "It was <u>too dark</u> to see his boat."
Could people see his boat? | Y | N |


Enough, Not Enough, Too + Adjective

adjective + <i>enough</i> = the amount that you want	He was old enough to sail alone.
<i>not</i> + adjective + <i>enough</i> = less than the amount that you want	He was not fast enough to catch fish.
<i>too</i> + adjective = more than the amount you want	His boat was too dark to see.

E Complete the sentences. Use *enough*, *not enough*, or *too*, and the adjective.

1. Subaru's boat was _____ (big) for two people.
2. A boat is _____ (expensive) for me to buy because I don't have much money.
3. Crossing the ocean alone is _____ (difficult) for most people to do.
4. My parents say I'm _____ (old) to travel alone. I have to wait until I'm 18.
5. I think Subaru's trip was _____ (dangerous) for a young person. His parents should not have let him go alone.
6. A trip to San Francisco by plane is a fun adventure, and it's _____ (safe) for my family and me. Maybe we'll go there for our next vacation.

Conversation

F  24 Close your book and listen to the conversation. What does Lisa need to do before she can climb the mountain?

Lisa: Do you know what I want to do next summer? My goal is to climb Black Mountain.

Mari: Are you serious? Black Mountain is too hard to climb. Don't you need special equipment?

Lisa: I already asked about it. I just need good boots.

Mari: And you're not strong enough to climb a mountain!

Lisa: You're right, I can't do it now. But I'll go hiking every weekend. Next summer, I'll be fit enough to climb the mountain.

Mari: Well, I like hiking. I'll go with you sometimes!

SPEAKING STRATEGY

You can show surprise in an informal conversation by saying:

Are you serious?

Are you kidding me?



GOAL CHECK

Use *Too* and *Enough* to talk about abilities

Write down six things you want to do. In pairs, discuss whether you can do these things now. Are you old enough to do them? Are they affordable or too expensive?

D **GOAL** Discuss Steps Toward a Goal

Reading

A MY WORLD Are young people in middle school or high school old enough to do good things for the environment? Discuss your ideas in pairs.

B Read the article. Answer the questions.

1. What first inspired the sisters?

2. What challenge or problem are they facing?

3. What lesson does Green School Bali teach its students?

C Match the details with the ideas they support.

- | | |
|---|--|
| 1. ____ Gandhi, Princess Diana, and Mandela | a. kinds of plastic garbage |
| 2. ____ empty plastic bottles and cups | b. not working by yourself |
| 3. ____ a ban on plastic bags | c. things the organization is doing |
| 4. ____ bringing reusable bags to shops | d. significant people |
| 5. ____ people in Bali and global teams | e. something other countries have done |

D Work with a small group. Discuss the questions.

1. What big problem do the sisters want to deal with?
2. According to the third paragraph, what is their goal for now?
3. What steps have the sisters taken toward their goal? Make a list.

✓ **GOAL CHECK**

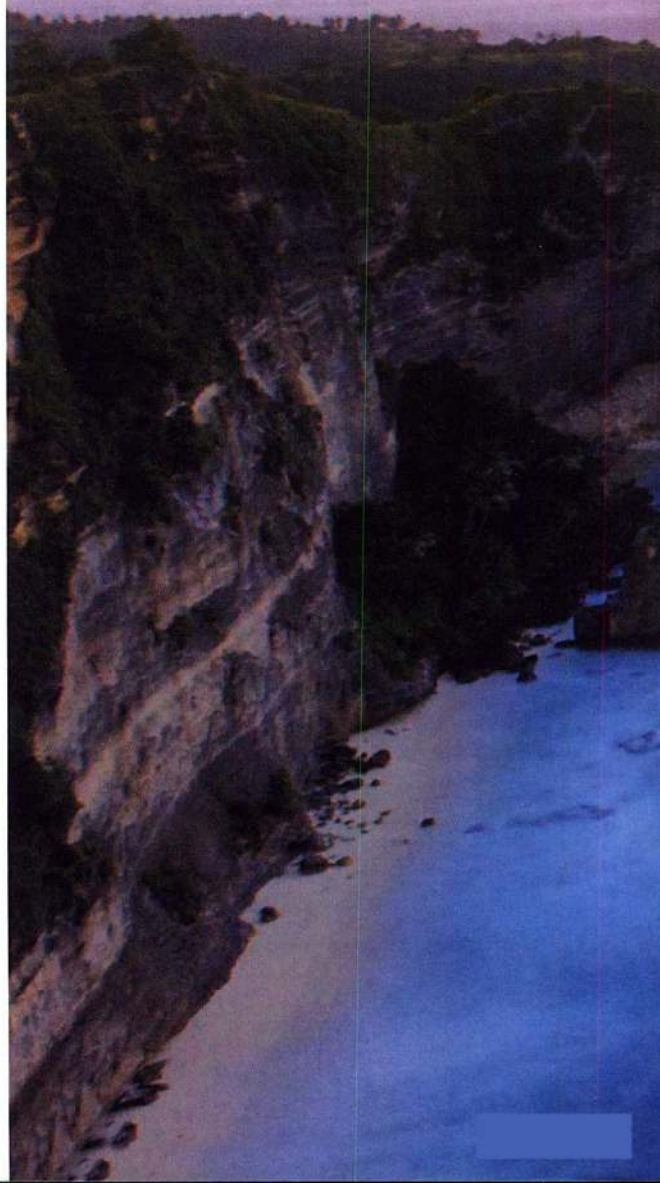
Follow the steps with your group.

1. What problem is everyone in your group concerned about? It might be a global problem or a local problem in your country or city.
2. What is a realistic goal you might set to try to deal with the problem?
3. What are 3–4 small steps you could take toward achieving your goal? Make a list.

Making Difference

It started with a lesson at their school about significant people. Two sisters, Melati and Isabel Wijsen, were only 10 and 12 years old at the time. They were **inspired** after learning about people such as Mahatma Gandhi, Princess Diana, and Nelson Mandela. So they asked themselves: What can two girls in Bali, Indonesia do to make a difference in the world?

The answer was all around them on the island. When they walked



to school or swam in the ocean, they saw **plastic** garbage. Empty water bottles, plastic cups and **straws** seemed to be everywhere. In fact, like many places, Bali produces an enormous amount of plastic garbage every day. That includes the thin plastic bags that many shops give to their customers. When the girls learned that those bags had already been **banned** in several countries, they decided it was a good place for them to start. "If they can do it, we can do it," says Melati.

The result is a youth organization called Bye-Bye Plastic Bags. Their goal, for now, is to make one village completely plastic-free. In order to achieve that goal, they bring reusable shopping bags to local shops every Saturday. They have also taken several other steps; for example, creating booklets to educate children about the garbage problem, making **devices** to collect plastic from streams and rivers, and convincing many hotels

and restaurants to reduce waste. Isabel said that, "You can't do it by yourself." Now young people in Bali have been joined by global teams working to reduce plastic waste in countries around the world.

Melati and Isabel attend Green School Bali, where students are taught to become the leaders of today. The sisters decided they did not want to wait until they were adults to become significant people. Although the challenge of dealing with plastic garbage is huge, these young people in Indonesia are making progress and making a difference.

inspire give new ideas or strong feelings, enthusiasm
plastic a light but strong material made from oil
straw a long, narrow tube for drinking
banned not allowed, illegal
device an object used to do a certain job

Beaches like Atuh Beach at Nusa Penida Island are affected by plastic garbage in Bali.

Communication

- A** People face challenges for different reasons, but there is usually something when they accomplish their goal. What are three or four challenges that cannot be avoided? (For example, it can be a challenge to get along well with all of our family members or neighbors.) What are the rewards if we face those challenges? Discuss these questions in pairs.
- B** Tell your partner about two or three challenges in your life that you chose for yourself. Why did you choose to do those things?

Writing

WRITING SKILL: Using Specific Information

When you describe something in writing, specific information helps your reader imagine and understand your ideas. The more interesting your details are, the more your writing will engage your reader. Specific information might include:

- dates or times • descriptions • locations • people's reactions
- step-by-step actions

Babysitting seemed like an easy job, but on that **Saturday afternoon**, Adam got bored quickly. First, he **complained**. Then, he **cried loudly for several minutes**. At first, I didn't know how to deal with **a bored two-year-old boy**, but then I had an idea. I **went into the kitchen** and came back with **a big bowl of apples, pears, and limes**. Adam looked **surprised**...

- C** In pairs, rank the information from 1 (most specific) to 3 (least specific). Discuss your reasons.
1. _____ children _____ two-year-old boys _____ two-year-olds
2. _____ vehicles _____ airplanes _____ transportation
- D** Choose one of the challenges you told your partner about in **A**. Follow the steps.
1. Write the challenge as one sentence in your notebook.
 2. Under the sentence, list key words about what happened. How did you face the challenge? What happened after that?
- E** Use your sentence and notes from **D** to write a complete paragraph about a challenging experience from your own life. Finish the topic sentence below or write your own. Then, add details with interesting specific information.

Topic sentence: When I was _____ years old, I decided to _____

Details: It was a challenge because _____

F Exchange paragraphs with a partner.

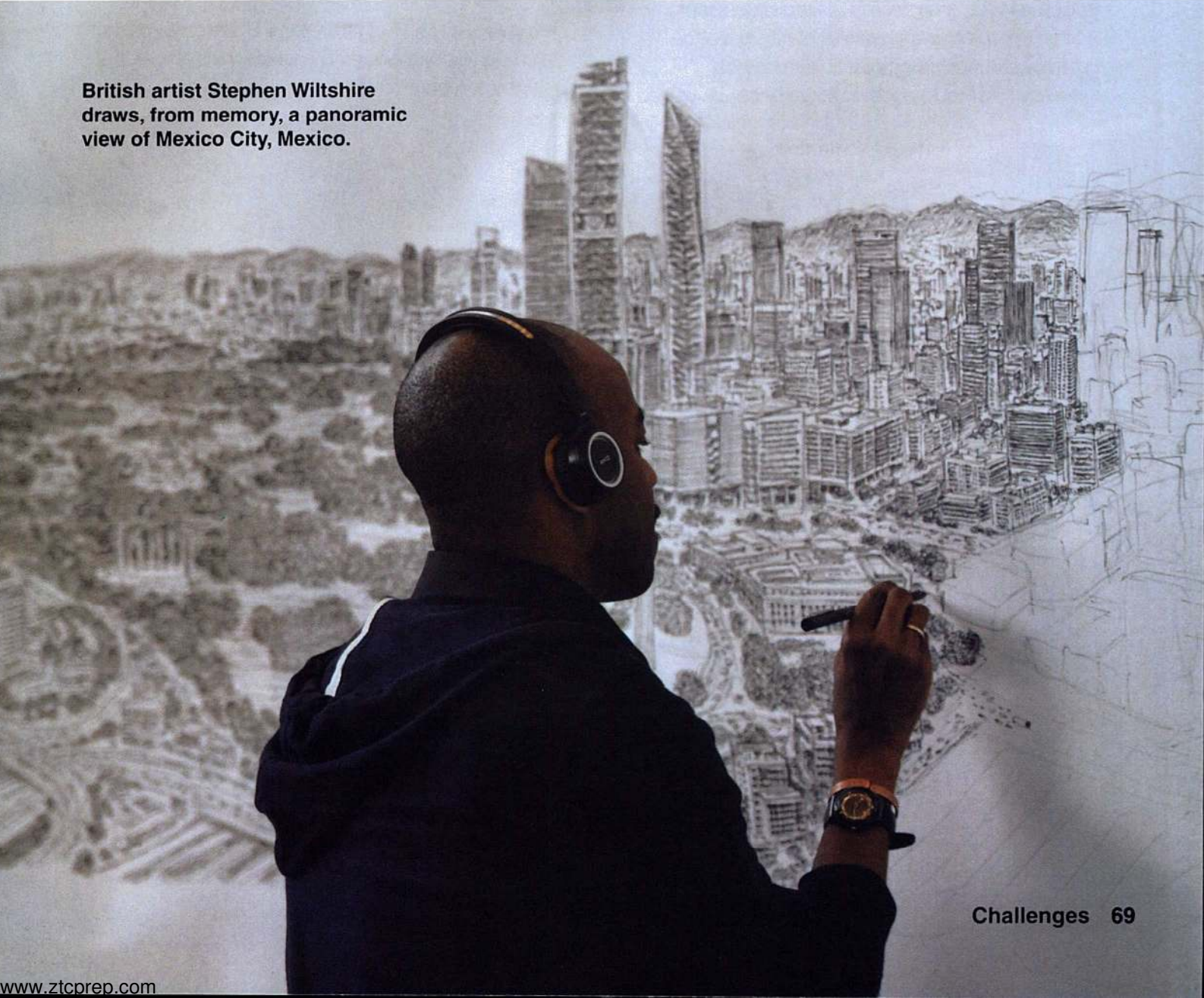
1. Read your partner's paragraph and underline the parts that were most interesting to you.
2. Tell your partner which parts you underlined and why.
3. Ask your partner one or two questions about the paragraph.

G Rewrite your paragraph. You might want to add a few more details to make the paragraph more interesting or to answer the questions from your partner.

GOAL CHECK Describe a Personal Challenge

Read your paragraph aloud to a small group. After each person reads, tell him or her which information was interesting to you. Ask questions.

British artist Stephen Wiltshire
draws, from memory, a panoramic
view of Mexico City, Mexico.



VIDEO JOURNAL

SUCCESS STORY: RECYCLING IN THE PHILIPPINES

A Discuss the questions in pairs.

1. At home or at school, do you separate garbage from things to be recycled?
2. What kinds of things are usually recycled?

B Read the information.

Heather Koldewey could easily see the challenge. As a marine biologist, she knew there were fewer fish living in the reefs near the Philippines. One problem was too much fishing. Another problem was harmful plastic garbage in the ocean, including plastic fishing nets. Koldewey wanted to get the local people involved

in marine conservation, but in poor communities, people have real and immediate needs that take priority. How could she convince them to care for the environment more?

Koldewey and her team members like Amado "Madz" Blanco have come up with one solution to these problems. Net-Works collects plastic fishing nets and exports them from the Philippines to Europe. There, they are made into nylon yarn for carpet. This process has removed 18 tonnes (19.4 tons US metric) of nets from just one island and provided much-needed money for islanders.

Fishing nets in the ocean affect marine habitats. Here some marine plants are growing on their strings.

C Write each word in blue next to its meaning.

1. _____ brings things together in one place
2. _____ natural structures in the ocean where many fish live
3. _____ related to the present
4. _____ long thread usually used for weaving
5. _____ sells products or materials to another country
6. _____ groups of people living in a certain area
7. _____ a covering of soft material laid over a floor

D Watch the video and check (✓) the things you see.

- | | |
|--|--|
| <input type="checkbox"/> a reef with few fish | <input type="checkbox"/> small fishing boats |
| <input type="checkbox"/> plastic in the ocean | <input type="checkbox"/> a large truck |
| <input type="checkbox"/> tourists at a beach hotel | <input type="checkbox"/> colorful t-shirts |

E Watch again. Complete each statement with one or two words that you hear.

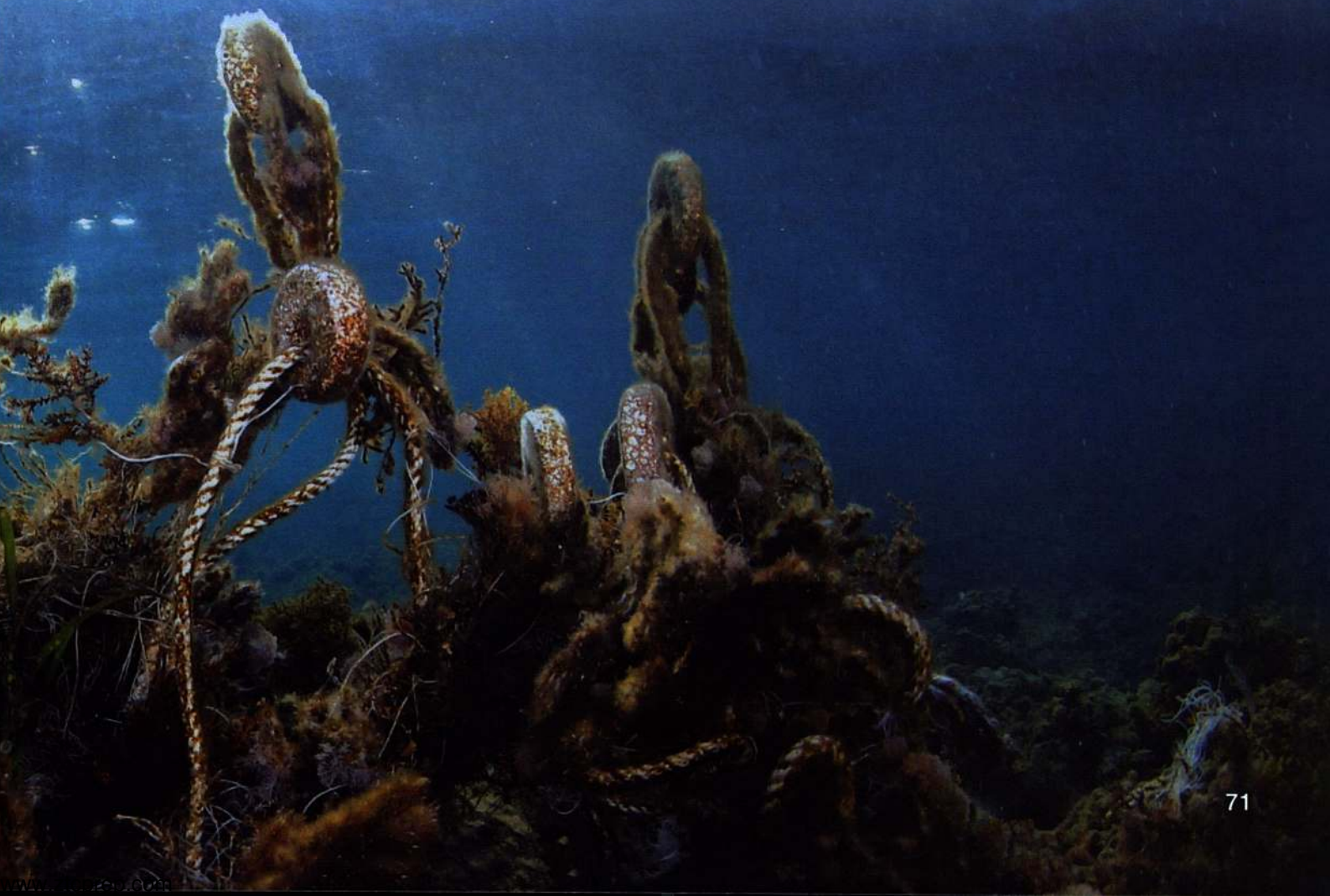
1. "As a marine biologist, I quickly realized that _____ I really wanted to do something _____ going to make _____."
2. "It's globally _____, this place—from a marine biodiversity point of view."
3. "Many of our team are also _____ organizers—people who can talk to people."
4. "What is so inspiring for me is actually seeing what communities who have so very little can actually do and _____ change they can make."
5. "People can easily buy into something that is supported with _____ science."

F In pairs, list all of the steps you saw or heard about in the video for recycling fishing nets.

G In pairs, take turns describing the steps in the net recycling process.

REAL LANGUAGE

If you **buy into** an idea, you believe in it.

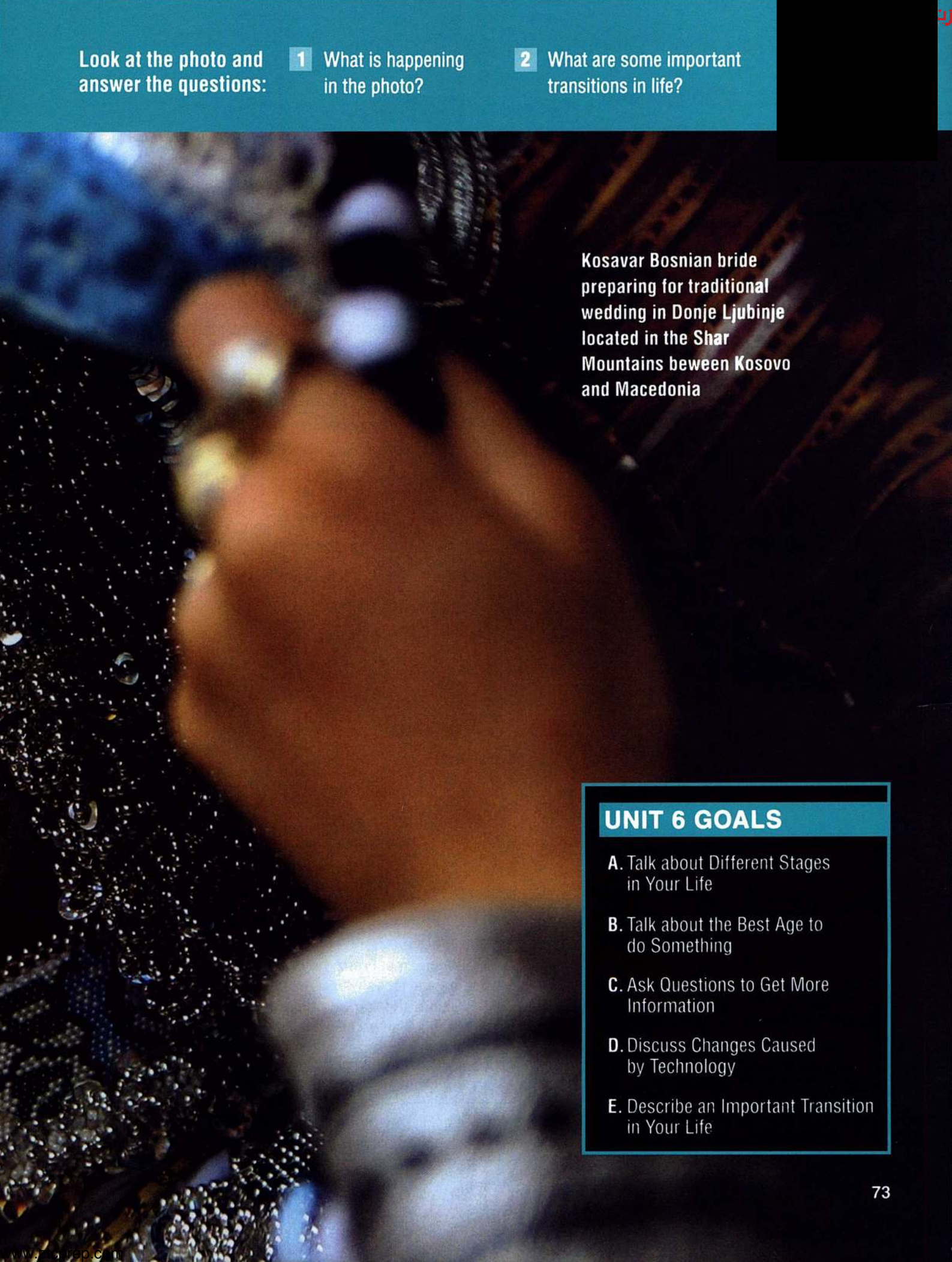




Look at the photo and answer the questions:

1 What is happening in the photo?

2 What are some important transitions in life?



Kosovar Bosnian bride preparing for traditional wedding in Donje Ljubinje located in the Shar Mountains between Kosovo and Macedonia

UNIT 6 GOALS

- A. Talk about Different Stages in Your Life
- B. Talk about the Best Age to do Something
- C. Ask Questions to Get More Information
- D. Discuss Changes Caused by Technology
- E. Describe an Important Transition in Your Life

A **GOAL** Talk about Different Stages in Your Life

Vocabulary

A Read the information.



**Night sky
observed through
a telescope**

Nadia Drake is a writer for National Geographic and the daughter of a famous astronomer. As a child, she attended lectures and other **events** with her dad. It may have been her **relationship** with him that **eventually** led her to **develop** her own love of astronomy. Astronomy isn't Drake's only interest, though. She also has a PhD in genetics, and before she earned that degree, she had worked as a professional ballet dancer. Then, she **realized** that writing about science was the **career** she wanted. Once she had chosen this **direction** for her career, many interesting **opportunities** opened up for her. For example, Drake recently wrote an article about a photographer who used cameras to learn about wild rainforest animals in Peru. "This is basically my dream job," she says. The **negative** part of the job might be that her schedule is not very regular. The **positive** part is the writing, so she is happy with the choice she made.

B Write each word in **blue** next to the correct definition.

1. _____ something that happens
2. _____ good
3. _____ became aware
4. _____ way something is going
5. _____ job or occupation
6. _____ bad
7. _____ grow over time
8. _____ chances to do something
9. _____ connection, friendship
10. _____ finally, after some time

Grammar

The Past Perfect

The past perfect describes a past event that happened before another point in the past. Form the past perfect with <i>had</i> + the past participle of a verb.	When I met Franz, he had already changed jobs several times. Before she started primary school, Luisa had learned both Italian and French.
The past perfect is often used to explain why a past event or situation happened.	I wasn't worried about meeting the graduation requirements because I had gotten several extra credits.
With <i>before</i> or <i>after</i> , we often use the simple past instead of the past perfect, since the time relationship is clear.	Luckily, my brother realized he hated math before he declared his major.

C Complete each sentence using the past perfect form of the verb in parentheses.

1. Before Nadia Drake earned her degree, she _____ (be) a ballet dancer.
2. Her father _____ (love) astronomy and Nadia also developed a love for it.
3. The teacher _____ (realize) the topic was difficult, so she explained it carefully.
4. She _____ (plan) to have a different career, but she eventually became a software writer.
5. We weren't surprised when the road changed direction because we _____ (study) the map.

D Discuss the sentences in **C** with a partner. In each sentence, which past event happened first? Which event happened second?

E Interview a partner using these questions and any others you may have.

1. Tell me about a positive experience or event in your life. When did it happen? What had happened before this experience?
2. How did the positive experience change the direction of your life?
3. Tell me about a negative experience or event in your life. When did it happen? What had happened before this experience?
4. What did you realize about yourself after this negative experience or event?

I was in a school play last year. I had been pretty lonely, and it was an opportunity to make friends.

I had always wanted to do the same things as my older sister did, but when I was 6, I learned a hard lesson.

Other questions: _____

F Follow the steps to prepare for an informal presentation.

1. Think about your answers in **E** and prepare to speak about your life for 1–2 minutes.
2. Write key words, dates, and a few other details. Try to use the past perfect and some of the vocabulary words.

Key Words	Dates	Details
_____	_____	_____
_____	_____	_____
_____	_____	_____



GOAL CHECK


Talk about Different Stages in Your Life

Get together with 2–3 other students. Give your presentation and answer any questions your classmates may have. Speak naturally and use your notes only when necessary.

Listening**A** Discuss the question in pairs. Add your own idea.

In your opinion, when does someone become an adult?


- when they graduate
- when they have a child
- when they have their own home
- when they start their career

B  26 Listen to a conversation between two friends. Circle **T** for *true* or **F** for *false*.


- The man is helping the woman with her savings plan and her taxes. T F
- The woman hopes to help her parents financially. T F
- The man will help the woman with her finances again next year. T F

C  26 Listen again. How would the two speakers complete the statements?

- The woman thinks she is an adult because _____.
- The man has a different idea of adulthood because _____.
- The woman thinks her parents don't need her help with _____.
- The man has a positive idea about _____.

D In pairs, talk about how people from your culture usually help their parents.**WORD FOCUS**Your **finances** (n) have to do with your money.Other forms are **financial** (adj) and **financially** (adv).**Pronunciation: The Schwa Sound /ə/ in Unstressed Syllables****E**  27 Listen to the words. Notice the vowel sound of the unstressed syllables in **blue**. This is the schwa sound /ə/, and it's the most common vowel sound in English.

infant lettuce children population adult

F  28 Listen and repeat. Circle the unstressed syllables with the /ə/ sound.

alone lesson person banana parents
 paper challenge language national chicken

Graduation day at the
 University of Texas in
 San Antonio, Texas

Conversation

G 29 Close your book and listen to the conversation. How old is Jamal?

Andrea: Did you hear the big news? Jamal is getting his own apartment!

Kim: Seriously? But he's 19! That's too young to get your own place.

Andrea: Oh, I don't know about that.

Kim: Do you think he's old enough?

Andrea: Well, he's mature, and he's had a part-time job since he was 17.

Kim: That's true... but I think he should wait a few years.

Andrea: Really? What do you think is the best age to live on your own?

Kim: I think people should get their own place after they've finished college.

Andrea: That's a good point. I plan to live with my parents while I'm in college.

H Practice the conversation in pairs. Switch roles and repeat.

I In pairs, use your own ideas to complete the table below in your notebook. Then, write two conversations about Jorge and Melissa using the conversation in **G** as an example.

"Jorge is too old to change jobs."	"Melissa is too young to start her own business."
Age: _____	Age: _____
Reasons why it is or isn't OK _____ _____	Reasons why it is or isn't OK _____ _____
The best age for this is _____	The best age for this is _____

J Read the opinions. How old do you think each person is?

1. "He's too old to play soccer."
2. "He's too young to travel alone."
3. "She's too old to dance."
4. "She's too young to drive a car."
5. "She's too old to learn a new language."
6. "He's too old to get married."

K MY WORLD Tell a partner two things you think you are too old to do. What are two things you think you are too young to do?

GOAL CHECK

Talk about the Best Age to do Something

Look at your answers in **J**. Compare answers in pairs and explain your opinions. What is the best age for each of these things? Do you know someone who does these things at an unusual age?

The best age to play any sport is in your teens or twenties.

I don't know—some professional athletes are in their forties!

REAL LANGUAGE

You can say **Oh, I don't know about that** to disagree politely with someone.

Language Expansion: Adjectives for Age

- A** Do you know someone who fits any of these descriptions? Who? Share your answers in pairs. Use the adjectives in the box to help you.

youthful	older, but with the energy of a young person (positive)
childish	older, but acting like a child (negative)
mature	old enough to be responsible and make good decisions
in his / her twenties	between 20 and 29 (also <i>in his teens, thirties, forties</i> , etc.)
middle-aged	not young or old (about 40–60)
retired	stopped working full time (often after 65)
elderly	looking and acting old

family members
friends
neighbors
other people in
your community

- B** Talk with a partner about people you know. How old are they? Describe them with adjectives from **A**.

Grammar**How + Adjective or Adverb**

Adjectives give information about nouns.
Use *How* + adjective to ask a question about a descriptive adjective.

A: Lenora is **mature** for her age.

B: How mature is she?

A: She's mature enough to babysit my son.

Adverbs give information about verbs.
Use *How* + adverb to ask a question about an adverb.

A: I learn **quickly**.

B: How quickly do you learn?

A: I learned to ride a bicycle in one day!

Common adjectives: *young, old, early, clean, happy, difficult, polite, serious*

Common adverbs: *well, badly, often, rarely, quickly, slowly, easily, carefully*

Women at different stages of life wait for the event to start.




C Unscramble the questions. In pairs, take turns asking the questions.

1. English / how / do / speak / well / you _____?
2. you / how / are / old _____?
3. can / fast / you / how / type _____?
4. you / how / tall / are _____?
5. your / family / how / often / move / does _____?

D Complete the conversations. Write questions using *how*.

1. **A:** I think Mr. Chen is too elderly to live alone.
B: He doesn't look old to me. _____?
2. **A:** My brother failed his driver's license test six times because he drives so badly.
B: Wow! _____?
3. **A:** I can't go to the movie tonight. My first class is very early tomorrow.
B: That's too bad. _____?
4. **A:** I don't want to get my own apartment. It's much too expensive.
B: Really _____?
5. **A:** I haven't finished reading the assignment for tomorrow. I guess I read too slowly.
B: That's a problem. _____?

Conversation

E  30 Close your book and listen to the conversation. What did Erik get?

- Mrs. Ryan:** My son Erik just got his first credit card.
Mrs. Chen: Is that a good idea? He's still a college student.
Mrs. Ryan: That's true, but he has always been careful with money.
Mrs. Chen: Really? How careful is he?
Mrs. Ryan: He's very careful. In high school, he saved enough money to buy a computer.
Mrs. Chen: Then maybe he is ready to get a credit card.

SPEAKING STRATEGY

Disagreeing Politely

That's true, but...
You're right, but...
I see what you mean, but...

F In your notebook, write 3–4 adjectives to describe a person you know. Then, write 3–4 things the person does and describe how the person does them.



GOAL CHECK

Ask Questions to Get More Information

In pairs, take turns describing the person you chose in **F** and how he or she does things. Use questions with *How* to get as much information as possible.

My grandmother is quite lovable.
She makes new friends easily.

How easily does she
make new friends?

GOAL Discuss Changes Caused by Technology

Reading

A In pairs, discuss how you use these technologies.

apps for your phone online shopping
smartphone

B Read the article and answer the questions.

1. What kind of technology is mentioned in the first paragraph?

2. What two technologies are mentioned in the second and third paragraphs?

3. What does Bright Simons' invention do?

4. Why does Shapshak think innovation is not happening in the developed world?

C Read the article again. Circle **T** for *true* or **F** for *false*. Make the false statements true.

- | | | |
|---|---|---|
| 1. Toby Shapshak is an engineer from South Africa. | T | F |
| 2. M-Pesa helps people pay bills and buy groceries. | T | F |
| 3. Bright Simons' invention is a smartphone app. | T | F |
| 4. African inventions can help people worldwide. | T | F |



GOAL CHECK

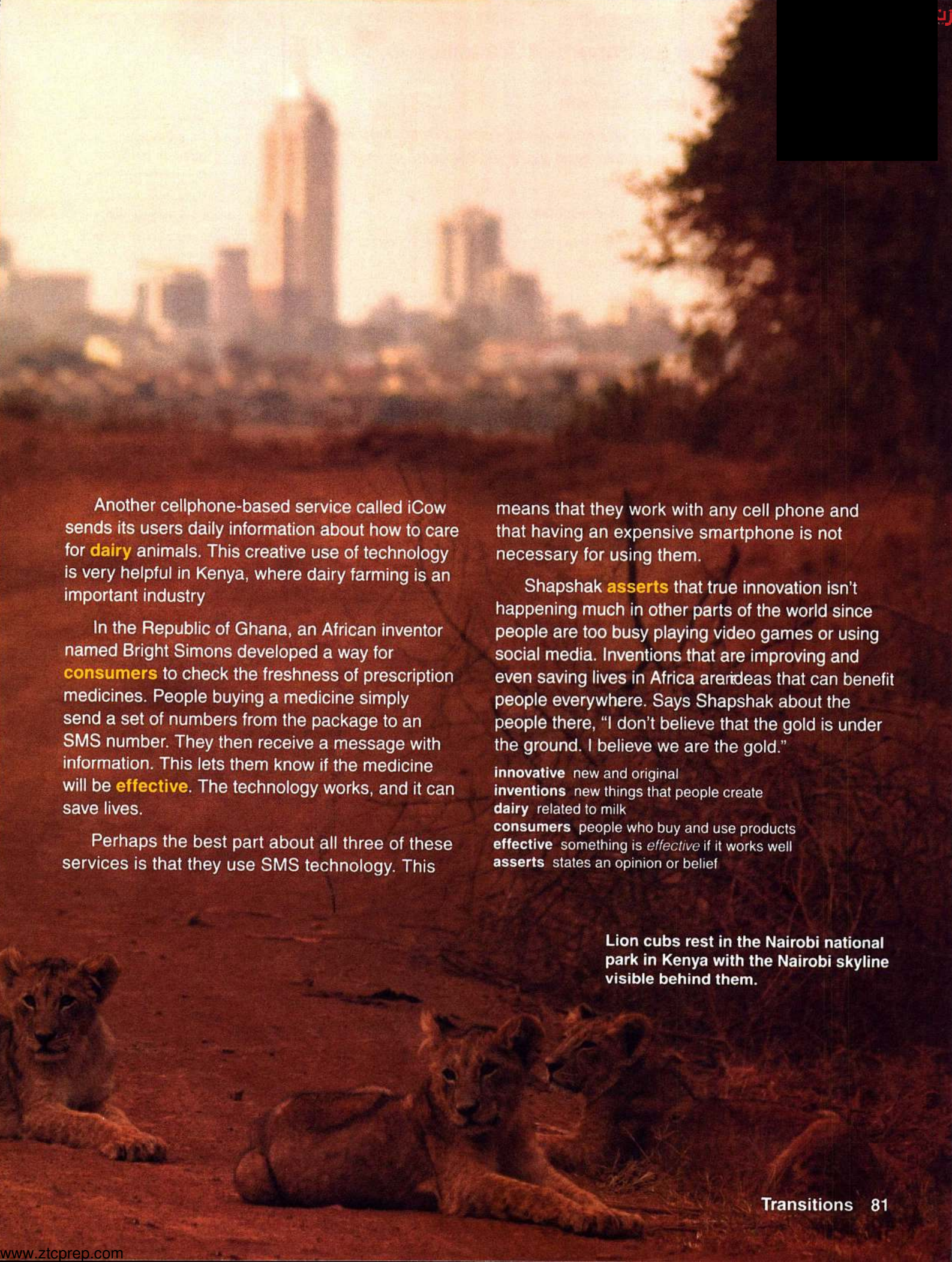
Join another pair and discuss the questions.

1. What do you think life was like for many African people before they had the innovations from the article?
2. How is life better for many African people now?
3. How has your life changed because of new technology?

Innovation in Africa

When you think of the **innovative** use of technology, countries in Africa might not be the first places you think of. But Africa is the home of many of today's innovators, and their **inventions** are improving people's lives. South African journalist Toby Shapshak says that, "People are solving real problems in Africa." And quite often they are solving those problems using inexpensive cell phones.

When Shapshak talks about "real problems," he means the kind of problems that prevent people from accomplishing some basic things in life, such as paying bills or buying groceries. The M-Pesa payment system, for example, is a convenient way for people to pay for things without a credit card. It began in Kenya and was later launched in Tanzania. It handles approximately \$25 million in payments every day.



Another cellphone-based service called iCow sends its users daily information about how to care for **dairy** animals. This creative use of technology is very helpful in Kenya, where dairy farming is an important industry

In the Republic of Ghana, an African inventor named Bright Simons developed a way for **consumers** to check the freshness of prescription medicines. People buying a medicine simply send a set of numbers from the package to an SMS number. They then receive a message with information. This lets them know if the medicine will be **effective**. The technology works, and it can save lives.

Perhaps the best part about all three of these services is that they use SMS technology. This

means that they work with any cell phone and that having an expensive smartphone is not necessary for using them.

Shapshak **asserts** that true innovation isn't happening much in other parts of the world since people are too busy playing video games or using social media. Inventions that are improving and even saving lives in Africa are ideas that can benefit people everywhere. Says Shapshak about the people there, "I don't believe that the gold is under the ground. I believe we are the gold."

innovative new and original

inventions new things that people create

dairy related to milk

consumers people who buy and use products

effective something is *effective* if it works well

asserts states an opinion or belief

Lion cubs rest in the Nairobi national park in Kenya with the Nairobi skyline visible behind them.

GOAL Describe an Important Transition in Your Life

Communication

from child to teenager

from teenager to adult

from single to married

from studying to working

from non-parent to parent

from middle age to old age

A What do you know about each life transition in the box? Tell a partner what you think happens or what you have experienced.

B Discuss the questions in pairs.

1. Who does the cleaning and other chores at your house?
2. How often do you do your own laundry?
3. When was the last time you bought groceries?
4. Are you old enough to vote?

As a
diffe

Me, too. I spent more time with the friends I had made in high school.

Writing

WRITING SKILL: Using Time Expressions

Time expressions help your reader understand when different events happened.

As soon as he realized his mistake, he apologized for it.

This means there was no delay. He didn't wait until later to apologize.

We had **already** read about Einstein's early life, so we didn't need to hear a lecture about it.

The word *already* emphasizes that the reading happened before the lecture.

Example time expressions: *until by + date or time never last week / month / year after that eventually a week / month / year ago*

C Read the sample paragraph and discuss the questions below with a partner.

1. What is the topic sentence in this paragraph?
2. What two examples support the topic sentence?
3. How did the writer feel about this transition in his or her life?
4. How do the bolded expressions help you understand the writer's meaning?

When I finished middle school and started high school, my parents began to give me more responsibilities. I had **already** started to wash some of my own clothes, but **that summer** it became my responsibility to do laundry for the whole family. My other chore was buying groceries for my elderly grandmother. I went to visit her **twice a week**, and I asked her what she needed from the grocery store. She gave me the money, and I returned with her food, soap, and other necessities. It wasn't hard to do and I enjoyed spending time with her. I also began to feel good about doing my family's laundry each week. It felt like I was moving from childhood toward adulthood.



A child looks out as his mother votes in an election. The ability to vote is often one milestone that marks the transition into adulthood.

D Complete the questionnaire. Write answers in your notebook.

QUESTIONNAIRE

1. Where do you live now?
2. How many times have you moved in your life?
3. As a child, what did you dream of being or doing when you got older?
4. What do you dream of being or doing now?
5. When did you meet your best friend or friends?
6. What are some of the most important personal relationships in your life?
7. What event in your life do you think changed you the most?

E Read your answers to the questionnaire—especially to question 7. Write a well-organized paragraph about a life transition and make sure it includes the following:

- a good topic sentence
- time expressions to show when things happened
- plenty of interesting details



GOAL CHECK

Describe an Important Transition in your Life

Follow the steps in pairs.

1. Take turns. Tell your partner about the life transition you described in your paragraph in **E**. Was it easy or difficult for you to write about?
2. Listen carefully while your partner speaks. Ask questions to get more information.

It was difficult to describe my feelings. It was a long time ago.

How much do you remember about that time?

VIDEO JOURNAL

TED TALKS



HANS ROSLING

Professor of Global Health,
Co-founder of Gapminder.org

Hans Rosling's **Idea worth spreading** is that machines have had an incredible effect on the lives of many—and rich westerners can't just tell those in the developing world that they can't have them. Watch Rosling's full TED Talk on TED.com.



THE MAGIC WASHING MA

A In pairs, look at the photo and answer the questions.

1. What is this device? Do you have one in your house?
2. What percent of the world's population do you think has a modern washing machine?
3. How do you think it has changed people's lives?

B You will hear these words in the video. Complete the paragraph with the correct words. Not all words will be used.

electricity flow of energy used as power

heat cause to become warm or hot

load put (an amount of something) into or onto something

mesmerize hold the full attention of

time-consuming using or needing a large amount of time

tough very difficult to do or deal with

It's amazing how machines can change the world. Not so many years ago, doing laundry was a (1) _____ job. You needed to (2) _____ the water, add the soap and the clothes, and rub them with your hands for a long, long time. Now, we (3) _____ the washing machine, push the button, and the machine does the rest. It's not (4) _____ at all to get your clothes clean. Of course, a washing machine uses (5) _____ to run.

C Watch the TED Talk. Circle the main idea.

1. Washing machines are very popular around the world.
2. Women like to read more than they like to do laundry.
3. When people don't have to do so much hard work, they have time to do things they enjoy and their lives change in positive ways.

D Look at the list of devices. Circle the two you think have made the biggest difference in people's lives in the last century.

air conditioner
dishwasher

cell phone
microwave oven

computer
vacuum cleaner

E In pairs, compare your choices in **D** with a partner. Are there any devices you'd like to add to the list? Think about devices that save on work and give people more time to read and get an education.

Things That Matter



Look at the photo and answer the questions:

- 1** What do you see in the photo? **2** Why is doing something that matters important?

A photograph showing a group of five young orangutans with reddish-brown fur, looking out from a tree branch. A person's hand, wearing a white glove, is visible holding a yellow stick or branch near the orangutans. The background is a dense green forest.

A keeper at the International Animal Rescue center takes a group of young orangutans to the forest to learn skills to live in the wild in West Kalimantan Province, Borneo, Indonesia.

UNIT 7 GOALS

- A. Discuss Spending Habits
- B. Talk about Needs and Wants
- C. Discuss What Makes People's Lives Better
- D. Talk about Different Lifestyles
- E. Set Priorities

Vocabulary**A** Read the article.

Murano
contemporary art,
made from glass,
is considered a
luxury.

Life is full of **choices**. Should you buy the latest smartphone, or put your money in a savings account **instead**? Do you really need that phone, or is it a **luxury** you can live without? These are questions that are asked every day, and for many people, the answer is to **reduce** the **amount** of money they spend in order to increase their happiness.

If you believe the TV commercials, the road to a **satisfying** life is driven in a beautiful new car. Owning nice things is supposed to **produce** good feelings in people. Now, though, more people are deciding not to **waste** their money on a new car when they can easily take the bus or drive an older car. Instead of doing things the **usual** way—working too much and enjoying life too little—they are choosing to focus on the **quality** of their lives. They're spending more time doing the things they love and less money buying things they don't need.

B Complete each sentence with the correct word in blue.

1. If you _____ something, you make it smaller.
2. The _____ way is the thing done most often in a certain situation.
3. The _____ of something is how good or bad it is.
4. If something is a _____, it's very nice, but not necessary.
5. When you make a _____, you decide what you want.
6. If something is _____, it makes people feel full or happy.
7. If you _____ something, you use too much of it for something unimportant.
8. The _____ of something is how much of it there is.
9. When you _____ something, you make it or cause it to happen.
10. If you do one thing _____ of another thing, you do the first thing and not the second.

Grammar**Passive Voice (Present Tense)**

The passive voice emphasizes the object or receiver of an action.

We form the passive with *be* + the past participle of a verb.

The active voice emphasizes the subject (the agent)—who or what performs an action.

Regular Past Participles

created reduced achieved

Four million cars are produced every year (by the company).

A lot of money **is wasted** on things people don't really need.

The company produces four million cars every year.

Irregular Past Participles

made given taught

C Complete each sentence with the passive form of the verb in parentheses.

Some things cost a lot because they (1) _____ (produce) by hand.
Murano glass, for example, (2) _____ (make) by hand in Italy.
Many colors (3) _____ (combine) to produce high-quality glass art.
Younger glass artists (4) _____ (teach) by master artists with
years of experience. Tourists like to buy the glass, and some of the best shops
(5) _____ (locate) in Murano, Italy.

D Match the beginning of each passive sentence to its ending.

- | | |
|----------------------------------|---|
| 1. ____ Food is often wasted | a. when you don't use air conditioning. |
| 2. ____ Energy use is reduced | b. if it is well taken care of. |
| 3. ____ Clothing lasts longer | c. when people don't eat everything they buy. |
| 4. ____ Towels can be used | d. when they are cooked and eaten at home. |
| 5. ____ Meals are less expensive | e. for cleaning instead of paper products. |

E When are you willing to spend or save money? Write the items in the chart.

- the phone I like is made in a new color.
- a new restaurant is opened in my neighborhood.
- a food I like is on sale at the grocery store.
- sneakers are worn by a famous athlete in an ad.
- your idea _____

I will spend my money when...	I will save my money when...



GOAL CHECK Discuss Spending Habits

Discuss the questions in pairs.

1. When are you willing to spend money on something you want?
2. When do you decide to save your money instead?
3. What do you think many people waste money on?

I want to buy a new phone every time a new feature is added to it!

Sure, but I won't buy it when my old phone still works.

Listening

A  32 Listen to a conversation. Choose the best option.

- The speakers are _____ students.
a. high school b. university c. graduate
- The speakers are in _____.
a. the United Kingdom b. the United States c. India
- The woman talks about information from a _____.
a. website b. survey c. class
- The man wishes he had more _____.
a. money to spend b. classes to keep him busy
c. time to spend with friends

B  32 Listen again and answer the questions.

- How does the man feel about his life now?

- Who used to do many things for the man?

- How does the woman feel about the information she read?

- How does the woman feel about the amount of work she is doing?

- How does the man feel about the amount of homework he has?

PRONUNCIATION: Content vs. Function Words


In sentences, *content words* have specific meaning and receive greater stress. Other words have a grammatical function and receive less stress.

Content Words

Nouns	Main Verbs	Question Words	Adjectives	Adverbs
money	speak, buy	why, where, how	wonderful	easily

Function Words

Pronouns	Auxiliary Verbs	The Verb Be	Articles	Prepositions	Conjunctions
it, she, him	have, is, will, could	is, are, was	the, a, an	in, to, of, at	and, or, but, so

C  33 Listen to the stress in each sentence. Then, listen again and repeat.

- He wants an active social life.
- We have a lot of homework.
- I'm saving money for a new computer.
- You should think about the future.
- My family needs the money I make.

D Underline the content words. Then practice saying the sentences in pairs.

1. Eating at restaurants is expensive.
2. His life at home was easier.
3. The student from India usually arrives early.
4. Martina wants to buy a new car.
5. My shoes were made in China.

Communication

E Write each item in the appropriate column. Use your own opinion.

books	clean water	coffee	a computer	flowers	fresh fruit
furniture	the internet	money	a phone	public parks	shoes

Luxuries	Necessities

WORD FOCUS

Necessities are things we need, such as food and shelter.

Luxuries are things we don't really need, but they can be nice to have.

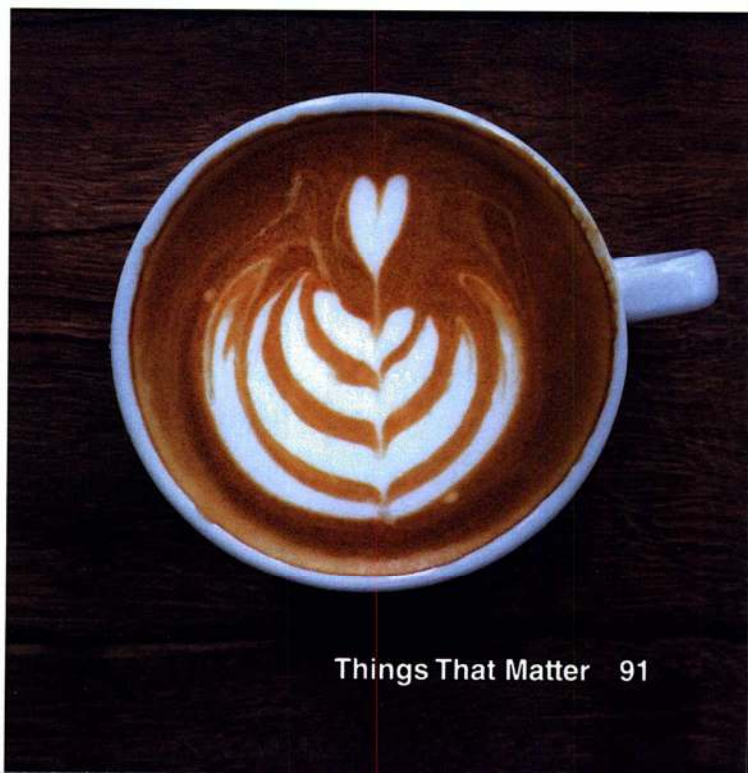
F Compare your chart in **E** with a partner's chart. Talk about why you think people do or don't need the items.



GOAL CHECK

Talk about Needs and Wants

What is something you absolutely need? What luxury item do you want very much? Discuss these questions in pairs.



Language Expansion: Irregular Past Participles**A** Fill in each blank with the best word from the box. Use a dictionary to

build – built

find – found

fly – flown

give – given

know – known

put – put

send – sent

write – written

- Gold and diamonds can be _____ in parts of South Africa.
- Fresh seafood can be _____ by plane to anywhere in the world.
- Large amounts of cash are usually not _____ in the mail.
- Iran is _____ for its beautiful handmade rugs.
- Wedding invitations are sometimes _____ by hand on special paper.
- Houses here are _____ for large families, so they usually have several bedrooms.
- Jewelry is sometimes _____ as a special gift.
- The glass vases are _____ into special boxes to protect them.

Grammar**Passive Voice with By**

The passive voice is usually used without a *by* phrase.

High-quality cars **are produced** in South Korea.

A *by* phrase is used when we want to say who or what does something (the agent).

The cars **are made** by specially trained workers.
Each rug **is created** by a different artist, so no two rugs are alike.

Children are happy in their primary school in Cahuita, Costa Rica.



B Read the sentences and cross out the unimportant *by* phrases.

1. The Mercedes-Benz is made in Germany by people.
2. This necklace was given to me by my grandmother.
3. King Tut's tomb was discovered by Howard Carter.
4. My car was stolen on April 19 by someone.
5. The company was started by the new owner's grandfather.
6. Several kinds of fruit are grown in Ontario, Canada by fruit growers.

C Rewrite each sentence as a question in the passive voice.

1. Children need to be taught good manners.

Why _____

2. Money should be kept in a bank.

Why _____


3. Good jobs are often given to people with a good education.

Why _____

4. Hard work is valued as much as education by some employers.

Why _____

Conversation

D  34 Close your book and listen to the conversation. Why is education valuable?

Lance: Gary, do you think people's lives are improved by money?

Gary: It depends. Some people don't have enough money to buy necessities. Their lives are definitely improved by having more money.

Lance: What about other people?

Gary: Well, when you have enough money for the basics, I think your life can be improved by education.

Lance: Interesting! Is your education improving your life?

Gary: Sure. I hope to get a good job someday because of my education.

Lance: For me, though, my life would be improved by having a nice car.

Gary: OK, but nice cars cost money. So, you need to get a job first.

SPEAKING STRATEGY

We use **It depends** to say that something is not always true. Then, we often explain our reasons.



GOAL CHECK

Discuss What Makes People's Lives Better

In pairs, discuss how these things improve your life.

a big house

electronics

fame

good health

nice clothes

D **GOAL** Talk about Different Lifestyles

Reading

A MY WORLD In pairs, discuss the choices. Which would you choose, and why?

- More money or more free time?
- A larger home or traveling more?
- A new car or a cleaner environment?
- Nice things for yourself or for your children?

B Discuss the questions in pairs.

1. Look at the title of the article. What do you think it means?
2. Do you think some people live a "zero-waste" lifestyle?

C Circle **T** for *true* or **F** for *false*.

- | | | |
|---|----------|----------|
| 1. Kathryn Kellogg and her husband produce 1,500 pounds of trash each year. | T | F |
| 2. Posts on Kellogg's blog encourage people to make better choices. | T | F |
| 3. The Frugalwoods' main goal is to save money. | T | F |
| 4. The Frugalwoods' daughter enjoys being outdoors with her parents. | T | F |
| 5. So far, the zero-waste lifestyle is popular only in the US. | T | F |

D Discuss the questions in pairs.

1. What are some ways you try to throw away or waste less?
2. Do you think a zero-waste lifestyle is a good goal? Why?
3. Would you and your friends enjoy reading the blogs from the article? Explain.



GOAL CHECK

Discuss the questions in pairs.

1. What might you like and dislike about a person's lifestyle?
2. What might make a lifestyle satisfying for the person?

I might like having an important job at a bank.

I think it might be more satisfying to work outdoors.

A Zero Waste Lifestyle

In the United States, throwing away a lot of trash is not unusual. The average American produces around 1,500 pounds, or around 680 kilos, of trash each year. On the other hand, everyone has choices when it comes to their lifestyle, and the US is also home to people like Kathryn Kellogg. She and her husband live in California, and they throw away very little. In fact, the amount of trash they produced in two years—every bit of waste that they could not recycle, reuse, or turn into **compost**—fit into a small glass jar.

Kellogg writes a popular blog called Going Zero Waste. Her **blog** posts encourage others to make better choices and live better lives. She reports that she and her husband are saving around \$5,000 a year at the grocery store. Instead of buying prepared foods and commercial cleaning products, they buy fresh foods that they cook themselves and make their own cleaning products. They even make their own deodorant and skincare products.

The real goal of going zero waste, however, is not just to save money. For another couple, who call themselves Mr. and Mrs. Frugalwoods, the goal is to enjoy life more and spend more quality time together as a family. Their blog, Frugalwoods, includes articles about buying less and saving money, but also about growing food at their home in Vermont and raising their baby girl. Mrs. Frugalwoods says that their daughter, "...is our mini gardener/hiker who **adores** being outside in nature with her parents every season of the year."

Many people would like to waste less—less money, less plastic, less food—and the internet is

full of ideas to help them. A quick sea stories that include making compost from food peels, recycling old clothing, and reducing waste while traveling. There are people living zero-waste lifestyles and blogging about it not only in the U.S., but in many other countries as well. For all of these people, choosing to live a zero-waste lifestyle is about using less and throwing away less, but also about living a happier and more satisfying life.

compost a mixture of decayed plants used to enrich garden soil

jar glass container used for storing food

blog website with a diary or journal about a certain subject

adores loves very much

Growing one's own vegetables is part of a lifestyle choice.

Communication

A MY WORLD What is important in your life right now? In pairs, add items to the list.

- spending time with friends
- having new things: clothes, telephone, etc.
- studying and learning new things

- _____
- _____
- _____

WORD FOCUS

Priorities are important things you want to achieve before you do other things.

B Tell your partner which two or three things in **A** are the most important to you. Explain why.

C Get together with another pair of students. Share your lists from **A**. Explain the items you added to the list.



Elias Weiss Friedman enjoys taking photos of dogs for a living.

Writing

- D** What are some of the things you want to have in your future life? They could be material or non-material things.

Things I want
<ul style="list-style-type: none">•••••

WRITING SKILL: Using Sequence Words

When you describe the order of things or the steps in a process, sequence words help the reader understand your ideas.

Sequence words: *first, second, finally, before / after___, next, last, once___, then, eventually*

Example: When I think about my future, I have some priorities. **First**, I want to get a good education. That will open a lot of doors for me. **Next**, I need to find a job. I plan to work for someone else for a few years and **then** start my own business. **After** that, I might get married and start a family. **Eventually**, I'll retire and let my children run the business.

- E** Write a paragraph about your future life. Use the list you made in **D** for ideas. Use sequence words, and use the paragraph in the Writing Skill box as a model.
- F** Tell a partner what you decided to include in your paragraph. Explain why each idea is important to you.

I decided that saving money for the future is important to me.

What will the money eventually be used for?



GOAL CHECK Set Priorities

Make a list of priorities for yourself and for your partner. What do you need to do right now? What can you do in the future to help you reach your goals?

The first priority for both of us should be getting a degree.

Yes, and after that, I really want to travel for a month.

VIDEO JOURNAL

THE DOGIST

A Discuss the questions in pairs.

1. Why do some people like to post photos on social media websites?
2. How do you think people feel when other people "like" their posts?
3. Do you enjoy seeing photos of animals online? Why, or why not?

B Match each sentence beginning to its ending. You may use a dictionary to help you.

1. ☐ When you **pose** for a picture,...
 2. ☐ If you **hang out** with dogs,...
 3. ☐ If you **personify** an animal,...
 4. ☐ When you feel **loneliness**,...
 5. ☐ If you are **unemployed**,...
 6. ☐ If you give a dog a **treat**,...
- a. you make it seem more like a person.
 - b. the dog will eat it and be happy.
 - c. you don't have a job.

- d. spending more time with people can help.
- e. you get ready for the picture to be taken.
- f. you spend time with them.

C Watch the video. Circle the correct answer.

1. The photographer takes his photos *indoors* / *outdoors*.
2. The photographer *does* / *does not* have a regular job.
3. The photographer wears equipment to protect his *knees* / *arms*.
4. The photographer takes pictures in *New York* / *Los Angeles*.
5. The photos do not usually include the *dog's* / *owner's* face.
6. The photographer says dogs need food and *water* / *love* to be happy.



D Watch again and answer the questions.

1. Does the photographer ask permission before he takes a dog's picture? _____
2. How does the photographer get dogs to "pose"? _____
3. According to the photographer, why do so many people like his photos? _____
4. What information about each dog does the photographer include on the photos? _____
5. Why does the photographer say he feels "less lonely" now? _____
6. How long has the photographer been "The Dogist"? _____

E Read the quotation from "The Dogist." Discuss the questions below in small groups.

"I ask people sometimes, if you had all the money in the world, what would you do? If I had all the money, I

would probably travel with my camera and hang out with dogs—I'm doing that."

Elias Weiss Friedman, "The Dogist"

1. Do you think the photographer has a satisfying life? Explain.
2. What would you do if you had a very large amount of money?
3. What other careers might be very enjoyable for the people who do them? Why do you think so?

F In your group, talk about things The Dogist needs and doesn't need for his lifestyle.

a camera	a computer	his own car
his own dog	a large house	to live in a city
special clothing	special equipment	your idea ____

He needs to have a good camera.

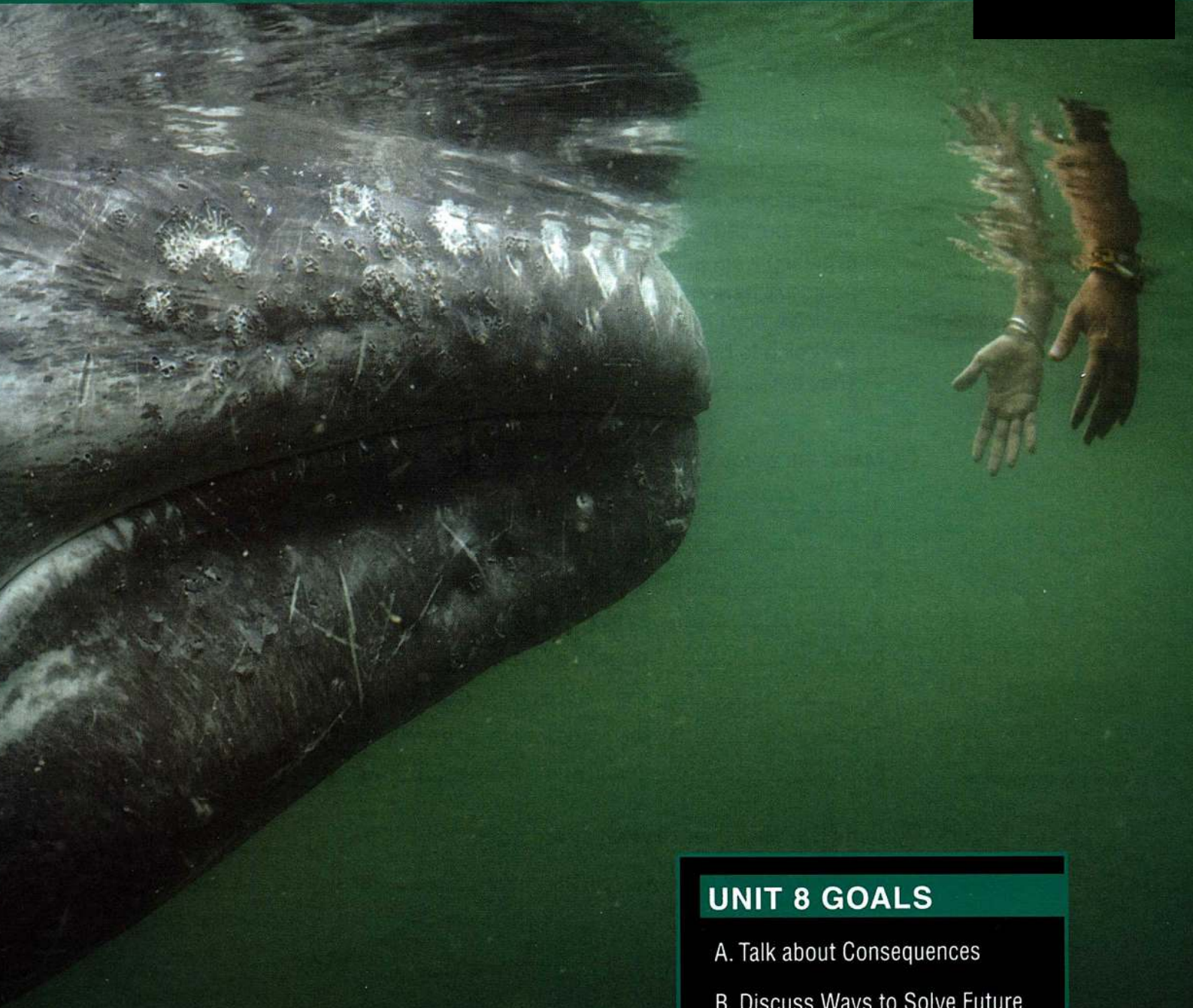
He doesn't need to have a regular job.



Look at the photo and answer the questions:

1 What do you see in the photo?

2 How can people help with conservation of this species?



Gray whale in San Ignacio Lagoon, a part of the Vizcaino Biosphere Reserve, in Mexico

UNIT 8 GOALS

- A. Talk about Consequences
- B. Discuss Ways to Solve Future Problems
- C. Describe a Situation
- D. Discuss Conservation Projects
- E. Explain a Conservation Issue

Vocabulary

A Look at the picture. What do you know about this animal? Tell a partner.

B Read the text.

Climate Change

Polar bears live on Arctic sea ice. It is their natural **habitat**. From these ice platforms, they can catch seals to eat. The ice is very important for polar bears, but sadly it is **disappearing** because of **climate** change. The world is getting warmer and the Arctic ice is **melting**. If the ice disappears, polar bears will have a hard time finding food.

If we don't try to stop climate change, polar bears and other **wild** animals are going to become **extinct**. We need to **protect** these endangered **species**. They are all an important part of the natural world.

C Match the words in blue to their meaning. Change the form when necessary.

1. protect to keep safe from danger
2. _____ a kind of animal or plant
3. _____ to change from solid to liquid because of heat
4. _____ to stop being seen
5. _____ doesn't exist any more
6. _____ the weather of a place over time
7. _____ the place where an animal usually lives
8. _____ in nature, not controlled by people

WORD FOCUS

Species that are near extinction are **endangered species**.

D Complete the sentences with a **blue** word.

1. When people cut down forests, many _____ animals lose their _____.
2. The Arctic has a cold _____. In the winter, the temperature can be -50°C .
3. Some people are trying to _____ nature by changing some of their habits.
4. The number of gorillas in the world now is very small. They are an endangered _____.

A polar bear at the water's edge on Rudolph Island, part of the Franz Josef Land archipelago in Russia



E MY WORLD In pairs, talk about other endangered animals you know about.

Grammar

Real Conditionals in the Future

We use the real conditional for situations that can happen in the future.	If the world gets hotter , the arctic ice will melt . The arctic ice will melt if the world gets hotter .
Conditional sentences have two parts: the condition and the result. The condition or the result can be first in the sentence.	If the world gets hotter , the ice is going to melt . The ice is going to melt if the world gets hotter.

F Read the text in **B** again and underline the conditional sentences.

G Complete the sentences with the correct form of the verbs in parentheses.

1. Polar bears _____ (lose) their habitat if the sea ice _____ (melt).
2. If we _____ (take) action now, we _____ (help) protect nature.
3. If the temperature _____ (get) higher, more wild animals _____ (be) endangered.
4. Polar bears _____ (try) to find food in towns if they _____ (have to) live on land.
5. If humans _____ (not control) climate change, more species _____ (become) extinct.

H Discuss these situations in pairs. Write sentences to describe them in your notebook. What will happen if ...

1. the climate continues to change?
2. the polar bears' habitat disappears?
3. polar bears can't catch enough seals?
4. people protect polar bears?
5. polar bears become extinct?
6. polar bears try to find food in towns?

GOAL CHECK Talk about Consequences

Look at the problems in the chart. How will these problems affect nature? Write notes in the consequences column. Then, talk about the problems and their consequences in pairs.

Problems	Consequences
climate change	
pollution	
energy use	


If climate change continues,...

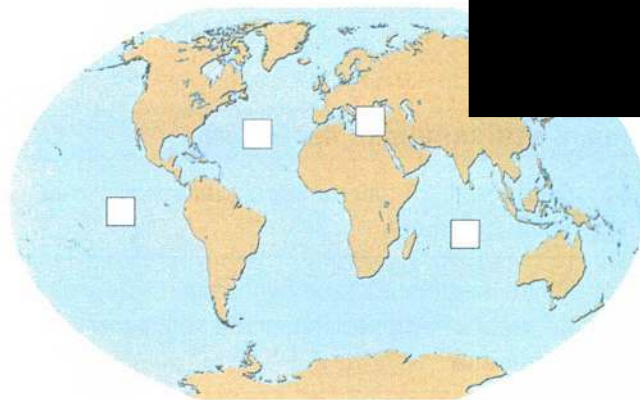
More animals will... if...


Listening

1. Atlantic Ocean
2. Pacific Ocean
3. Indian Ocean
4. Mediterranean Sea

A Match the names in the box with the places on the map. Write the numbers.

B  36 Listen to the radio program about the bluefin tuna and circle the three places it talks about on the map.



C  37 Listen and fill in the blanks.

Bluefin Tuna

1. up to _____ feet long
2. weighs more than _____
3. colors: _____, _____, _____
4. swims more than _____ miles an hour
5. lives up to _____ years

D  38 Listen and complete the sentences.

1. In _____, people use it to make sushi, and in _____, people love to cook big pieces for tuna steaks.
2. If the boats _____ big bluefins, there _____ young fish in the future.
3. Only _____ of the original population of bluefins was left.
4. If the big boats _____ the fishing in the Mediterranean, many poor people _____ their work.
5. If this amazing fish _____, the seas _____ a great treasure.

Fish farm in
Bodrum, Turkey



E MY WORLD Discuss these questions in pairs.

1. Is fish cheap or expensive where you live? How often do you eat it?
2. Do you know where the fish you eat comes from?

Pronunciation: Phrases in sentences

F 39 Listen and repeat the sentences. Notice how they're divided into phrases.

1. A bluefin tuna | can swim very fast | and live a long time.
2. In Japan, | people use it | to make sushi.

G 40 Draw lines to divide these sentences into phrases. Listen and check your answers. Then, practice saying the sentences.

1. If they catch all the big fish, the species won't survive.
2. The bluefin tuna is also delicious.
3. There are international rules for fishing.
4. Bluefin tuna lived in the Pacific Ocean and the Indian Ocean.
5. It is important to try to understand how our actions affect nature.

Communication

H Read the information. What does *sustainable* mean?

Fish is one of the world's favorite foods. Around the world, the average person eats 36 pounds (16 kg) of fish every year. But many kinds of fish around the world are disappearing because people catch too many of them. Scientists say that 90 percent of the biggest fish are gone now. If we catch too many big fish now, there won't be any baby fish in the future. Some species of fish will become extinct. Our way of fishing now is not **sustainable**—if it continues, it will hurt the environment.

WORD FOCUS

The word **environment** can refer to nature in general or to everything that's around us in a particular place.
*Recycling paper is good for the **environment**.*
*This classroom is a good **environment** for learning.*



GOAL CHECK Discuss Ways to Solve Future Problems

In groups, discuss ways to solve fishing problems.

1. Read each plan. What will happen if we follow each one? Write some notes.

Plan A: Don't eat fish! Tell people to stop buying and eating fish. Put ads in newspapers and magazines, and make TV commercials to explain why fishing hurts the environment.

Plan B: Safe fish symbol Make a special symbol for fish that are caught in a sustainable way. Make commercials to tell people to look for this symbol in supermarkets and restaurants.

Plan C: Strict laws about fishing Make stronger laws about how many fish people can catch. Send special police in fast boats to all of the fishing areas to make sure that fishing boats follow the laws.

2. Discuss the plans with your group.
3. As a group, decide which is the best plan.
4. Explain your decision to the class.

Language Expansion: Adverbs of Manner

A Read the text and answer the question. What does the rescue center



The Moholoholo Wildlife Rehabilitation Centre in South Africa works **hard** to protect local wild animals. This rescue center helps many different species, from lions, leopards, and cheetahs to rhinoceros and eagles. They rescue them from a lot of dangerous situations. Sometimes the animals are **badly** injured or they have been poisoned, and often they have been orphaned because of poaching. The center looks after the animals **carefully**. Some animals recover **quickly** and they can be released into the wild again **rapidly**, but a few animals have to stay **permanently**. At the center, they know that conservation is important, so they have an education program, too. People can visit the center to learn about wildlife and protecting the environment.

A critically endangered Northern white rhinoceros at the Dvur Kralove Zoo in Dvur Kralove nad Labem in the Czech Republic

WORD FOCUS

If you are **orphaned**, you don't have your parents anymore.

B Write the blue words from A in the chart.

Adverbs of Manner

Adverbs of manner tell us *how* an action is done. The adverb usually follows the verb.

Orphaned animals can't survive **easily** without their mothers. They need to help poisoned animals **quickly**.

Some adverbs are irregular.

good – well
hard – hard

Adjective	Adverb of Manner
bad	
careful	
hard	
permanent	
quick	
rapid	

C Complete the sentences with the adverb forms of the adjectives in the box.

bad careful
good happy
hard quiet
slow

- The vet checks the animals _____ before they enter the center.
- The baby cheetah is eating _____ now and it plays _____ with the other cheetah.
- The visitors watched the baby rhino _____. They didn't want to frighten him.
- The staff at the center works _____ to help the animals.
- The lion was walking _____ because its leg was _____ injured.

Grammar

Review of Quantifiers

With count nouns			With non-count nouns		
a few	a lot of	animals	a little	a lot of	food
many	some		some	too little	
too few	too many		too much		

D Write **C** for *count nouns* or **NC** for *non-count nouns*.

Wildlife rescue centers save (1) _____ animals that are in danger. Often, the animals are sick or hurt, so they need medicine. And of course, they all need (2) _____ food and (3) _____ water. The staff works hard to take care of them. The (4) _____ centers help the animals recover so they can go back to their natural (5) _____ habitat.

E Circle the correct quantifier in each sentence.

1. There are *too few* / *too little* visitors to the center. They want more people to come.
2. The center spends *many* / *a lot of* money taking care of the animals.
3. They took *a few* / *a little* lions back to the wild yesterday.
4. Hunters kill *too many* / *too much* leopards.

F MY WORLD What animals do rescue centers near you help? Discuss in pairs.

Conversation

G  41 Listen to the conversation with your book closed. Why was the deer at the rescue center?

Dan: I didn't know you worked at the wildlife rescue center.

Carmen: I'm really interested in conservation, so I started helping there last year. It's hard work, but I see some amazing animals. The vet brought in a beautiful deer this morning. It was badly injured.

Dan: Oh no, what happened to it?

Carmen: A car hit it on the highway last night.

Dan: So, what did you do?

Carmen: Well, the vet checked the deer carefully, and she found it has a broken leg.

Dan: If she recovers quickly, will she go back to the wild?

Carmen: We hope so.

SPEAKING STRATEGY

Look at the questions Dan asks. We use questions to keep a conversation going.



GOAL CHECK Describe a Situation

Describe one of the situations in the box to a partner. Use adverbs of manner and quantifiers.

wild animal hunting poaching circus animals
destruction of animals' habitats

GOAL Discuss Conservation Projects

Reading

- A** Look at the photo. What do you think the article will tell you? Write your ideas.

- B** What do you think *overfishing* means? Discuss in pairs.

- C** Read the article and circle the main idea.

Change is possible.	Straws can kill turtles.
Trash is the ocean's main problem.	We need to protect the oceans.

- D** Read the article again. Answer the questions.

1. What was happening in Madagascar?
2. How have they solved the problem?
3. What do you think Samson means when he says, "We are all in this together"?
4. Why are straws a problem for the environment?
5. What has happened as a result of the Sea Turtle Conservancy's project in Florida?



GOAL CHECK

1. What can you do to make a difference for the environment? Write a list of specific actions and habits you could change.
2. Share your list in pairs. Do you have any ideas that are the same? What different ideas do you have?
3. Discuss a conservation project.
 - a. Write a list of local or national conservation projects that you know about.
 - b. Share your list in pairs. Discuss the different projects.
 - c. Join another pair. Choose one of the projects to research and find out more about it.
 - d. With your group, present the project you researched to the class.

Making a Difference

Human actions are affecting the environment, and if we don't try to change things, we will lose more and more of the natural world. Even though it is hard, we can make a difference. Each small change is important, and luckily more individuals and **organizations** around the world are becoming involved in conservation projects.

In Madagascar, a fisherman named Samson has become a voice for the ocean and is helping his **community** take better care of its local waters. He and the other fishermen realized that they were catching fewer and fewer fish every day. They were overfishing. Working with the World Wide Fund for Nature (WWF), Samson learned that they had to fish more carefully. He realized that they shouldn't catch so many young fish because if there

are too few of them in the ocean, there won't be enough adult fish to reproduce. Samson now works with his community to help fishermen change their techniques so that fishing can be sustainable. He believes that protecting the ocean is everybody's job. As he says, "Take your responsibilities with courage and never think that you are alone. We are all in this together."

On the other side of the world, in Florida, in the US, the Sea Turtle Conservancy (STC) organization noticed that there were always a lot of single-use plastic items, like coffee stirrers, bottles, and drinking straws, on the beaches. All of these items can hurt the ocean wildlife terribly. Straws are especially dangerous for turtles because they can get **stuck** in turtles' noses and hurt them very badly. So, the STC started the project "Where are the straws?" asking local restaurants to stop giving customers straws with their drinks. Now, many restaurants will only give straws if customers ask for them, and the straws

they do give out are paper, not plastic. If everyone uses plastic straws (or other single-use plastic items), there will be less plastic pollution in the ocean. Using plastic straws is just one way everyone can **contribute to** protecting ocean wildlife.


Those are just two of the many conservation efforts found all over the world today. Mexico, for example, has successful projects for sea turtle protection similar to that of Florida, and Costa Rica has its own very effective ocean conservation initiatives. These projects all show us that change is possible and that it can start with small actions in our own community. We are part of the problem. It's time to be part of the solution.

organization a group of people who work together

community a group of people who live in the same area

stuck if something is stuck, it can't move

contribute to to help or give support to something



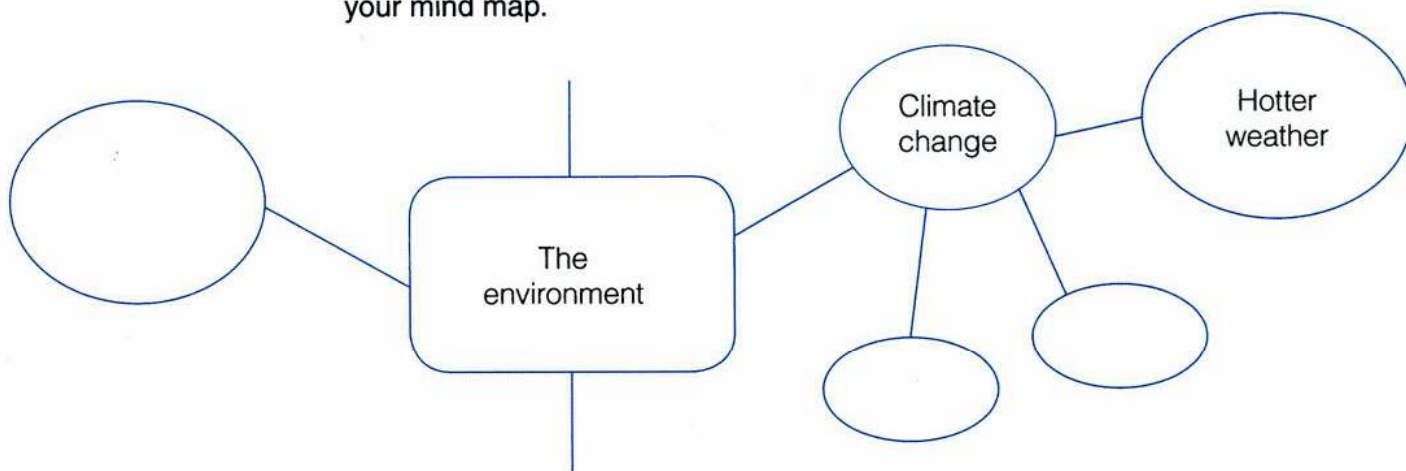
An endangered green sea turtle entangled in a fishing net swimming underwater

E

GOAL Explain a Conservation Issue

Communication

- A** Draw a mind map in your notebook. In the center, write *the environment*. Brainstorm problems related to the environment in your country. Write your mind map.



- B** Share your mind map in pairs. Explain the problems you wrote.

Chonin, a silverback mountain gorilla, in Parc des Volcans, Rwanda.

- C** In pairs, identify the causes and consequences of each problem and add them to your mind map. Then, join another pair and discuss possible solutions for the problems. What can local people do? What actions will help solve the problem or improve the situation?

If people use their cars less, climate change will be slower.

Yes, that's true. We can make a carpool plan at work so fewer people drive to work every day.

Writing

- D** Complete the sentences about a problem in nature in your country.

1. If we believe in conservation, we will _____.
2. If _____, many animals will be saved.
3. If people want to make positive changes, they will _____.

- E** Write *but*, *so*, and *even though* in the correct places in the paragraph.

By the 1990s, many species of animals were endangered in Namibia because of poaching. The situation was serious, (1) _____ conservationists needed to find a way to protect the animals. They found one, (2) _____ it wasn't what you would expect: they asked poachers for help. (3) _____ this seemed crazy, I think it was a great idea. If we want to protect endangered species, we need to consider every solution.

WRITING STRATEGY

Conjunctions are used to connect ideas within sentences.

- F** In your notebook, write a paragraph explaining an environmental issue in your country. Use the paragraph in **E** to help you. Explain the causes and consequences of the problem and give some possible solutions.

- G** In pairs, exchange paragraphs. How can your partner improve his or her paragraph? Use your partner's comments to make corrections to your paragraph.



GOAL CHECK Explain a conservation issue

In small groups, share your paragraphs from **G**. Choose one of the issues to explain to the class.

VIDEO JOURNAL

TED TALKS

LIFE LESSONS FROM BIG CATS

BEFORE YOU WATCH

- A** In pairs, look at the picture and answer the questions.
1. What kind of animal is in the photo?
 2. Where do these animals live?
 3. What else do you know about these animals and their habitat?
- B** Look at the words in the box. Complete the paragraph with the correct words. Not all words will be used.

collectively shared or done by a group of people
condone to allow (something that may be considered wrong) to continue
crash to go down very suddenly and quickly
disrupt to cause (something) to be unable to continue in the normal way
pride a group of lions
revenue stream a flow of money that is made by or paid to a business or an organization

Africa's big cats are endangered, and we are all (1) _____ responsible. Soon, the (2) _____ of lions may disappear. Because we (3) _____ hunting and other activities that put them at risk, their numbers have (4) _____ in the last 50 years. And it's not only the big cats that are in danger—ecotourism brings in a large (5) _____ to Africa. If the cats disappear, so will the money and jobs.

WHILE YOU WATCH

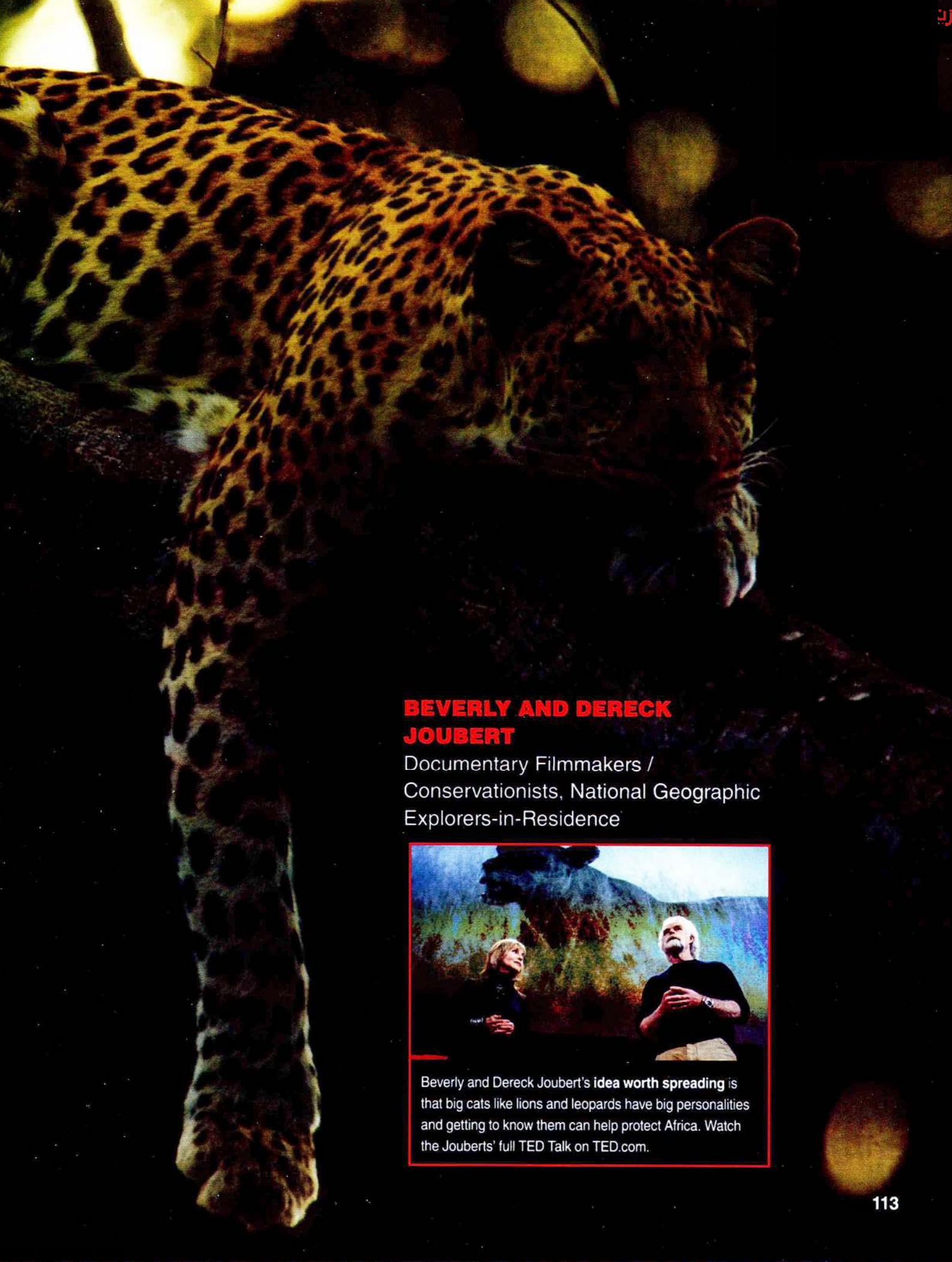
- C** Watch the TED Talk. Circle the right answer.
1. It's necessary to study big cat years.
 2. If the big cats disappear, many other species may disappear.
 3. Beverly and Dereck Joubert believe that big cats are beautiful.

AFTER YOU WATCH

- D** Match the phrases to the information from the video.
- | | |
|---|-----------------|
| 1. number of lions alive now _____ | a. \$80 billion |
| 2. number of leopards left in the wild _____ | b. 5 |
| 3. years the Jouberts have been filming big cats _____ | c. 20,000 |
| 4. amount of ecotourism revenue stream _____ | d. 50,000 |
| 5. number of years the Jouberts followed Legadema _____ | e. 28 |
- E** Complete the summary with the words in the box.

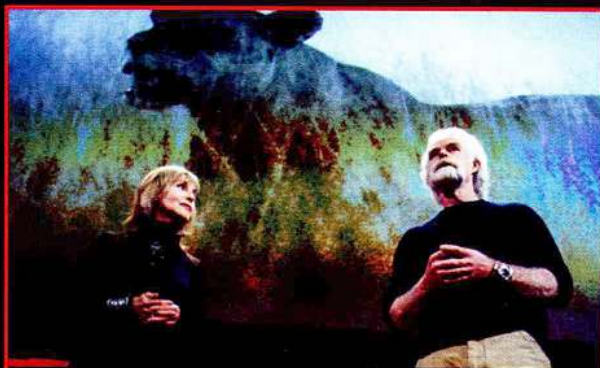
extinction passionate photographing
respect survive

Beverly and Dereck Joubert are (1) _____ about protecting the African wilderness. They have spent many years studying and (2) _____ big cats. In the last 50 years, these cats have been pushed to the edge of (3) _____ by hunters. The Jouberts believe that if the big cats are viewed with (4) _____, they can survive. And if the big cats (5) _____, they can help us maintain our connection to nature and to other human beings.



**BEVERLY AND DERECK
JOUBERT**

Documentary Filmmakers /
Conservationists, National Geographic
Explorers-in-Residence



Beverly and Dereck Joubert's **idea worth spreading** is that big cats like lions and leopards have big personalities and getting to know them can help protect Africa. Watch the Jouberts' full TED Talk on TED.com.

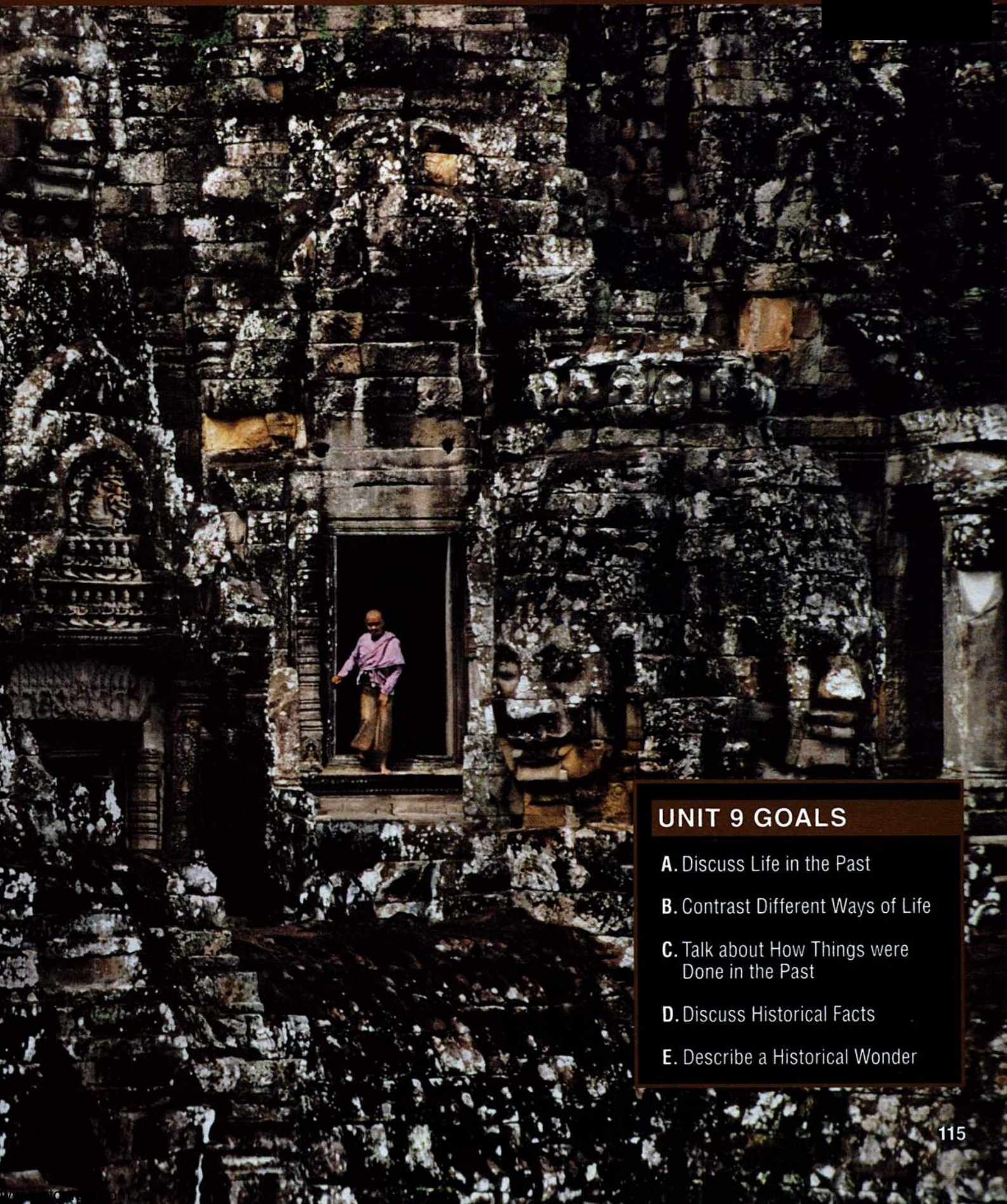
Life Now and in the Past

A visitor at the
12th-century Bayon
Temple in Angkor,
Cambodia

Look at the photo and
answer the questions:

1 What do you see
in the photo?

2 What ancient places
exist where you live?



UNIT 9 GOALS

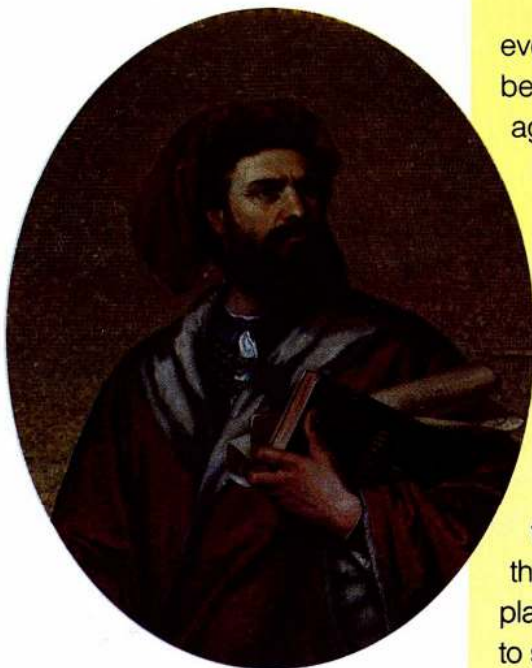
- A. Discuss Life in the Past
- B. Contrast Different Ways of Life
- C. Talk about How Things were Done in the Past
- D. Discuss Historical Facts
- E. Describe a Historical Wonder

Vocabulary

A Look at the picture. Answer the questions in pairs.

1. What do you know about Marco Polo?
2. Where did he travel? How do you think he traveled?

B Read the text.



Marco Polo
Mosaic from
Palazzo Tursi in
Genoa, Italy

Today, many people travel from one country to another easily, and even from one continent to another, but long-distance travel used to be very **challenging**. But even though it was difficult hundreds of years ago, there were always people who wanted to discover new places. Explorers used to travel by land and sea on trips that often took many years, and the result was an **exchange** of knowledge and culture that changed the world.

Marco Polo (1254–1324) was one of these great explorers. We do not know exactly when or where Polo was born, but he lived in Venice and Genoa, in what is now Italy. In 1271, when he was about 17, he **set off** on a trip with his father and uncle. They left Italy and traveled east—far **beyond** the borders of Europe, into Asia.

Marco's father was a merchant searching for **opportunities** for **trade** with China. They traveled first by ship, then by horse and camel, through many countries. Everything was very different: they saw amazing places and learned new things. In China, for example, they were surprised to see paper money, eyeglasses, the compass, and **silk** making.

Marco Polo returned to Italy 24 years later with lots of experiences to share. But he only became famous after his book, *The Description of the World*, was **published**. The book inspired other world travelers centuries later.

C Write each word in **blue** next to the correct definition or synonym.

- | | |
|-------------------------------|----------------------------|
| 1. _____ start a journey | 5. _____ printed and sold |
| 2. _____ giving and receiving | 6. _____ further than |
| 3. _____ difficult | 7. _____ a very soft cloth |
| 4. _____ buying and selling | 8. _____ chances |

D Complete the sentences with the correct form of a **blue** word.

1. Traveling is an _____ to get to know other people and cultures.
2. We use _____ to make beautiful dresses and shirts.
3. Marco Polo _____ for China in 1271.
4. Living in a foreign country can be very _____ at first.
5. Today, there is a lot of _____ between China and Europe.

Grammar


Used to

We use <i>used to</i> + base form of a verb to contrast the past with the present.	Long-distance travel used to be challenging; now it isn't. Trade between countries used to take more time.
In questions and negative statements, use <i>did / didn't + use to</i> .	Did explorers use to travel by horse a lot? How did people use to travel? People didn't use to pay for things with paper money.

E Write questions using the words provided and the correct form of *used to*.

Ask a partner your questions.

- people / travel How did people use to travel?
- trade / take longer _____
- clothes / people / wear _____
- merchants / trade _____

F  43 Complete the conversation. Then, listen and check your answers.

didn't travel use used used to

Sue: Why did people (1) _____ to travel by horse?

Aki: Well, there (2) _____ use to be other transportation.

Sue: OK, but did everyone use to (3) _____ that way?

Aki: No, in some parts of the world they (4) _____ use camels, not horses. Why are you so interested in how people (5) _____ to travel?

Sue: I'm writing about transportation in the past for my history class.

G MY WORLD Make a list of things that were different 100 years ago where you live.



GOAL CHECK Discuss Life in the Past

- Complete the chart.

	Before	Now
transportation	<i>horses pulled vehicles</i>	<i>motor vehicles</i>
communication		
trade		
home life		
education		

People used to travel by sea more. Now we fly to different countries.

That's right. Travel used to take longer.

- In pairs, describe what people used to do in the past. Use the topics in the chart and your own ideas.

B GOAL Contrast Different Ways of Life

Listening


A Look at the photo. Would you like to live there? Discuss in pairs.

B How do you think people used to live in this part of the world 1,000 years ago? Check (✓) the things you think people did.

- | | |
|--|--|
| 1. ____ ate fish from the Arctic Ocean | 4. ____ lived in houses made of wood |
| 2. ____ lived on small farms | |
| 3. ____ followed groups of animals, such as reindeer | 5. ____ had their own language and customs |

C  44 Listen to a talk about the Sami people and choose the main idea.

- a. The Sami people depend on animals, especially reindeer, to make a living.
- b. Life is changing for the Sami people, but some of them still live in traditional ways.
- c. Many young Sami people want to attend a university and choose a career.

D  44 Listen again and circle **T** for *true* or **F** for *false*. Correct the false sentences to make them true.

- | | | |
|--|----------|----------|
| 1. Traditionally, the Sami people stayed and lived in one place. | T | F |
| 2. Reindeer were used by the Sami people for food and clothing. | T | F |
| 3. Most Sami people still live in the traditional way. | T | F |
| 4. Some Sami people now raise reindeer on farms. | T | F |
| 5. New laws affect the way Sami people may use land. | T | F |

E Do you think it's important to maintain traditions from the past? Or do you think people should focus on the future? Discuss your ideas in pairs.

WORD FOCUS

Some animal words don't have plural forms:

bison	deer
reindeer	sheep


Sami reindeer herder in the forest in Lapland, Sweden



Pronunciation

Reduction of *used to*

When we speak quickly, *used to* is sometimes pronounced /'jus-tə/.

F  45 You will hear each sentence twice. Listen to the full form and the reduced form of *used to*. Listen again and repeat the sentences.

1. The Sami people used to follow their herds of reindeer.
2. They used to sleep in tents.
3. They used to make the tents from reindeer skins.
4. Did the Sami use to raise sheep?
5. No, they didn't use to raise sheep, only reindeer.

G Complete the sentences with your own information. Then, share your ideas in pairs. Use the reduced form /'jus-tə/.

1. When I was younger, I used to _____.
2. As a child, I used to want money for _____.
3. In my country, people used to _____.
4. Before I was born, my grandparents used to _____.
5. As children, my parents used to _____.

Communication

H MY WORLD How has your culture changed? Write notes to answer the questions below.

1. Fifty years ago in your culture:
 - How old were men and women when they got married?
 - How many children did they use to have?
 - Where did people use to live?
 - What kind of jobs did people use to do?
2. How have these things changed?

WORD FOCUS

Culture refers to the way of life, including the general customs and traditions, of a particular group of people.



GOAL CHECK Contrast Different Ways of Life

education food housing language location traditions transportation

1. How is your way of life different from other cultures you know about?
2. In small groups, discuss your answers. Use the ideas in the box and your own ideas.

GOAL Talk about How Things Were Done in the Past

Language Expansion: Separable Phrasal Verbs

bring back
bring up
figure out
help out
put on
turn on

- A** Complete the paragraph with the separable phrasal verb closest in the verb in parentheses.

Hi, my name is Susie, and I live in the Nunavut Territory in Canada. Life in Nunavut hasn't changed as much as it has in other places. It's true that nowadays we can (1) _____ (start) the furnace when it gets cold instead of building a fire, but we haven't given up our traditional culture. We still (2) _____ (raise) our children in the land our people have lived on for thousands of years. We teach them to (3) _____ (wear) our traditional clothing to stay warm in the winter. When they're old enough, we teach them to (4) _____ (discover, solve) solutions to everyday problems. We teach them to (5) _____ (return) anything they borrow. And most importantly, we teach them to always (6) _____ (aid) their family and their community. Those things will never change.

- B** Answer the questions. Use pronouns and the separable phrasal verbs in B.

- What do you do with children? _____
- What do you do with shoes? _____
- How do you assist your friends? _____
- How do you understand something? _____
- What do you do with a borrowed book? _____
- What do you do to the heat when it's cold? _____

Inuit man fishing through hole in ice near Arviat, in Hudson Bay, Canada

Grammar

Passive Voice in the Past

Use the active voice in the past to focus on the subject of a sentence.

Parents **raised** their children differently in the past.

Use the passive voice in the past to focus on the object or receiver of a past action.

Children **were raised** differently in the past (by their parents).

Form the past passive with *was* or *were* + the past participle of a verb.

My father **was taught** to always help other people.

C Match the sentence parts. In your notebook, write complete sentences with the past passive form of a verb from the box.

- | | |
|------------------------|-----------------------------|
| 1. Paper money ____ | a. from reindeer skin. |
| 2. Explorers ____ | b. in China. |
| 3. The Sami tents ____ | c. by the Sami people. |
| 4. Fires ____ | d. when it was cold. |
| 5. Reindeer ____ | e. by Marco Polo's stories. |

b
herd
inspire
invent
make

Conversation

D 46 Listen to the conversation with your book closed. Why is Luisa interested in mail delivery in the past?

Luisa: Hi, Carl. Can I ask you a question?

Carl: Sure. Go ahead.

Luisa: What do you know about how mail used to be delivered?

Carl: Do you mean letters and packages? Well, I guess they were taken on horseback to places in the same country, and by ship to other countries.

Luisa: Right, so it used to take a really long time.

Carl: Oh yes! When the telegram was invented in the 1800s, people were finally able to send messages quickly.

Luisa: Then, in the 20th century, when the internet was developed, everything changed in communication!

Carl: Definitely! But why are you asking me about mail delivery?

Luisa: I'm giving a presentation in my history class on how communication has changed over the years. I was just practicing for it!

Carl: Well I hope I helped! Good luck!

Luisa: Thanks, Carl!

SPEAKING STRATEGY

Notice Carl's question: *Do you mean letters and packages?* This is a clarification question. We ask clarification questions to make sure we have understood something correctly.



GOAL CHECK Talk about How Things Were Done in the Past

1. Look at the timeline. How has public education changed? Discuss in pairs. Use *used to*.

Public education

300 years ago:

Girls weren't allowed to learn to read.

Many students left school at age 12.

50 years ago:

Girls were allowed to go to school.

Boys and girls were taught mostly different things.

Now:

Girls and boys learn the same things.

Students study until age 18.

2. How were the topics in the box done before public services were developed, and how are they done now? Choose one and draw a timeline.

garbage collection health care public transportation water

D **GOAL** Discuss Historical Facts

Reading

A Have you heard of the Silk Road? Tell your partner anything you know about it or what you think it is.

B Scan the article and find these numbers. What do they refer to?

1453 _____

4,000 _____

13 _____

14 _____

C Read the article. Circle **T** for *true* or **F** for *false*.

1. Marco Polo named the Silk Routes. **T F**

2. The routes were only dangerous in the 13th century. **T F**

3. Silk was the most famous item that came from China. **T F**

4. Diseases traveled along the Silk Routes. **T F**

5. Samarkand is the only World Heritage site along the Silk Routes. **T F**

D Answer the questions.

1. Why were the routes dangerous for merchants?

2. Why is Marco Polo important?

3. Which goods influenced western culture the most?

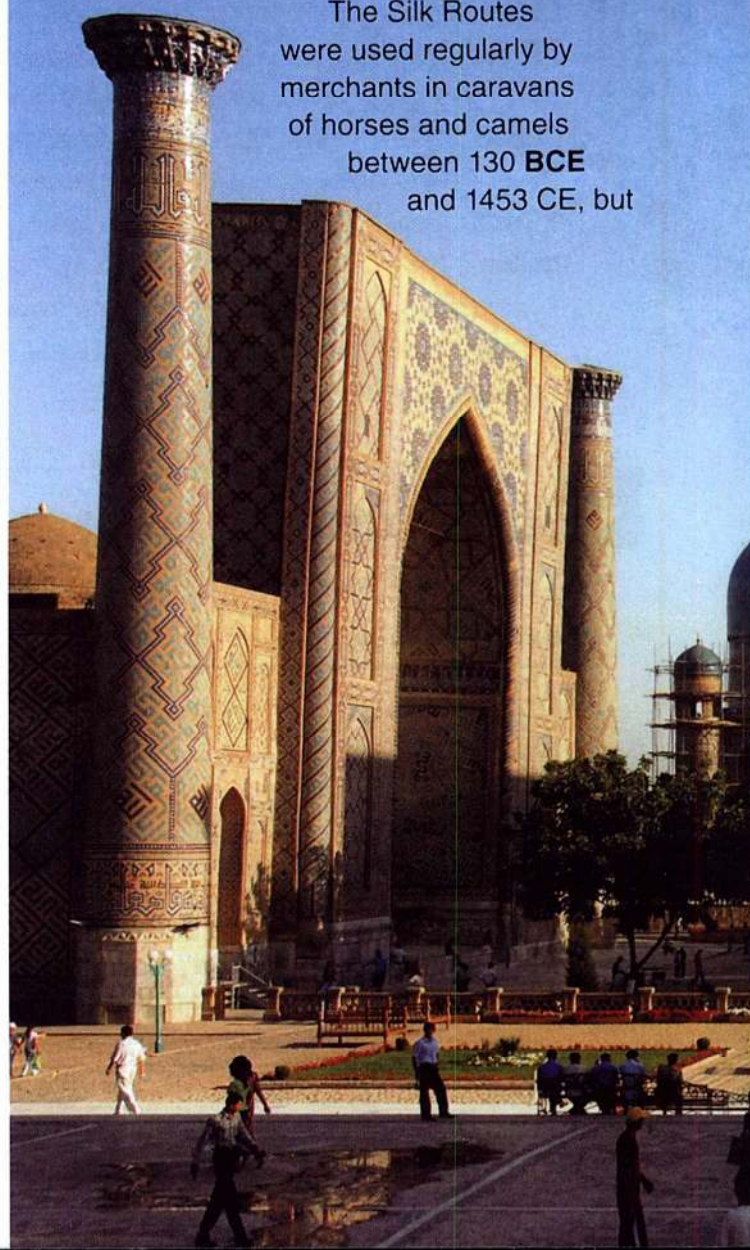
4. How were cultural elements such as art and scientific knowledge exchanged?

5. Why do tourists visit the Silk Routes today?

The Silk Routes

Most of us have heard of the Silk Road, and we probably imagine one long road that made its way from Europe to China, providing opportunities for trade between the West and the East centuries ago. However, it was actually a **network** of roads, or routes. Marco Polo described these routes in the book that was published about his travels, but he didn't give them the name we use today; a 19th-century German traveler, Ferdinand von Richthofen, began using the terms *Seidenstrasse* (silk route) and *Seidenstrassen* (silk routes).

The Silk Routes were used regularly by merchants in caravans of horses and camels between 130 **BCE** and 1453 CE, but



✓ **GOAL CHECK**

1. In pairs, discuss how the Silk Routes have influenced modern life.
2. Think of an event or development in your country from the past. Write notes about it. In small groups, share your information.

traveling along them was challenging. The routes ran 6,400 kilometers (4,000 miles) from China all the way to western Europe and passed through many different countries and types of geography, including mountains and deserts. There was also the **risk** of meeting robbers on the way. But even though there were dangers, many **goods** were transported in both directions.

The routes were safest during the 13th century, when Genghis Khan's Mongol Empire controlled them. Genghis Khan was a strong Mongolian soldier and leader. He created a unified Mongolia and a huge empire all the way across Asia. Thanks to Khan, the Silk Routes became safer. Years later, under the rule of Khan's grandson, Kublai Khan, Marco Polo was able to make his famous journey.

From Polo's writings, we know of some of the goods merchants traded from country to country. Chinese silk is obviously the most well known and gives the road its name, but there were many more. From East to West, trade included tea, spices, rice, paper, and gunpowder, among others. From West to East, some examples are horses, honey, the grapevine, glass, and animal furs.

The exchange of goods was of course very important, and the arrival in the West of paper, gunpowder, and spices, in particular, had a huge influence on life there. But beyond goods, the Silk Routes were also responsible for the exchange and sharing of forms of culture between all of the civilizations along the routes. Art, religion, philosophy, and language, as well as knowledge of science, architecture, and technology, were

exchanged as travelers and merchants made trips through the different countries. It wasn't all positive, however. It's possible, for example, that the Black Death **plague** of the 14th century was carried from Asia to the west along the Silk Routes.

Nowadays, goods are transported around the world by planes, trains, and ships, but the Silk Road has not been lost. Along the routes, there are many *UNESCO World Heritage sites, such as the beautiful town of Samarkand, Uzbekistan, which is described as a crossroads of cultures. Today, travelers from around the world take tours to different places along the routes to visit these sites and to experience the different cultures along the Silk Road.

*United Nations Educational, Scientific and Cultural Organization

network a group formed from parts that are connected together

BCE Before Common Era; used when referring to a year before the birth of Jesus Christ

risk the possibility of something bad happening

goods items for sale (note: always plural)

plague a serious disease that kills many people



Registan Square and its three madrasahs in Samarkand, Uzbekistan

E GOAL Describe a Historical Wonder

Communication

A What is a historical wonder? What historical wonders of the world do you know? Write a list.

B Which words describe your reaction to historical wonders? Discuss in pairs. Explain your choices and add another word of your own.

amazed inspired interested proud shocked your idea _____

C What amazing things did people create in the past? Think of a historical wonder in your country. Write notes about it. What is it like? When was it built? Why? How does it make you feel when you see it?

D Tell a partner about your wonder.

There is a beautiful, old temple in my town. It was built in...

What is special about it?

Writing

E Read the information about the New 7 Wonders of the World.

What does it mean to be a wonder of the world? Both the Seven Wonders of the Ancient World and the New 7 Wonders are examples of humankind's greatest achievements. They are historical sites that show the incredible things we are capable of creating. Of the original Seven Wonders, only the Great Pyramid in Giza, Egypt, still exists, so Swiss-Canadian filmmaker and adventurer, Bernard Weber, started the New 7 Wonders of the World project. He wanted the achievements of the last 2,000 years to be recognized now and remembered in the future. And he wanted the people of the world to decide these new wonders, so he used the internet and telephones for voting. The project began in the year 2000 and the results were announced in 2007. The new wonders include the Great Wall of China, the Colosseum in Rome, and the Taj Mahal in India.

F Complete the description with adjectives from the box.

amazed amazing ancient famous huge interested stronger

The Great Wall of China was voted one of the New 7 Wonders of the World, and it is also a UNESCO World Heritage Site. It is really (1) _____—some parts were built in the 3rd century BCE—and it is (2) _____—it is more than 20,000 kilometers (12,430 miles) long. Architecturally, it is an (3) _____ construction. The Chinese built the wall over the centuries to protect their country. At the beginning of the 13th century, China was attacked by Genghis Khan's army, because Khan wanted China to be part of the Mongol Empire. His grandson, Kublai Khan, finally achieved this in 1276. Because of historic events

like this, China continued to make the wall (4) _____ and better up to the 17th century. It is now one of the world's most (5) _____ landmarks. I was very (6) _____ to read about the Wall's history and I was (7) _____ when I saw it.

G Use the internet to research one of the New 7 Wonders historical sites. Write notes.

H In your notebook, write a description of the site. Use your own words, including adjectives, to describe your reaction to the site. Use the paragraph in F to help you.

WRITING STRATEGY

Using descriptive adjectives makes your writing more interesting.



GOAL CHECK Describe a Historical Wonder

1. Share your description with a partner. Talk about the information that is interesting or surprising to you.
2. How can your partner improve the description? Use your partner's comments to make corrections and improvements.
3. In small groups, share your descriptions of the New 7 Wonders of the World.

The Colosseum, also known as the Flavian Amphitheater, in Rome, Italy

VIDEO JOURNAL

SEARCHING FOR GENGHIS KHAN

A Discuss the questions with a partner.

1. Who was Genghis Khan?
2. Where was he from, and why is he famous?
3. Where do people think Genghis Khan is buried?
4. How is Albert Lin going to find his tomb?

2. Genghis Khan was buried in a part of Mongolia that is called the _____ Zone, where very few outsiders visit.
3. Because many Mongolians believe Khan's tomb is _____, or holy, Lin and his team can't dig there.
4. Instead, they are using _____, which detect heat, light, sound, and motion.

B Complete the sentences with the words in the box.

cutting-edge Forbidden sacred sensors

1. Albert Lin is using the most advanced, or _____, technology to find Genghis Khan's tomb.



C Match the words to their definitions.

- | | |
|------------------|--|
| 1. nomadic _____ | a. a person who fights and is known for having courage and skill |
| 2. tribe _____ | b. moving from place to place |
| 3. warrior _____ | c. people with the same language, customs, and beliefs |

D Watch the video and check your answers in **A**, **B**, and **C**. Then, circle **T** for *true* or **F** for *false*.

- | | |
|--|-------------------|
| 1. Albert Lin and his team are working only from the United States to find Genghis's tomb. | T F |
| 2. Lin always planned to be an explorer. | T F |
| 3. Lin wants to dig up Genghis's tomb and remove the treasure inside. | T F |
| 4. Many non-scientists are helping with the research by examining satellite images. | T F |

E Watch the video again. Complete.

1. Genghis Khan was a warrior in the _____ century.
2. He unified _____ and _____ an empire that stretched across a continent.
3. Lin is a researcher, an _____, and a National Geographic _____.
4. His career is _____.
5. Lin's personal connection to Mongolia is _____.
6. _____ of people looked at _____ images to help Lin find Genghis Khan's tomb.

F MY WORLD Lin calls the people around the world who helped him "citizen scientists." Would you like to be a "citizen scientist"? Why? Tell a partner.

G Make predictions, in pairs, about how new technology can be used in exploration and research. Think about exploration on land, under the sea, and in space.

Albert Lin riding a horse in Mongolia.

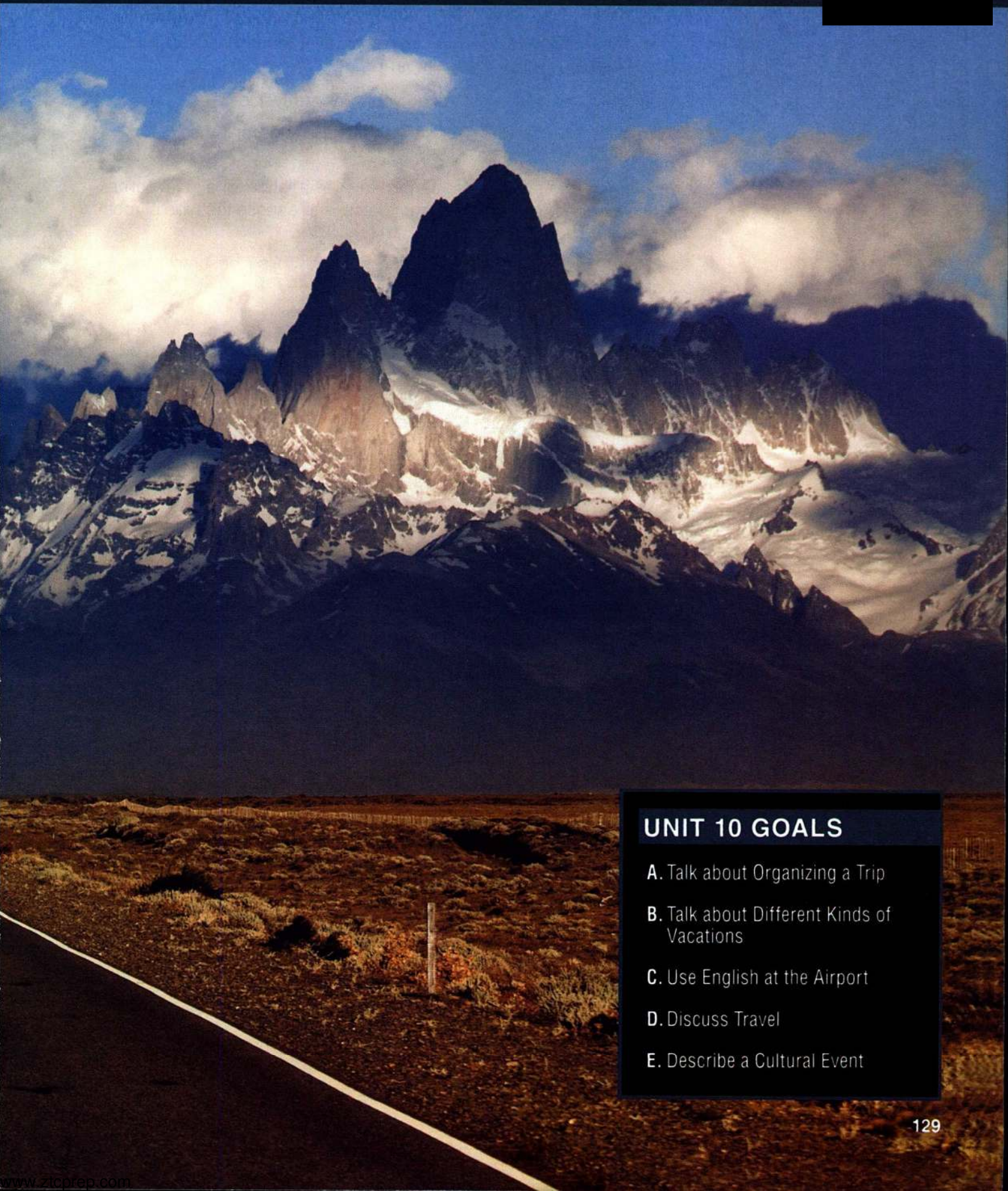
A photograph of a paved road leading towards snow-capped mountains under a cloudy sky. The road is dark asphalt with a white dashed line down the center and a solid white line on the left. The landscape is a dry, brownish field with sparse vegetation. In the background, there are large, rugged mountains with significant snow cover and sharp peaks. The sky is blue with scattered white clouds.

Road to El Chaltén, Los Glaciares
National Park, Santa Cruz, Argentina

Look at the photo and
answer the questions:

1 What do you see
in this picture?

2 How would you get
to the national park?



UNIT 10 GOALS

- A. Talk about Organizing a Trip
- B. Talk about Different Kinds of Vacations
- C. Use English at the Airport
- D. Discuss Travel
- E. Describe a Cultural Event

A GOAL Talk about Organizing a Trip

Vocabulary

The internet has made organizing a trip a lot easier; you don't need to go to a travel agent anymore. You can do it all yourself with **online booking**! So, find a travel website and follow these steps:

1. Choose your **destination**. Where do you want to travel to?
2. **Book a flight**. Choose your **departure** and return dates, and then click **search**! If you like the price, click **pay**!
3. Need somewhere to stay? You can **make a reservation** for a hotel online, too. Set your check-in and **check-out** dates, and choose the type of room you need.
4. Need travel documents? You can even **apply for a visa** for some countries online.

A Read the text. Then complete the sentences with a **blue** word or phrase.

1. When you _____, you look for something.
2. You _____ to get permission to enter a country.
3. The date you start your trip is your _____ date.
4. _____ is when you leave the hotel you are staying at.
5. The place you travel to is your _____.
6. With _____, you can buy plane tickets and find a place to stay on the internet.
7. When you buy a plane ticket, you _____.
8. When you _____, you don't pay for the service yet.

B Complete each collocation with a blue word from the text above.

1. _____ a hotel
2. _____ for a passport
3. _____ time
4. _____ a tour
5. _____ for

Grammar

Expressing Necessity

Use **must** + verb to say that something is an obligation or a rule.

Travelers **must apply** for a passport at least six weeks in advance.

Use **have to** or **need to** + verb to say that something is necessary.

We **have to book** our flights soon.
She **needs to make** a hotel reservation.

Use **don't have to** or **don't need to** + verb to say that something is not necessary.

She **doesn't have to get** a visa for Canada.
We **don't need to make** a reservation.

C Complete the sentences with *must*, *have to*, *need to*, *don't have to*, or *don't need to*.

- Airline rules say that passengers _____ be at the gate 15 minutes before departure.
- We _____ book the tour. It's not a busy time.
- Passengers _____ be seated during takeoff and landing.
- If we don't want to pay extra, we _____ leave the hotel before the check-out time.
- I _____ pack my bag tonight. I leave tomorrow.
- You _____ make reservations for the train. You can buy the ticket the day you travel.

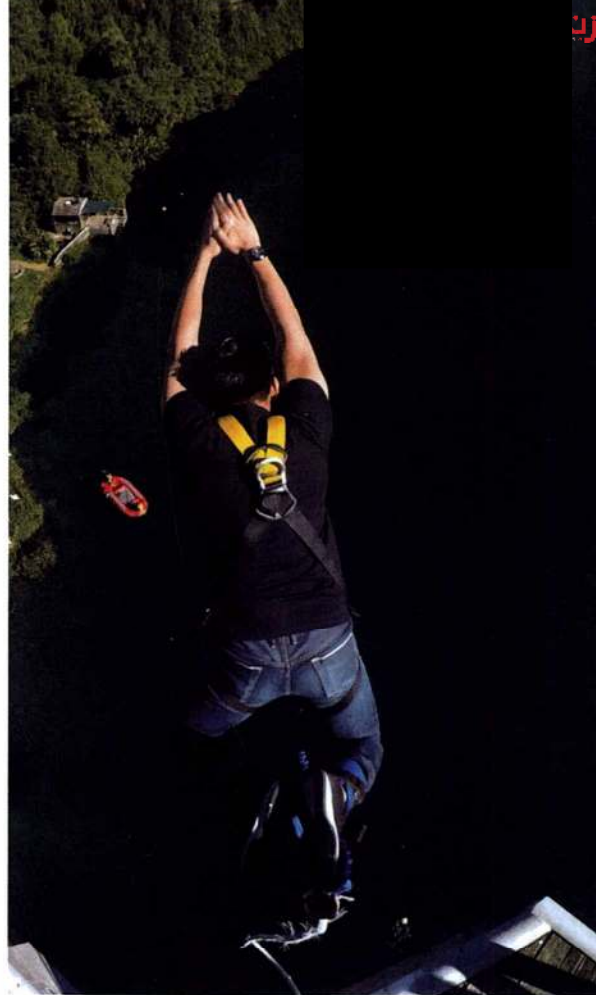
D 48 Complete the conversation. Then, listen to check your answers.

Ed: So, Peter, are you and Maya ready for our trip?

Peter: We will be! But first Maya (1) _____ get a new passport, and I (2) _____ apply for the visa.

Ed: You need to get started! You (3) _____ go to the embassy for the visa. You can get it online. I booked our hotel online, too. It's so much easier!

Peter: OK, thanks for the tip!



REAL LANGUAGE

A **tip** is useful information that makes doing something easier.



GOAL CHECK Talk about Organizing a Trip

Look at the destinations in the box. Add one of your own. Then choose a destination, and complete the chart in your notebook. Finally, talk to a partner about preparing for your trip.

Canada Italy New Zealand Peru Thailand _____

Where are you going?	Do you have a passport?	Do you need a visa? (embassy or online)	Tickets (plane, train, bus)	Hotel reservation	Tour	Other

Are you ready for your trip?

Well, I booked my flight to ... but I still have to ...

How about you? Where are you going on vacation?

Listening

A Look at the picture. How does it make you feel?

B Read the information. What kinds of vacations do you like? Tell a partner.

1. Adventure vacation

Try exciting sports, like hiking, rafting, or scuba diving. Have amazing experiences to tell your friends about.

2. Relaxing vacation

Go to a beautiful place to rest and relax. Sleep late, read, listen to music, and enjoy the scenery.

3. Learning vacation


Learn to do something new, like art or music, or take a class in a subject that interests you.

C  49 Listen to three people talking about their vacations. Which country is each person going to?

Carla: _____

Marcus: _____

Julie: _____

D  49 Listen again and complete the chart.

	What kind of vacation are they going to have?	What activities are they going to do?
Carla		
Marcus		
Julie		

A longtail boat near the Phi Phi Islands, Thailand

E MY WORLD Tell a partner about a recent vacation or a vacation you want to go on.

PRONUNCIATION: Reduction of *have to* and *has to*

When we speak quickly, *have to* and *has to* are pronounced /hæ-ftə/ and /hæ-stə/.

F  50 Listen to the sentences. Then practice saying them in pairs.

1. I have to apply for a passport.
2. We have to book our flights.
3. Rosa has to pack her suitcase.
4. They have to check in at six o'clock.
5. Juan has to check his hotel reservation.
6. Do you have to book the tour in advance?

Communication

Mexican Traditional Cooking: Learn to cook delicious, traditional dishes in Oaxaca, Mexico. You will prepare the classic *mole*, with its 34 ingredients, including chocolate and six different types of chili!

Costa Rican Kayaking: Have an adventure in Costa Rica. You will go kayaking, hiking, and rafting in the incredible rainforest. Look out for the amazing wildlife, too!

Beach in Thailand: Stay in a relaxing beach house on Railay Beach, Thailand! Swim, swing in a hammock, or just do nothing. You don't even have to cook—a chef will prepare all of your meals!

G In pairs, talk about the three trips and choose which one you will take together.

H What do you have to do before this trip? Think of five things.

I What will you take with you? List 10 things.

If we go to Thailand, we'll see beautiful beaches!!

I'll take sunscreen.



GOAL CHECK

Talk about Different Kinds of Vacations

Join another pair and talk about your vacation plans. Explain why you chose your vacation and why you did not choose the other destinations. Say what you have to do to prepare for it.

We didn't choose the beach house because...

We really like... so we chose...

Language Expansion: At the Airport

airline agent
baggage claim
boarding pass
carry-on bag
(online) check-in
gate
security check
terminal

A Write the words from the box next to their meanings.

1. _____ registering for your flight at the airport or electronically
2. _____ the person who helps you register for your flight and takes your large bags
3. _____ where travelers arrive and leave from at an airport
4. _____ This has your flight details and seat number. You need it to get on the plane.
5. _____ where you pick up your suitcase after your flight
6. _____ where your bags are checked by security officers
7. _____ the door where you get on the plane
8. _____ a small bag you can take on the plane with you

REAL LANGUAGE

You have to **check large bags**. Your **checked baggage** goes in a separate part of the plane and you get it at baggage claim.

B Complete the paragraph with words from **A**.

When you get to the airport, the first thing you have to do is go to the right (1) _____. Then, you need to find the (2) _____ desk where an (3) _____ will help you. They will check your passport and give you your (4) _____, which has your flight information. If you have a large bag or suitcase, you have to check it there. If you only have a (5) _____, you can take it on the plane with you. If you did (6) _____, you already have your boarding pass, so you can go straight to the (7) _____ in the departure area. You will have to go through a (8) _____ to make sure you don't have anything dangerous. Finally, when you get to your destination, you can pick up your checked bag from (9) _____.

Grammar

Expressing Prohibition

Use *must not* to say something is not allowed.

Must not and *can't* both mean that something is not allowed. *Must not* is stronger, and is used for rules.

You **must not** bring a knife on the plane.

You **must not** open that door.

- C** Write sentences about traveling by plane. Use *have to*, *must*, *must not*, and *can't*.

1. _____
2. _____
3. _____
4. _____
5. _____

Conversation

- D**  51 Listen to the conversation with your book closed. What time will the traveler get on the plane?

Airline agent: Good afternoon. Where are you flying to today?

Traveler: To Bogotá. Here's my passport.

Airline agent: Thank you. And do you have any bags to check?

Traveler: Just one. And this is my carry-on bag.

Airline agent: OK, thank you. Here's your boarding pass. You're in seat 27D. Boarding time is 10:15 at gate 13, but you must be at the gate 30 minutes before that.

Traveler: OK, and 27D is a window seat, isn't it?

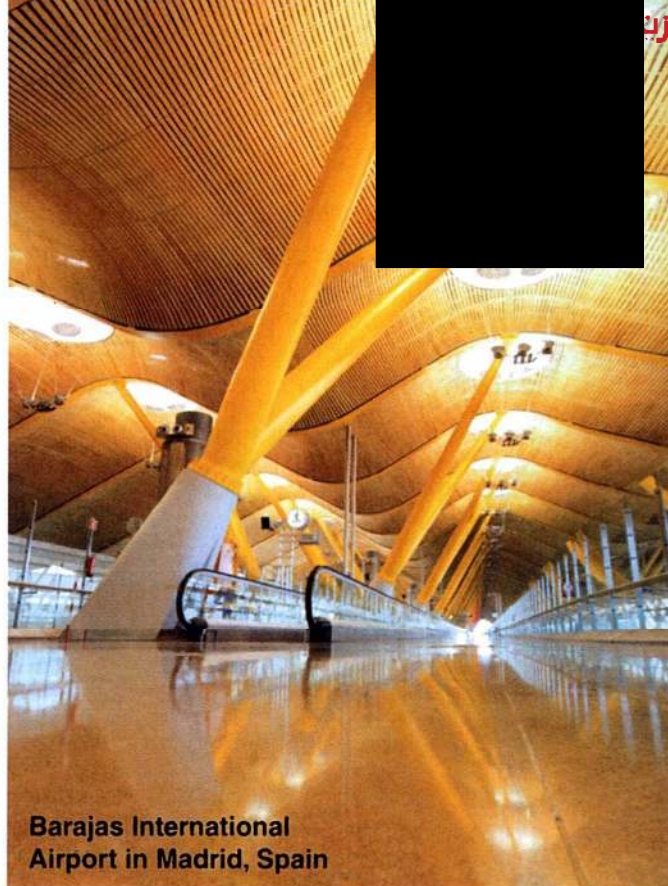
Airline agent: No, I'm afraid it isn't. There aren't any window seats available.

Traveler: Oh, I thought I had reserved a window seat when I booked online.

Airline agent: I'm sorry about that, ma'am. Is there anything else I can help you with?

Traveler: Yes, is there a restaurant after the security check?

Airline agent: Yes, there are two. Thank you, and enjoy your flight!



Barajas International
Airport in Madrid, Spain

SPEAKING STRATEGY

Notice the traveler's question: *27D is a window seat, isn't it?* Use these short questions at the end of a sentence to confirm information.

- E** In pairs, practice the conversation. Switch roles and practice it again.



GOAL CHECK Use English at the Airport

1. In pairs, write a list of the things you do at an airport.
2. Join another pair and compare your lists. Put the actions in order.
3. Prepare the dialog for a how-to video in which you show other students how to use English at the airport.

Reading

A MY WORLD What do you like about traveling? Is there anything you don't like about going somewhere you've never been before? Tell your partner.

B Scan the article, and add the phrases (a–d) to the paragraphs (1–4) to create subheadings.

- a. is good for your health
- b. promotes cultural understanding
- c. takes you out of your comfort zone
- d. helps you become a global citizen

C Read the article again. Circle **T** for *true* and **F** for *false*.

1. Your comfort zone is where you sleep. **T** **F**
2. Sightseeing can involve exercise. **T** **F**
3. Global citizens want to work together to solve the world's problems. **T** **F**
4. We can't learn about culture in restaurants, cafes, or markets. **T** **F**
5. We learn about ourselves when we travel. **T** **F**

D Answer the questions.

1. Why are challenging situations sometimes good for us?

2. Why is travel good for your mind and body?

3. What does the term *global citizen* refer to?

4. How do we learn about our own culture when we travel?

5. Why is cultural understanding important?



GOAL CHECK

1. Remember a trip you have taken. Write notes to answer the questions.

Where did you go, and how long did you stay?

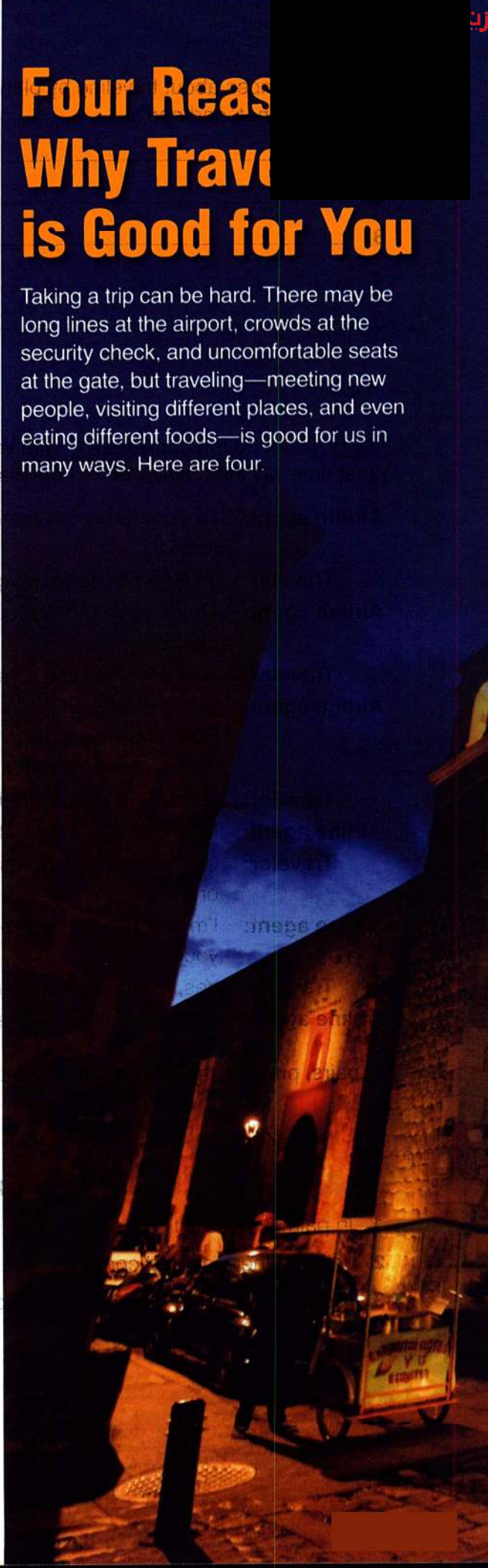
What was the most challenging / interesting /
frightening / unusual moment of that trip?

What did you learn during the trip?

2. Tell a partner about your trip.

Four Reasons Why Travel is Good for You

Taking a trip can be hard. There may be long lines at the airport, crowds at the security check, and uncomfortable seats at the gate, but traveling—meeting new people, visiting different places, and even eating different foods—is good for us in many ways. Here are four.



1. Travel

In our daily lives, we generally know where we're going to go, what we're going to do, and who we're going to see. We know where to go and who to ask if we need something, and we know *how* to ask for that something. We're in our comfort zone; we're comfortable. When we travel to a different country, where people might speak a different language, we leave our comfort zone, and sometimes that can be frightening. Things are different, and some things will be challenging. But it's worth it! Challenges help us grow and become more confident.

2. Travel

Changes in location and breaks from our routine make us feel better. We are **stimulated** by seeing new places, trying new food, and experiencing new cultures. Also, when we travel, we are often more active, so we do more exercise, even if it is only walking around a new city sightseeing. Traveling can be very **motivating** and exciting, so it is good for your mind and your body.

3. Travel

There are a lot of problems in our world that will cause bigger problems in the future if we don't find solutions. With climate change, pollution, and other environmental issues in front of us, we need to work together as **citizens of the world**, not just citizens of our own country. When you travel, you meet new people, make new connections, and understand the world better. This helps you become a global citizen.

4. Travel

When we travel, we can visit museums, art galleries, and festivals, as well as restaurants, cafes, and markets. All these things help us learn about the history and culture of a country and help us understand that people around the world think differently and do things differently. When we travel, we learn about a country, its culture, and its people, and we come home with new understanding. This opportunity to experience other cultures opens your mind and can help you respect others and see your own culture more clearly.

So, whether you go on vacation, take a business trip, or study abroad, travel is good for you. Where will *you* go next?

stimulate to make someone excited and interested about something

motivating makes you want to do something

citizen a person who lives in a particular place

Pedestrian-friendly street
in Oaxaca, Mexico

Communication

A Read the text. What cultural festivals or events do you know about?

Hawaii's Lantern Floating Festival

People travel from all over the world to participate in Hawaii's Lantern Floating festival. Lantern Floating is a ceremony to remember family and friends who have died. It takes place on Memorial Day, the last Monday in May. The festival begins with music and singing, and then, as the sun sets, everyone lights their lanterns. Each lantern has a message written on it, and sometimes people also attach photos of their loved ones to them. Once they are lit, the lanterns are released onto the water. It is a truly beautiful sight. Lantern Floating is a moment to remember and give thanks to the people who have left the world before us.

B Choose an event from your list, and write notes about it. Use the questions.

When does it take place?

Where does it take place?

What is it for?

What do people do?

Do people come from far away to go to the event?

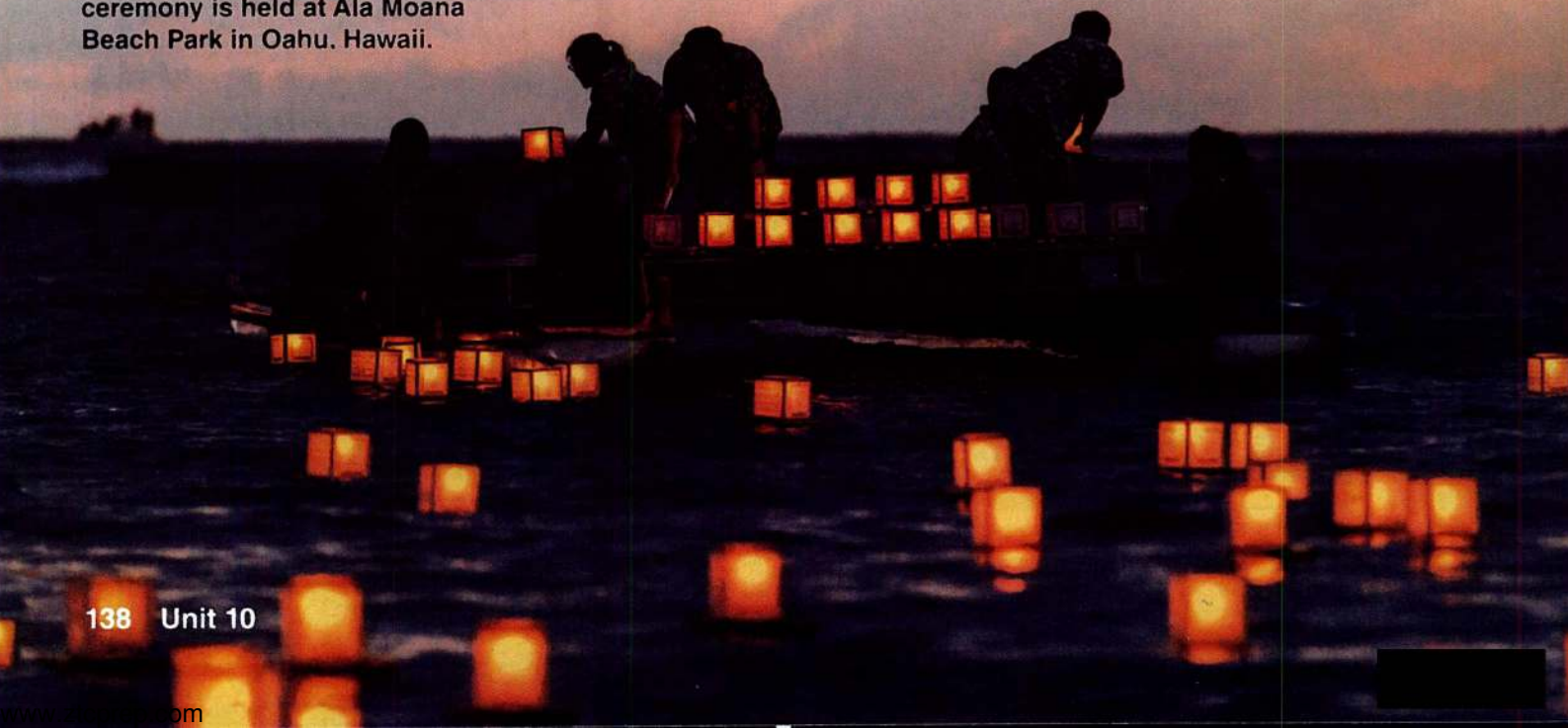
How would you describe it? Write three adjectives.

What's the name of your event?

Day of the Dead.

When does Day of the Dead take place?

The annual Lantern Floating ceremony is held at Ala Moana Beach Park in Oahu, Hawaii.



- C** Ask a partner about their cultural event.

Writing

- D** Read the text about a festival. Underline the topic sentence and the last sentence.

Nevada's Burning Man Art Festival

Every August, thousands of people from America and around the world travel to Black Rock Desert, Nevada, in the US. They travel there to participate in Burning Man, a huge festival that celebrates community, creativity, and art. There aren't any hotels or stores nearby, so people camp and have to bring everything they need with them. A temporary community is created for a week in the middle of the desert—it's incredible! Some people come to look at and experience the art, but others come to create it. They construct enormous pieces of unusual art in the middle of the desert. It's an amazing sight. At the end of the week, many of the creations are burned. This tradition comes from the very first Burning Man in 1986, where an 8-foot-tall (2.4 m) wooden man was burned. A giant figure of a man is still burned on the last night of the event each year. So, if you like travel, art, and unusual experiences, you should visit Burning Man next August! You can't make a hotel reservation, but you have to book a ticket for the festival. Book online at www.ticketcityngl.

- E** Use your notes from **B** to write a text for a travel blog. In your blog, you want to encourage people to visit your country for the cultural event. Use the text in **D** to help you.
- F** Exchange texts with a partner. How can your partner improve his or her text? Write notes on the text. Use your partner's comments to make corrections and improvements.

WRITING STRATEGY

The topic sentence (the introduction) and the last sentence (the conclusion) work together. They both need to show the main idea of the paragraph.



GOAL CHECK Describe a Cultural Event

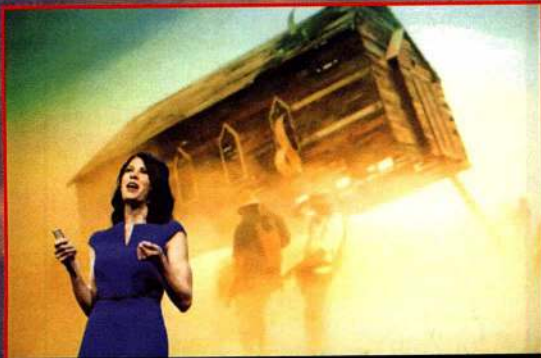
1. In small groups, share your texts.
2. Discuss the different cultural events and decide which one you would all like to visit. Explain your reasons to the class.

I would like to visit... because...

WHY ART THRIVES AT BURNING MAN

NORA ATKINSON

Craft Curator



Nora Atkinson's **idea worth spreading** is that the value of art should not come from its price but from its ability to inspire curiosity, engagement, and collaboration. Watch Atkinson's TED Talk on TED.com.

A Discuss the question in pairs. What kind of art do you like?

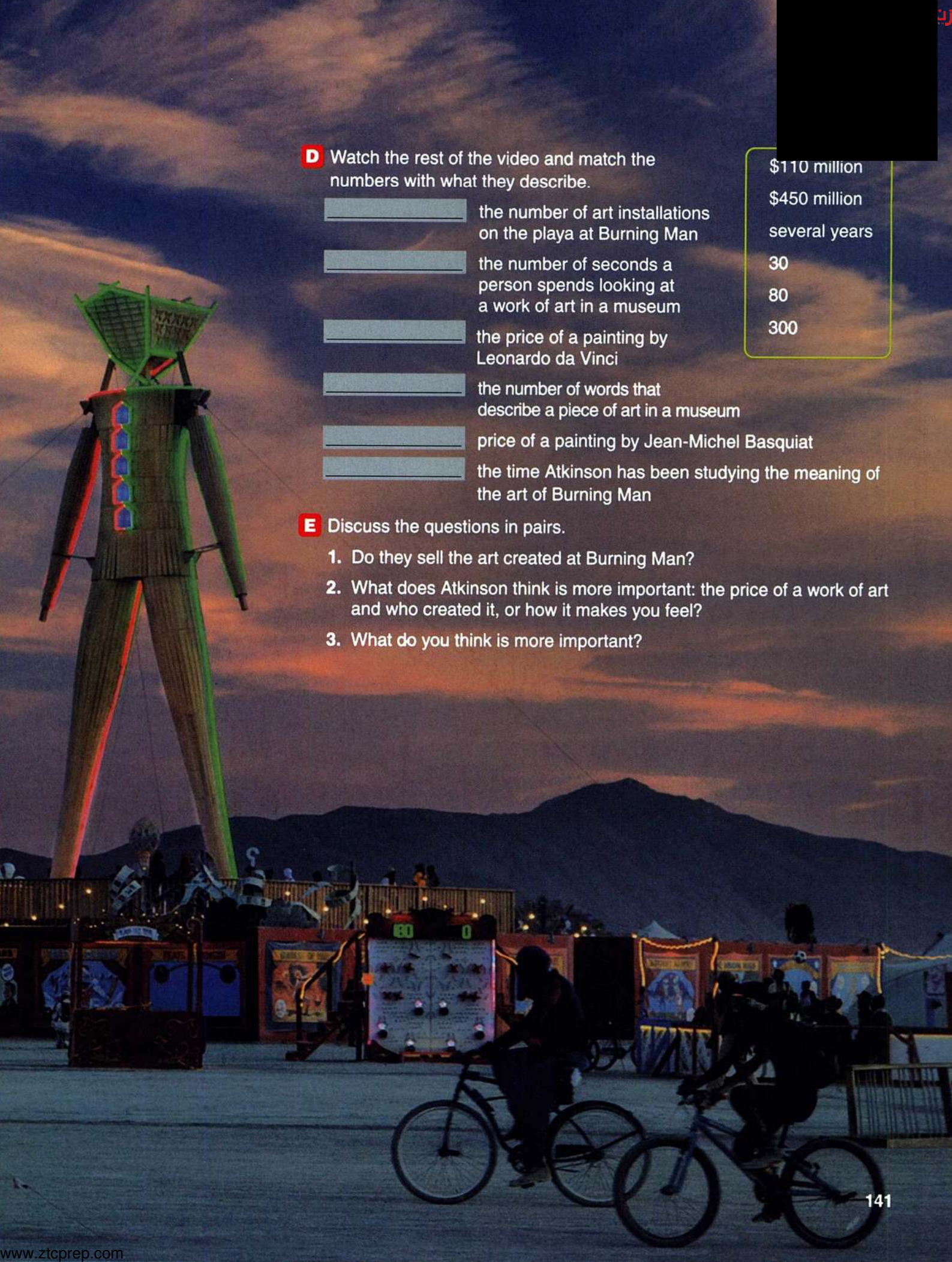
drawing graffiti painting
photography sculpture

B Match the words and expressions to their meanings. Write the letter.

- | | |
|--|---|
| 1. thrive <input type="checkbox"/> | a. people will want to buy it |
| 2. throw your back into something <input type="checkbox"/> | b. it won't match or look good in your home |
| 3. marketable <input type="checkbox"/> | c. be very successful |
| 4. it doesn't go with the sofa <input type="checkbox"/> | d. try really hard to do something |

C Watch the first part of the video. Circle T for true and F for false.

- | | | |
|--|---|---|
| 1. Atkinson is describing a large piece of art that was created in the desert. | T | F |
| 2. A group of people pulled ropes to stop the wheel from moving. | T | F |
| 3. Peter Hudson is an artist. | T | F |
| 4. Nora thinks people will want to buy this work of art. | T | F |



D Watch the rest of the video and match the numbers with what they describe.

the number of art installations on the playa at Burning Man

the number of seconds a person spends looking at a work of art in a museum

the price of a painting by Leonardo da Vinci

the number of words that describe a piece of art in a museum

price of a painting by Jean-Michel Basquiat

the time Atkinson has been studying the meaning of the art of Burning Man

\$110 million

\$450 million

several years

30

80

300

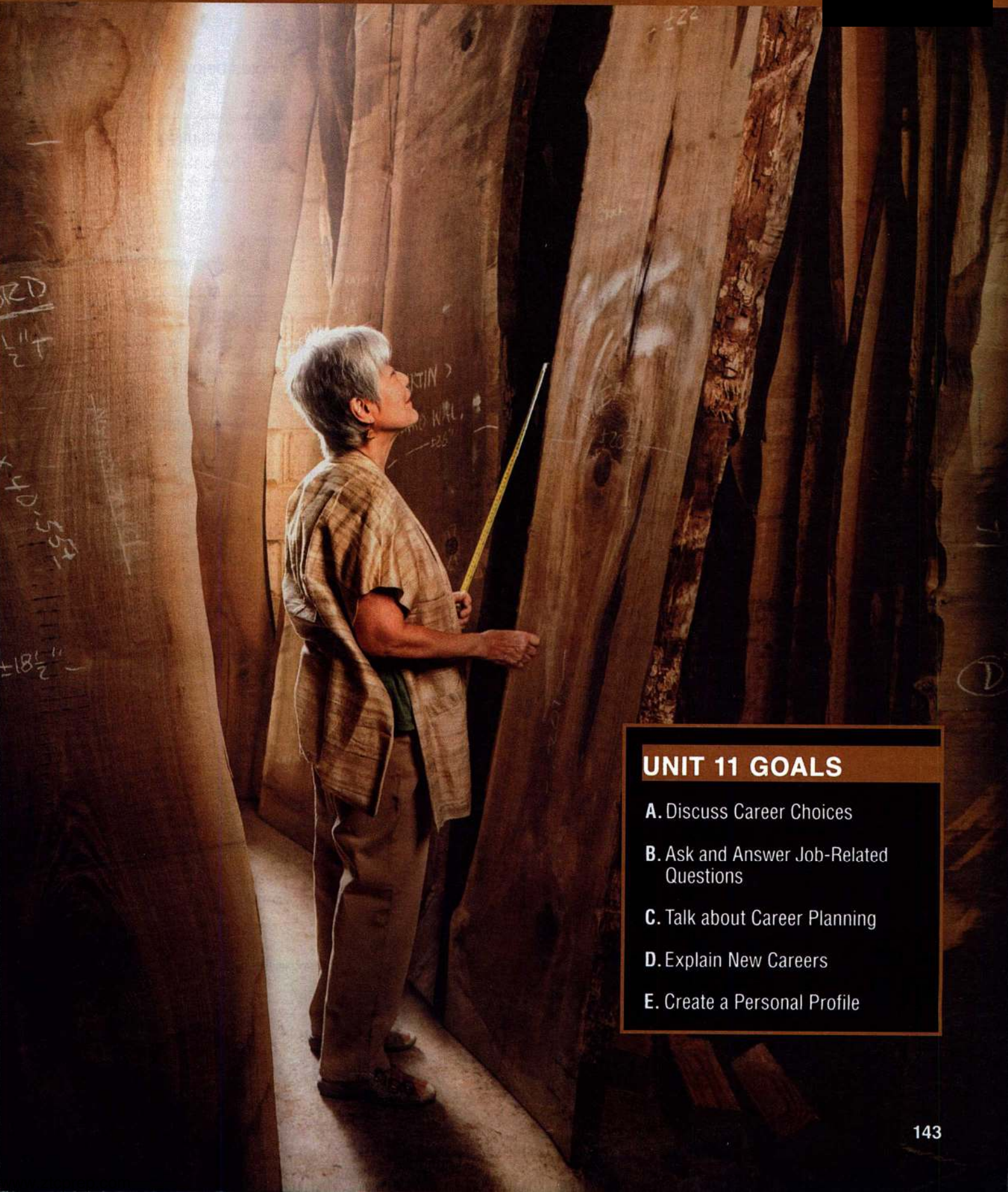
E Discuss the questions in pairs.

1. Do they sell the art created at Burning Man?
2. What does Atkinson think is more important: the price of a work of art and who created it, or how it makes you feel?
3. What do you think is more important?

Mira Nakashima, a designer
and woodworker, in New Hope,
Pennsylvania

Look at the photo and answer the questions:

- 1 What is the person in the photo doing? Why?
- 2 What knowledge and skills does this person have?



UNIT 11 GOALS

- A. Discuss Career Choices
- B. Ask and Answer Job-Related Questions
- C. Talk about Career Planning
- D. Explain New Careers
- E. Create a Personal Profile

Vocabulary

A 53 Listen to a conversation between a high school senior and a counselor. What does Marcy do at the hospital?

B 53 Listen again. Then, fill in the blanks in Ms. Carter's notes below with the words in the box.

assistant

boss

employee

experience

owner

qualifications

training

volunteer



This modern, open-concept office space encourages collaboration, creativity, and innovation.

I think she should study more.

Yes, she should get a degree in business administration.

- Marcy has some work (1) _____. She went through a (2) _____ program to become a family (3) _____ at the hospital. It's (4) _____ work, so Marcy doesn't get paid.
- Marcy would like to be a business (5) _____, but she doesn't have the necessary (6) _____ yet.
- I explained that she could start as an (7) _____ at a business. Later, perhaps, she can be the (8) _____ when she has her own business.

C Complete each sentence with a word from **B**.

1. An _____ works for an employer.
2. If you do _____ work, you don't get paid.
3. In a _____ program, you learn how to do something.
4. If you are the _____ of a company, it is your company.
5. An _____ helps you.

D In pairs, discuss what you think Marcy should do to prepare for her future. What degrees or training should she get?

E MY WORLD In pairs, talk about the education or experience that you have. Use the information in the box to help you.

bachelor's degree

extracurricular activities

vocational degree

volunteer work

Grammar

Modals for Giving Advice

We use <i>should</i> + verb to say that something is (or isn't) a good idea.	You should choose a career that fits your person. You shouldn't apply for an office job if you don't like to be inside all day.
Use <i>had better</i> to say that something bad could happen if the advice isn't followed.	You had better prepare well for your interview. He'd better practice his English before he goes.
Use <i>maybe, perhaps, or I think</i> with modals to make the advice sound gentler and friendlier.	Maybe you should become a health-care worker.

F Complete the sentences with an advice modal. Use a negative form when necessary.

- You _____ listen to your boss!
- Juan _____ finish the course so he can get his degree.
- The employees _____ leave early when the boss isn't there.
- Perhaps you _____ look for a job as an assistant first.
- Martha _____ do the training program if she's not interested in the job.

G Complete the sentences in pairs. Use your own ideas.

Career Advice

- If you want to become a successful business owner, you should _____, but you _____ shouldn't _____.
- If you want to get a degree, you had better _____.
- You should _____ if you want to get some work experience. Good luck!

H Read one of the problems out loud to a partner. Your partner will give you friendly advice using *maybe, perhaps, or I think*.

- I don't know what career to choose.
- I don't have any experience.
- I want to get a better job.
- My job doesn't pay very well.
- My job application was rejected.
- I need an assistant to help me at work.



GOAL CHECK Discuss Career Choices

- Look at the careers in the box. What training, experience, and other qualifications are needed for each career? Choose three and write notes.
- In pairs, discuss each career.
- Would you choose any of these careers? Why?

App developer
Computer systems analyst
Health services manager
Market research analyst
Physical therapist
Sales representative

Listening

A  **54** Listen to an interview with a restaurant owner. Why did he start business?

B  **54** Listen again and answer the questions.

1. When did Mr. Sangumram open the New Thailand restaurant? _____
2. Who is the cook at the restaurant? _____
3. What kind of food is served at the restaurant? _____
4. How far from the owner's home is the restaurant? _____
5. How many employees work at the restaurant? _____
6. What does Mr. Sangumram's wife do for a living? _____

C What makes a good job? Rank the following from 1 (most important) to 6 (least important). Share your answers in pairs.

- | | |
|------------------------------------|------------------------------|
| _____ amount of vacation time | _____ distance from home |
| _____ wage or salary level | _____ long-term employment |
| _____ working alone or with others | _____ interesting job duties |

D MY WORLD Do you have a job at the moment? Have you had a job in the past? Tell a partner about your job(s).

Thai restaurant
cook working in
a restaurant



PRONUNCIATION: Intonation in Questions

In *yes/no* questions, the speaker's voice rises on the last content word.

Does your wife work with you at the restaurant?

In questions with *wh-* words, the speaker's voice rises on the first content word and falls on the last content word.

When did you open this wonderful restaurant?

E  **55** Listen and repeat the questions. Then, ask and answer them in pairs.

1. What do Mr. Sangumram's children do? _____
2. Does his wife work at the restaurant? _____
3. What does his nephew do? _____
4. Does the restaurant serve Chinese food? _____
5. Where do Mr. and Mrs. Sangumram live? _____
6. Does Mr. Sangumram enjoy his job? _____

Communication

F When you are looking for a job, what do you want to know? Write a question for each one.

What I want to know about:	Questions I can ask:
Salary	
Training opportunities	
Vacation time	
Travel opportunities	
Hours	

G Read the job profiles in the box. Choose one that you are interested in. Tell a partner why you chose that job.

Diving Instructor:

Understands and teaches the use of scuba equipment.

Works outdoors.

Should be a strong swimmer.

Salary varies by season.

Commercial Pilot:

Knows about airplane mechanics, weather, radio communication.

Works long hours.

Often far away from home.

Market Research Analyst:

Should be interested in psychology and behavior.

Works under pressure.

Should have strong organizational and communication skills.



GOAL CHECK

Ask and Answer Job-Related Questions

Join another pair and ask and answer each other's questions in **F** about the different jobs.

What qualifications should a market research analyst have?

Well, a degree in communications or business administration is useful.

Language Expansion: Participial Adjectives

A Read the article. What are the noun forms of the words in blue?



A. J. Coston isn't waiting to start his dream job. At age 18, he's a weekend volunteer firefighter in the United States. During the week, he lives at home with his mom, dad, and sister, and does his main job: going to high school. "I have always wanted to get into firefighting... since I was a little kid watching fire trucks go by," he says. "One day I was **bored** and on the internet, and I found out that Loudoun County offered a junior firefighter program."

Some of A. J.'s friends are **surprised** by his decision to spend weekends at the firehouse, but to A. J., helping people is more **satisfying** than anything else. The job is never **boring**, either, since firefighters get called to all sorts of emergencies. One **terrifying** moment for A. J. was getting an emergency call after four children were struck by lightning. Luckily, all four survived.

A. J. will be off to college next fall, and plans to study what he's most **interested** in: emergency medical care. "I want to be a flight medic on a helicopter eventually," he says.

Flight medics prepare for takeoff.

B For each participial adjective in blue above, decide whether it describes (1) someone's feelings or (2) something that causes a certain feeling.

1. Describes someone's feelings: _____
2. Describes what causes the feeling: _____

Grammar

Indefinite Pronouns

Pronouns refer to specified nouns.	My boss should hire an assistant. She has too much work.
Indefinite pronouns refer to unspecified nouns.	Somebody / Someone has applied for the job. (I don't know who applied.)
Indefinite pronouns always take the singular form of a verb. Use <i>anybody / anyone</i> for questions and negative statements. Use <i>nobody / no one</i> to refer to not a single person from a group. Use <i>everybody / everyone</i> to refer to all of a group of people.	Has anybody / anyone met the new assistant? He doesn't know anybody / anyone at his new workplace. Nobody / No one has met him yet. Everybody / Everyone wants to meet him.
For places and things, use <i>somewhere / something, anywhere / anything, nowhere / nothing, everywhere / everything</i> .	If you want to get a job, you should do something to get some volunteer experience. Work experience is required everywhere .

C Circle the correct indefinite pronoun.

1. Does *anybody* / *anything* want to do this training program?
2. *Somebody* / *Something* said the course was boring, but I think it looks interesting.
3. *Anyone* / *Everyone* is satisfied with the salary increase. *No one* / *Everyone* complained; they are all happy about it.
4. Is *anyone* / *anywhere* going to the meeting?
5. Is *something* / *everything* ready for the presentation? It starts in 5 minutes!

D Underline the indefinite pronoun and write the correct form of the verb in parentheses.

1. It's difficult to choose someone for the job because everyone _____ strong skills and experience. (have)
2. When you are applying for a job, everything _____ important. (be)
3. Somebody _____ information about the training program. Can you tell them about it? (want)
4. Nobody _____ the new online system; everybody _____ it is very confusing. (like, think)

Conversation

E  56 Listen to the conversation. What is the man planning to do?

Sam: What do you want to do when you finish school?

Isabel: I'm not sure. What are you planning to do?

Sam: I want to do a training program somebody told me about.
I'll learn about web design and app development, then I'll be able to get a job in that area.

Isabel: That sounds cool. You should definitely do it.

Sam: I know, but what about you? Have you asked anybody for advice about career planning?

Isabel: No... I should talk to someone, right?

Sam: Maybe you should talk to the career advisor at school.

Isabel: OK, I'll start planning, I promise!

SPEAKING STRATEGY

Notice Sam's question: *What about you?* We use this question to turn the conversation to the other person.



GOAL CHECK Talk about Career Planning

1. What kind of career would be interesting and satisfying to you? Why? Write down some ideas and your reasons.
2. Answer the questions about your career choice. Write notes. Then, talk in pairs about your career planning.
 - How can you plan for this career?
 - What should you do in preparation?
 - Has anybody given you any advice?
 - Is there anything you can do to get experience?

Reading

- A** Which industries do you think are going to grow most in the next ten years? Discuss in pairs.

education	engineering	manufacturing
medicine	technology	

- B** Scan the article and choose the best option for the main idea.

- Job duties are changing.
- Adaptability, innovation, and creativity are important for getting a job.
- New careers are developing.
- Innovation and creativity are important in technology.

- C** Read the article. Complete the ideas.

- We need to learn new skills because _____.
- Innovative means that _____.
- Social and environmental issues are _____.
- Travel vloggers _____.
- Digital skills _____.

**GOAL CHECK**

- Choose a career from the box and answer the questions. Write notes.

data scientist	media specialist
social media manager	user experience designer

- What do you think this career involves?
 - What specific skills would you need?
 - Why do you need to be adaptable, innovative, and creative for this career?
- Talk about the different careers in groups.

Changing Careers

As technology grows, job profiles change. Consequently, the skills you need are changing and new careers are opening up. In the past, people used to prepare for a career that would lead to a job for life, but now we need to be able to **adapt** to change.

So, how can we plan our careers? What new career choices can we make? First of all, it is important to be adaptable. Job duties are changing, so we need to be able to learn new skills. We also need to be innovative and creative. This means we need to have new, interesting ideas and think of different ways to do things because that's what employers are looking for. They want employees who can **think outside the box** and help their companies face the new challenges of the digital age.

Young man applies his skills while working on a sound mixing desk in a recording studio.

However, it is not only employers who are looking for different skills; future employees are also looking for different things. Many young people are worried about social and environmental issues, and they want a career that will help them make the world a better place. So, they are looking for companies that also care about change and social responsibility. They are also looking for flexibility and opportunities to be creative. They don't want a boring job where they will be sitting at a desk in an office all day, every day. They want challenging careers where they'll be doing different things in different places.

So what kind of innovative, exciting careers are there for these new generations? App developer, social media manager, travel vlogger, user experience designer, data scientist, and video and media specialist are some of them.

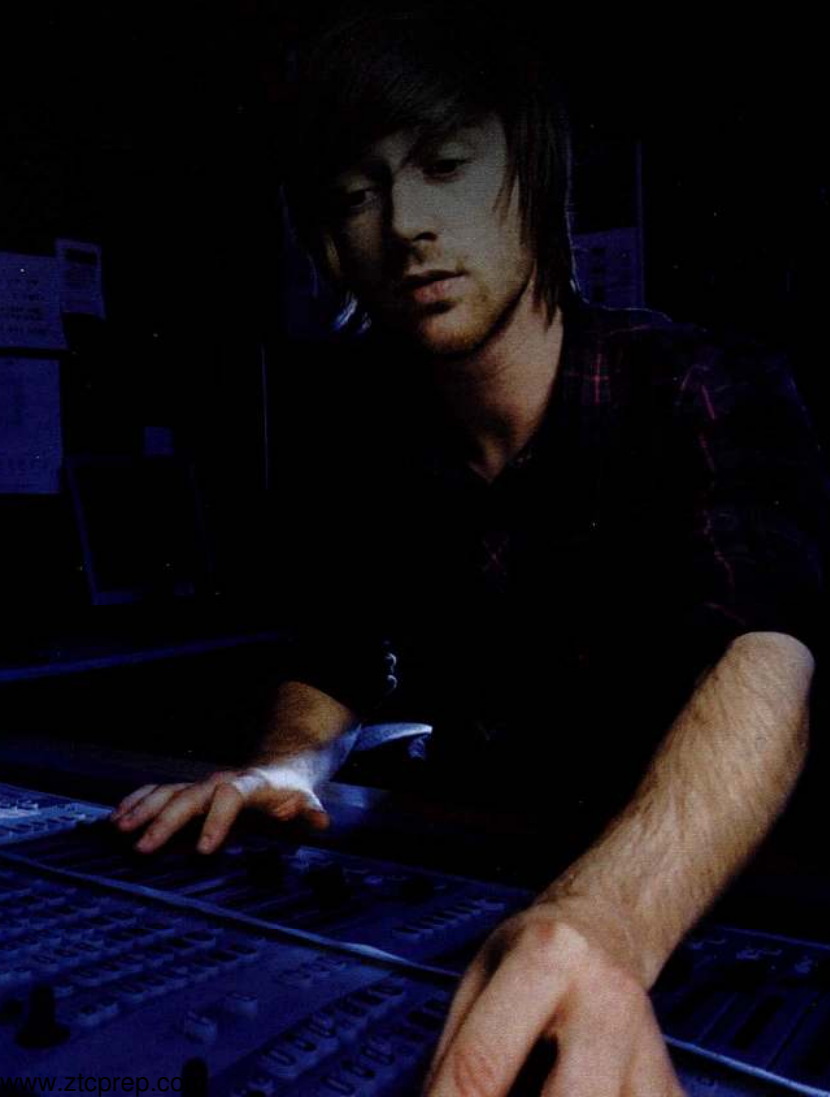
Let's take a look at a couple of these careers. What does it take to be an app developer? Obviously, you need to be innovative and creative, and understand programming and mobile platforms, but what might make you **stand out**?

For example, you could connect your technology to your interest in environment and design an app to help people use a system at their workplace.

For a travel vlogger, traveling the world is part of the job, but you need to be creative too, because the other part of the job is to take photos, make videos, and write interesting texts about your travels. Companies in the travel and tourism industry will pay to use your vlog as part of their **marketing**. However, this career is also an opportunity to work for the issues you're interested in. Photographers who travel the world taking photos of nature can use vlogging to help people understand conservation issues.

We've just looked at two new areas here, but from them we can see that job profiles are changing, and new careers are developing. So, if you're planning your career, or thinking about changing careers, remember the importance of being adaptable, innovative, and creative, and the possibilities for taking advantage of your digital skills.

adapt change your way of doing things for a new situation
think outside the box think imaginatively, to find unexpected or creative solutions
stand out be noticed as better than others
car pool a group of people take turns driving so they only use one car to travel to work
marketing what a company does to try to convince people to buy its products or services



Communication

- A** Why do people decide to change careers? Write a list of possible reasons.
- B** You have decided you want to change careers. Write notes about your decision. Use the questions to help you.
- What is your current job?
 - Why do you want to change careers?
 - What ideas do you have for a new career?
 - What should you do to prepare for this career change?
- C** Give a partner advice about changing careers. Use *should* and *had better*.

Soyoung Lee is the curator of the Metropolitan Museum's department of Asian Art in New York.

Why do you want to change careers?

I'm bored of doing the same thing every day. My job isn't satisfying. I need a change.

Maybe you should look for something that is more exciting. Do you know anyone in the tourism industry? You had better ...



Writing

D Circle the correct words to complete the text.

Sometimes people decide to change careers because they don't feel (1) *challenging* / *challenged*. Often, they have been doing the same job for many years and it has become (2) *boring* / *bored*. And let's be honest, (3) *nobody* / *anybody* wants to continue in a job that isn't (4) *satisfying* / *satisfied*. That's when you should look for (5) *something* / *someone* new and more (6) *exciting* / *excited*. (7) *Everybody* / *Anybody* has skills and knowledge that will help them start a new job or career. Before you start applying for different jobs, one of the things you (8) *should* / *shouldn't* do is write your personal profile for your resume. This is a short paragraph—it (9) *should* / *shouldn't* be more than 100 words—that says who you are, what experience and skills you have, and your career goals.

E Complete the personal profile with the words in the box.

challenging digital innovative interested manager marketing

I am a (1) _____ graduate specializing in social media marketing. I have significant experience with tour companies and hotels, and have developed my design and (2) _____ skills through these marketing projects. I'm (3) _____ in finding a (4) _____ position as a social media (5) _____ where I can use my creativity to develop (6) _____ ways of using social media for the company's growth.

F Answer these questions in your notebook.

1. Are you a recent graduate / technician / office worker / engineer / _____ ?
2. What qualifications, training, and experience do you have?
3. What other skills do you have?
4. What kind of position (job) are you looking for?

G Use your notes in F to write your personal profile. Use the model in E to help you.

WRITING STRATEGY

A personal profile should include three things:

1. Who you are
(*I am a marketing graduate specializing in...*)
2. What you can offer the company
(*I have significant experience with...*)
3. Your professional goals
(*I'm interested in finding a challenging position...*)



GOAL CHECK Create a Personal Profile

1. In small groups, share your profiles.
2. Are the profiles interesting?

I am a social media influencer with over 9,000 followers.

Wow! I had no idea!

VIDEO JOURNAL

JOEL SARTORE: THE PHOTO ARK

A In pairs, discuss what you think are the advantages or disadvantages of being a photographer. Do you think a photographer's work is easy or difficult? Why? What makes you remember a photo?

B Match the words to their meanings. Write the letter.

- | | |
|-----------------|---|
| 1. portrait | a. something behind something else |
| 2. extinct | b. no longer in existence |
| 3. conservation | c. a group of 12 |
| 4. dozen | d. a painting or photograph of someone posing |
| 5. species | e. a group of living things; a type, a category |
| 6. background | f. protection, especially of nature |

C Watch the video. Answer the questions.

1. Write five animals you see.

2. Does Joel only take pictures of animals?

3. Which pictures are the most important to him?

D Watch the video again. Complete the information.

1. Joel has worked with National Geographic for over _____.
2. Joel started taking pictures in _____.

3. Now Joel is working on a _____ called The Photo Ark.

4. Joel's portraits give animals of different sizes an _____ voice; there is no _____ comparison.

5. Joel's conservation heroes are people with _____ and _____.

6. Joel doesn't think about the world in _____ years; he thinks about it _____.

E Discuss the questions in pairs.

1. How do you feel looking at the portraits of animals that are now extinct?
2. Why does Joel think about the world today instead of in fifty years?

F Research a National Geographic explorer in pairs.

- Name
- Nationality
- Area of interest
- Where have they explored?
- Years with the National Geographic Society
- What does it take to be a National Geographic explorer?

G Present your explorer to the class.



UNIT
12

Celebrations

Chinese dancers wear traditional costumes for Spring Festival celebrations at a temple fair in Beijing, China.

Look at the photo and answer the questions:

1 What do you see in the photo?

2 What is your favorite celebration?

UNIT 12 GOALS

- A. Describe a Celebration
- B. Compare Holidays in Different Countries
- C. Express Congratulations and Good Wishes
- D. Talk about Rituals
- E. Share Opinions about Holidays

Vocabulary**A** Read about a special New Year's celebration.

New Year's Day is a **holiday** around the world, but people in Edinburgh, Scotland, **celebrate** it in an exciting way. They have a festival called Hogmanay. Hogmanay **takes place** all around the city, from December 29th to January 1st. It starts with a parade on the night of December 29th. On December 30th, there are concerts and dancing. Finally, on New Year's Eve, there is a street party with fireworks, and people wear very colorful **costumes**. There is always a big **crowd**, even though it's very cold. One year, more than 100,000 people **participated**. The celebration in Edinburgh is very **well-known**, but the **annual** Hogmanay festivals in other cities in Scotland are popular, too.

Fireworks on Calton Hill during Edinburgh's Hogmanay in Edinburgh, Scotland

B Write the words in **blue** next to the correct meaning.

- | | |
|--|--|
| 1. _____: happens | 5. _____: happening once each year |
| 2. _____: famous | 6. _____: special clothes for a performance |
| 3. _____: a day when people don't work | 7. _____: do something enjoyable for a special day |
| 4. _____: a large group of people | 8. _____: took part in |

I would like to participate in Hogmanay because I love music and dancing. How about you?

No, I wouldn't like it. I don't like big crowds.

C Would you like to participate in Hogmanay in Edinburgh? Why? Discuss in pairs.**D** Complete the paragraph with words from **A**.

China also (1) _____ New Year in an exciting way, but it is at a different time of year than Hogmanay. It always (2) _____ in January or February. New Year is the most important Chinese (3) _____, and most people don't have to work. The (4) _____ celebrations include a big meal with family, a gift of money in a red envelope for children, and fireworks. One of the most (5) _____ traditions of Chinese New Year is the dragon or lion dance. There is always a big (6) _____ watching the dance.

E MY WORLD How do you celebrate New Year's Day? Discuss in pairs.

Grammar

Comparisons with **as ... as**

Subject + <i>be</i> +	(<i>not</i>) <i>as</i> + adjective + <i>as</i> +	complement
New Year's Day is	as exciting as	Independence Day. (The two holidays are equally exciting.)
Hogmanay is	not as popular as	Carnival. (Hogmanay is less popular than Carnival; Carnival is more popular than Hogmanay.)

Use *as ... as* to say that two things are equal. Use *not as ... as* to say that two things are not equal.

F Write sentences with (*not*) *as ... as* to compare the two festivals.

	The Spring Festival	The Harvest Fair
1. old	started in 1970	started in 1970
2. long	2 days	4 days
3. popular	5,000 people	5,000 people
4. expensive	tickets are \$15	tickets are \$30
5. big	10 concerts	23 concerts
6. well-known	on a few local TV shows	on the internet

WORD FOCUS

A **festival** is a type of celebration; for example, the Festival of Colors is celebrated in India in March.

A **festival** can also be an event that you pay to go to.

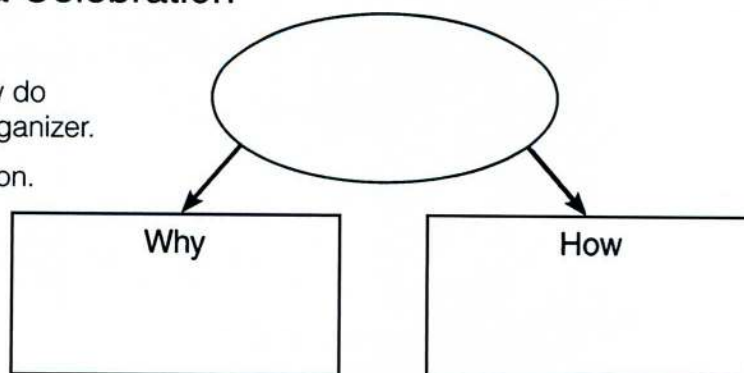
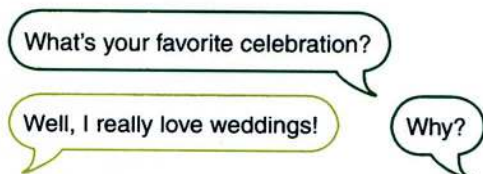
- The Spring Festival is as old as the Harvest Fair.
- The Spring Festival _____.
- _____.
- _____.
- _____.
- _____.

G Choose two celebrations that you know. Compare them using *as ... as*.




GOAL CHECK Describe a Celebration

- What is your favorite celebration?
- Why is it your favorite celebration and how do you celebrate it? Complete the graphic organizer.
- Tell a partner about your favorite celebration.




GOAL Compare Holidays in Different Countries

Listening

A  58 Listen to three people talk about a holiday in their country. Note the countries in the order that you hear about them.

a. Japan _____ b. Mexico _____ c. United States _____

B  58 Listen again and fill in the charts.

The Day of the Dead

Country: _____

When is it? _____

How do people celebrate it?

a. go to the cemetery with _____

b. bring _____

What is the special food?

a. sweet _____

b. candy _____

Halloween

Country: _____

When is it? _____

How do people celebrate it?

a. put on _____

b. ask for _____

c. watch _____

What is the special food?

a. _____

b. _____

O-Bon

Country: _____

When is it? _____

How do people celebrate it?

a. go back to _____

b. participate in a special _____

c. make big _____


The Day of the Dead is an important celebration, which sometimes takes place in cemeteries, in Michoacan, Mexico as well as in other parts of the country.

C MY WORLD Is there a special holiday in your country to remember people who have died? Discuss in pairs.


D Discuss these questions in pairs.

1. Do you know about any other holidays like these in other countries?
2. Why do you think different countries have similar holidays?

Pronunciation: Question Intonation with Lists

E  **59** Listen to the questions. Notice how the intonation rises and falls in questions with a list of choices.

1. Would you like to go on holiday in Mexico, the US, or Japan?
2. Is O-Bon in July or August?

F  60 Read the questions and mark the intonation with arrows. Then, listen and check your answers. Finally, ask and answer the questions in pairs.

1. Is the Day of the Dead on November 1st or 2nd?
2. On the Day of the Dead, do people eat sweet bread, chocolate, or fruit?
3. Is Halloween for children or adults?
4. What do you like the most: the costumes, the candies, or the scary movies?
5. Is O-Bon in August or September?
6. At O-Bon, are there fireworks, bonfires, or both?

Communication

G In groups, imagine that you can take a trip to participate in one of the holidays in **A**. Discuss these questions.

1. How are these holidays similar? Think of as many answers as you can.
2. How are they different?
3. What could visitors do at each holiday?
4. Which holiday would you like to participate in? Why?



GOAL CHECK

Compare Holidays in Different Countries

1. Which holiday did you choose in **G**? With your group, make a list of reasons why you chose that holiday.
2. Now make a list of reasons why you didn't choose the other two holidays.
3. Explain your decision to the class. Say why you chose the holiday, and why you didn't choose the others.

We don't want to go to the Day of the Dead in Mexico because ...

So, we chose to go to O-Bon in Japan. We think ...

We want to go to O-Bon because ...

Language Expansion: Expressions for Celebrations**WORD FOCUS**

We say, **Thanks for having / inviting us!** to thank someone after a party or dinner.

WORD FOCUS**Collocations:**

Use **congratulations** with **on your** + noun / noun phrase:

Congratulations

on your promotion / graduation / new job / new baby / win!

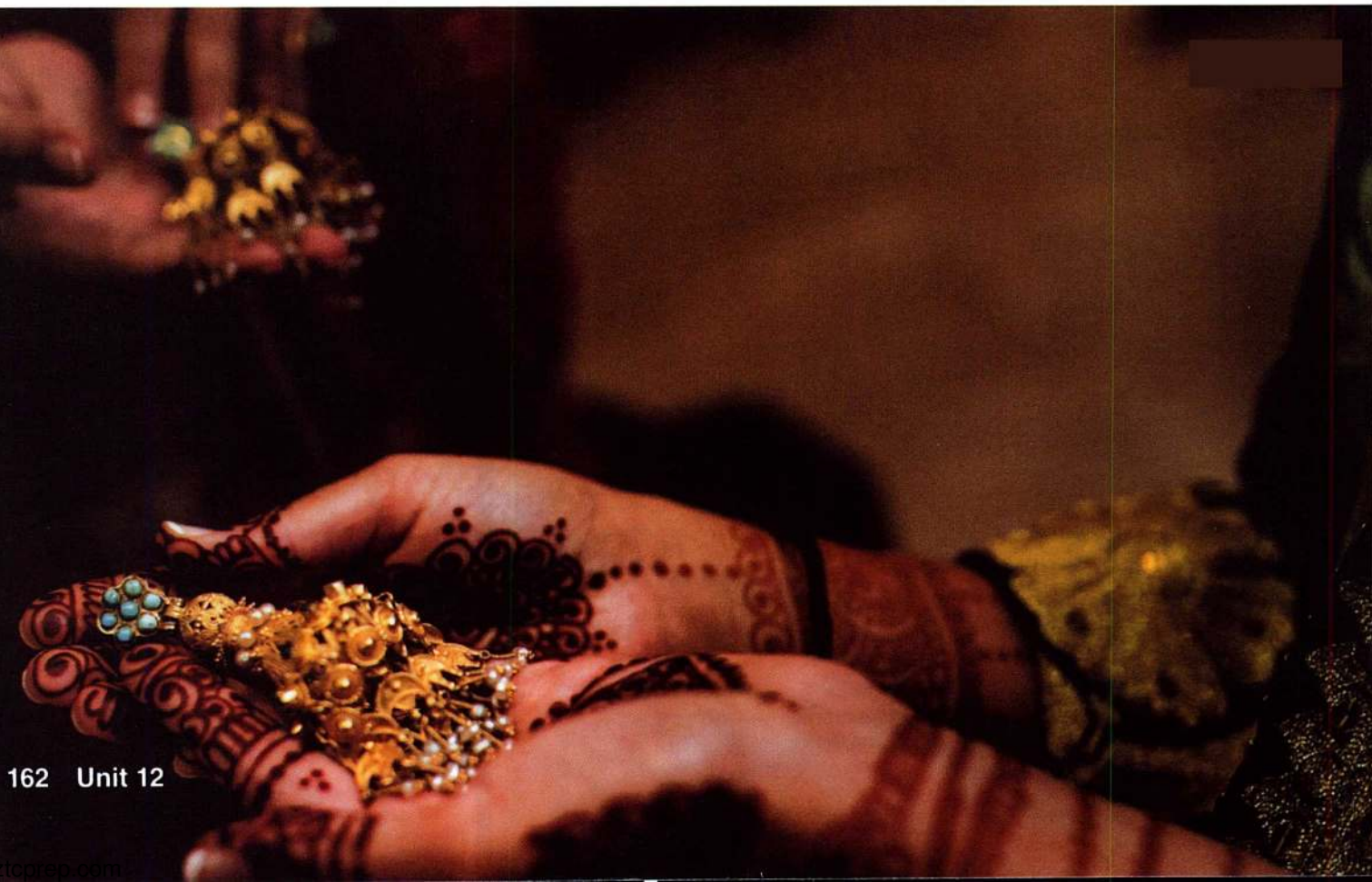
A Read the expressions and how we use them.

Expression	Use it
Congratulations!	when someone is getting married, having a baby, getting a promotion, wins a game, etc.
Well done! Great job!	when someone has accomplished something difficult (passed a driving test, an exam, etc.).
Good luck!	to wish someone a good result or a good future.
Happy Birthday / Anniversary / New Year!	to greet someone or wish them the best on a holiday or special occasion.

B Write the correct expression for each situation in your notebook.

1. Your friend has to take a difficult exam tomorrow.
2. You're leaving someone's house after a Thanksgiving meal.
3. Your neighbor tells you he plans to get married soon.
4. Today is your friend's birthday. You see your friend.
5. Your friend got an excellent grade on an exam.
6. It is midnight on December 31st in London.

Hands with henna design for a wedding ceremony in Abu Dhabi, Dubai




Grammar

Would rather

Use <i>would rather</i> + base form of the verb to talk about actions we prefer.	I would rather have a small wedding than a big wedding.
Use <i>would rather not</i> + base form of the verb to talk about things we don't want to do.	I'd rather not have a party for my birthday.
Use <i>would rather</i> + base form of the verb in <i>yes / no</i> questions to ask people about their preferences.	Would you rather see Chinese New Year or Hogmanay?

- C** Use *I'd rather* to write sentences about things you would like to do on your birthday.
1. have (a big party / a small party) I'd rather have a big party than a small party.
 2. eat (at home / in a restaurant) _____
 3. invite (lots of people / a few close friends) _____
 4. get (flowers / presents) _____
 5. wear (nice clothes / jeans and a T-shirt) _____
- D** Ask a partner about his or her preferences. Use the choices in **C** and *Would you rather ... ?*

Conversation

- E**  61 Listen to the conversation. What are they going to celebrate?

Mike: Hi Katie! Congratulations on your new job!

Katie: Thanks, Mike. It was a really challenging interview, but I guess I did OK!

Mike: Well done! We should celebrate. Would you rather go out or invite a few friends to your house?

Katie: I think I'd rather go out for dinner. We can invite Lucia and Ana.

Mike: OK. I'll book a table at Italiano's.

Katie: Italiano's? I'd rather go somewhere quieter.

- F** Practice the conversation in pairs. Then, make new conversations. Change the situation and how you are going to celebrate.

SPEAKING STRATEGY

Notice Katie's answer to Mike's question about what she'd like to do: **I think** *I'd rather go out for dinner*. We often use *I think* at the beginning to make an answer less direct and more polite.



GOAL CHECK

Express Congratulations and Good Wishes

1. Think of three situations in which you would congratulate or give someone good wishes.
2. In pairs, decide which expressions from **A** you would use.
3. Prepare the script for an Etiquette Guide video to show other students how to express congratulations and good wishes in English in different situations.

Reading

A Look at the title and the photo. What is a ritual? What do you think the woman in the photo is celebrating? Discuss in pairs.

B Scan the article and write the phrases in the correct paragraph.

- Turning to baby showers, in Ancient Greece and Egypt,
- Bridal showers celebrate the bride,
- Nowadays, both celebrations
- This tradition of giving gifts to the bride

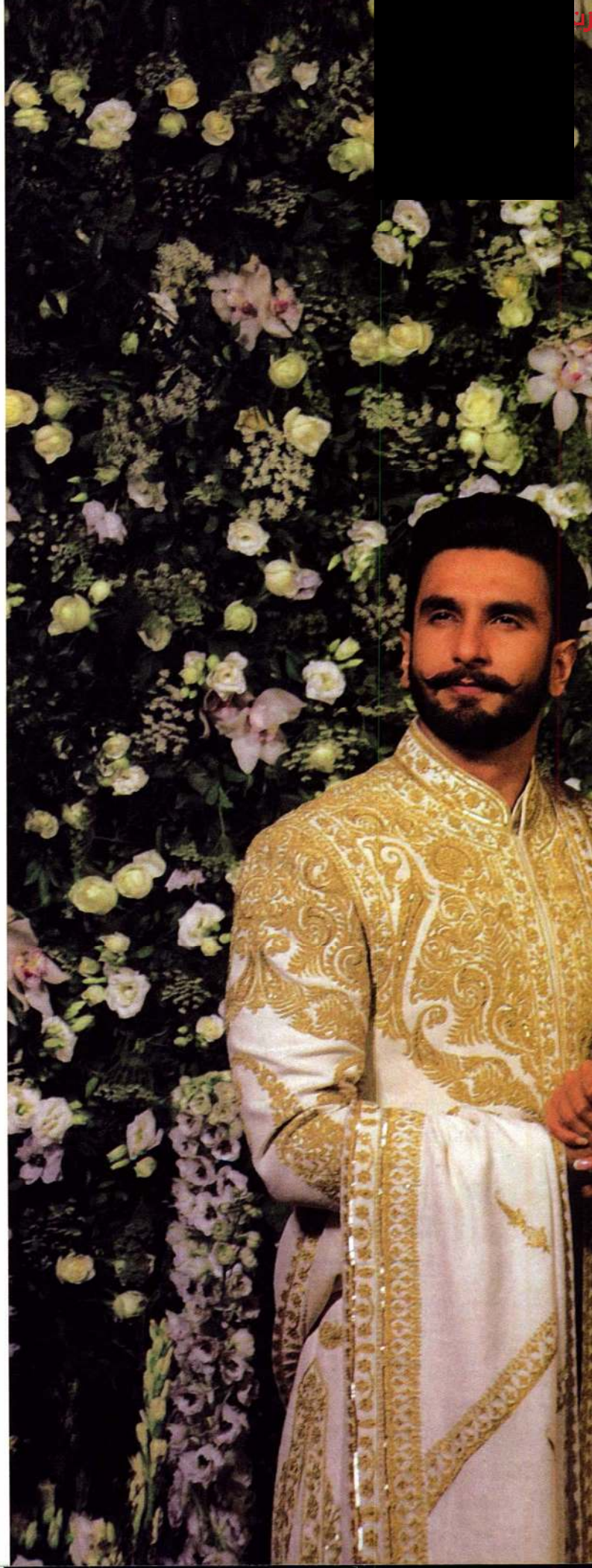
C Read the article. Circle **T** for *true* or **F** for *false*.

- | | | |
|---|----------|----------|
| 1. Bridal and baby showers are modern rituals. | T | F |
| 2. The bride's family usually organizes the shower. | T | F |
| 3. The tradition of playing games at a baby shower began in the 19 th century. | T | F |
| 4. People have always given gifts before the baby is born. | T | F |
| 5. Baby showers help people get the things they need for their new baby. | T | F |
| 6. The future father is always invited to the shower these days. | T | F |

**GOAL CHECK**

Discuss the questions in groups.

- What do baby and wedding showers have in common?
- What do you think about men being involved in wedding and baby showers (as the future husbands or fathers, or as guests)?
- How do you think baby and wedding showers might change over the next twenty years?
- What special rituals for weddings and births are there in your country?



The Rituals of Life Events

Weddings and births have always been important moments for families and society. Not surprisingly, they involve celebrations and rituals. Apart from the religious rituals in many cultures for both of these events, typical celebrations also include the bridal shower and the baby shower. Many people think of these showers as modern rituals, but in fact both of them have their **roots** in history.

Bridal shower is the woman who is getting married, and they are usually organized by a close friend. The people invited are female friends and members of her family. There will be food and drinks, and the women will share stories, express their good wishes, and sometimes give advice. But perhaps the most important ritual is the "showering of gifts," when the guests all give presents to the bride-to-be.

Dowry is believed to have begun in Holland in the 16th century. The story is that the daughter of a rich man fell in love with a poor man, but her father didn't want her to marry him. He **refused** to give her a **dowry** if she married the poor man. So her friends and family and people from the village all gave her gifts so that she could get married. Since then, it has been a custom for the bride to receive presents from her family and friends before her wedding. However, the word *shower* wasn't used until the 18th century, when it became popular to put the gifts in an open paper **parasol** and "shower" them over the bride.

Baby shower mothers were always **accompanied** by a group of women during and after the birth. One of their rituals was to offer gifts to the goddess of birth after the baby was born, as well as give useful gifts and food to the new mother. Pregnant women continued to be celebrated over the years, and in the 19th century the celebration developed into a tea party with gifts and games, after the birth of the baby. Finally, in the 20th century, after the Second World War, baby showers became more like they are today. Friends and family organize a shower before the baby is born, and people give the mother-to-be practical gifts to help her and the baby. The gift giving and the fun games are two customs that remain part of the baby shower ritual.

Guests often involve men, too. At a wedding shower, close friends and family sometimes celebrate the couple together before their marriage. And at a baby shower, both future parents might be there. There may also be male guests. Although the way we celebrate these important moments has changed over time, baby showers and bridal or wedding showers are part of the rituals surrounding these two important life events.

roots where something comes from, its origins

refuse say no to something

dowry an amount of money that a woman's parents give to the man she marries

parasol a kind of umbrella to protect you from the sun

accompany go or be with someone

E **GOAL** Share Opinions about Holidays

Communication

A What holidays do you celebrate? What do you and your family do for celebrations? Discuss in pairs.

I agree.
I'm not sure.
I disagree.

B Write your opinion about these sentences in your notebook. Use the expressions in the box.

1. A new holiday isn't a real holiday.
2. Some old holidays are not very important now.
3. Our country should start a new holiday.
4. People spend too much money on holidays.
5. It's very important to keep all of the old holiday customs.

Writing

C Read about how to write an opinion paragraph.

WRITING SKILL: An Effective Opinion Paragraph

1. Begin with a strong topic sentence that clearly states your point of view.
2. Support your opinion by giving good, logical reasons for it.
3. End with a brief conclusion related to the opinion and reasons you gave.

A colorful float in a Samba School Parade at Carnival in Brazil



D Read the paragraph about holiday customs. What is the author's opinion?

Old holiday customs are an important connection to our past and our culture, so we should not forget them. These days many people would rather forget some holidays and their celebrations because they want to create new ones, or because they want to feel their life is different from their family's life in the past. They want to focus on the future, not the past, and they think some holiday customs are old fashioned. But the old celebrations are as important as new ones; they are part of our culture and our history, so they are a part of us. It is important to remember them.

E Look at the Writing Skill again. Identify the parts of the opinion paragraph in **D**.

1. Circle the topic sentence.
2. Underline the supporting reasons. How many reasons does the author give to support her opinion?
3. Circle the conclusion.

F Choose one of the statements from **B**. What is your opinion about it? Brainstorm ideas and complete the visual map with ideas for each part of the paragraph.

Topic sentence	
Supporting reasons	
Conclusion	

G Write a paragraph about your opinion. Be sure the paragraph contains all three elements from the Writing Skill.



GOAL CHECK Share Opinions about Holidays

1. In small groups, explain your opinions about the sentences in **B** that you chose.
2. Do you agree or disagree with each other's opinions? Tell the class.

We agree about the first one.
New holidays don't feel real!

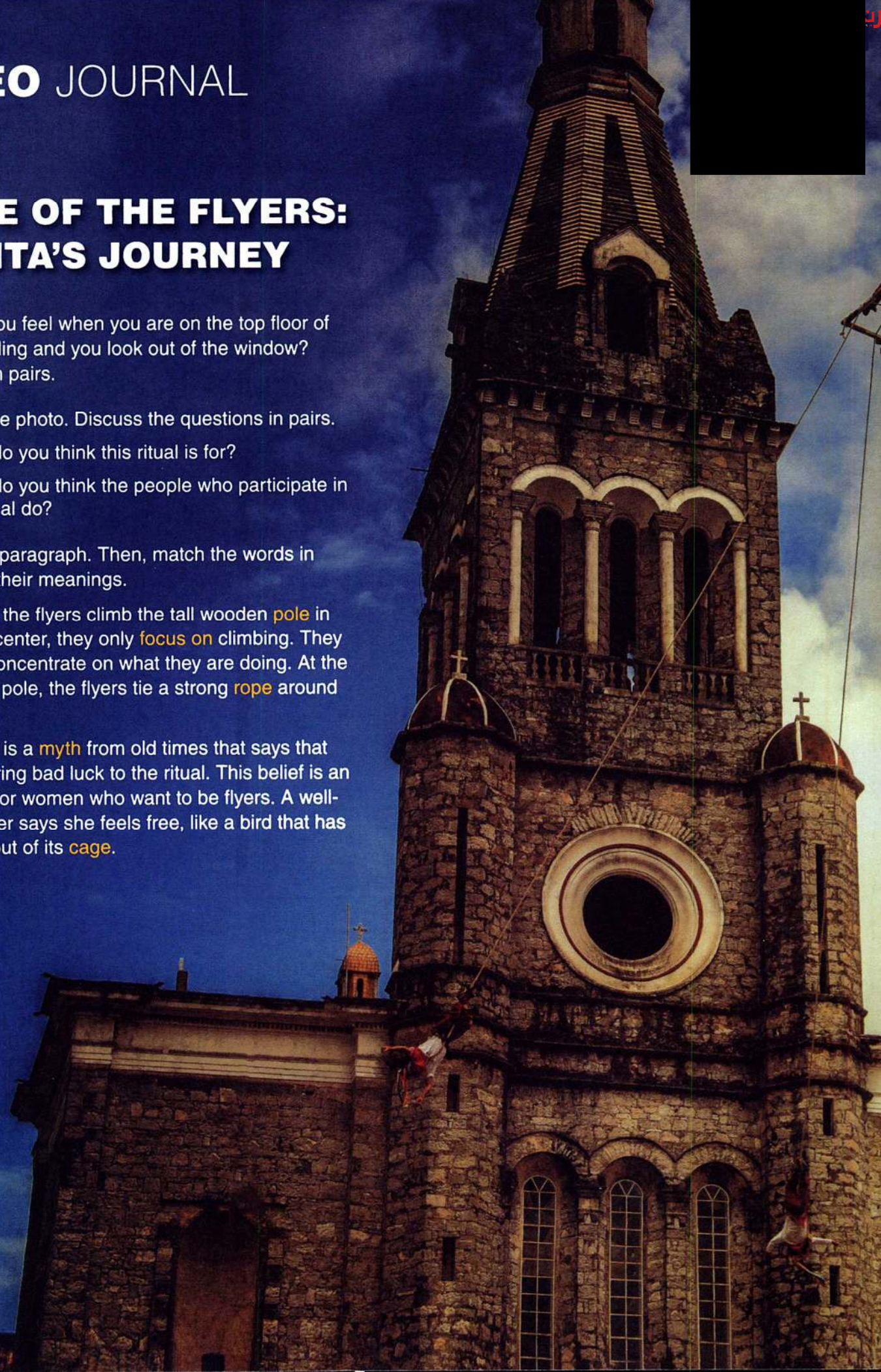
I agree, they are
like fake holidays!

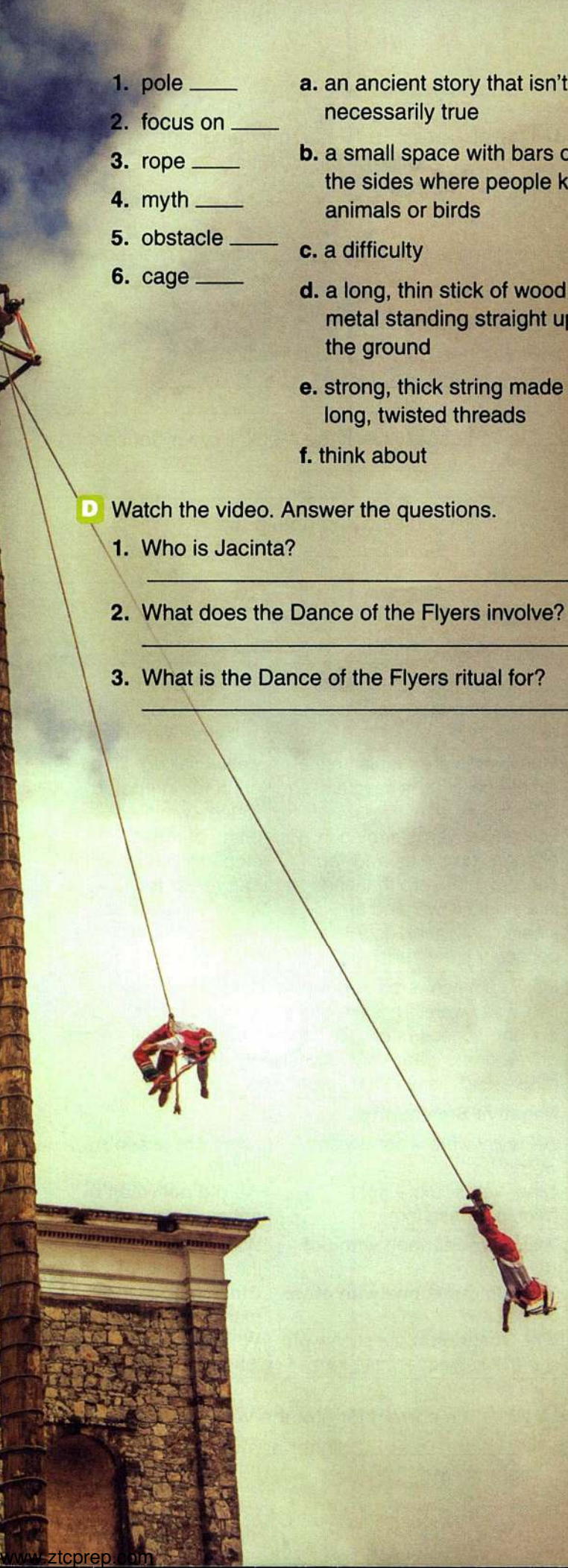
DANCE OF THE FLYERS: JACINTA'S JOURNEY

- A** How do you feel when you are on the top floor of a tall building and you look out of the window? Discuss in pairs.
- B** Look at the photo. Discuss the questions in pairs.
1. What do you think this ritual is for?
 2. What do you think the people who participate in the ritual do?
- C** Read the paragraph. Then, match the words in **yellow** to their meanings.

When the flyers climb the tall wooden **pole** in the town center, they only **focus on** climbing. They need to concentrate on what they are doing. At the top of the pole, the flyers tie a strong **rope** around their feet.

There is a **myth** from old times that says that women bring bad luck to the ritual. This belief is an **obstacle** for women who want to be flyers. A well-known flyer says she feels free, like a bird that has been let out of its **cage**.



- 
1. pole _____
 2. focus on _____
 3. rope _____
 4. myth _____
 5. obstacle _____
 6. cage _____
- a. an ancient story that isn't necessarily true
 - b. a small space with bars on the sides where people keep animals or birds
 - c. a difficulty
 - d. a long, thin stick of wood or metal standing straight up in the ground
 - e. strong, thick string made of long, twisted threads
 - f. think about

D Watch the video. Answer the questions.

1. Who is Jacinta?

2. What does the Dance of the Flyers involve?

3. What is the Dance of the Flyers ritual for?

E Watch the video again. Circle **T** for true or **F** for false.

1. Jacinta was 18 when she first participated in the ritual. **T F**
2. When she first climbed, the pole was 50 meters high. **T F**
3. Her family has always supported her decision to be a flyer. **T F**
4. Some people believe there will be an accident if a woman participates. **T F**
5. The flyers go around the pole 15 times when they come down. **T F**

F Answer the questions. Watch the video again if necessary.

1. What did Jacinta feel the first time she flew?

2. How does she feel when she climbs the pole now?

3. Why does Jacinta say she knows she will go up but she never knows if she will come down?

4. What do these two ideas refer to?
 - a. "I had a really cold bar of ice in my stomach."

 - b. "I don't feel like a bird in a cage."

5. Why is the dance of the flyers also a ritual to Mother Nature?

6. What does Jacinta's family think about her now?

G Discuss the questions in pairs.

1. Why do you think Jacinta feels proud of herself?
2. How do you think the ritual has changed from ancient times to now? Will it change in the future? Use the ideas in the box to help you.

costumes gods men safety women

UNIT 1

Lesson A

Simple Present vs. Present Continuous

Use the simple present to talk about habits and things that are generally true.	I almost never buy fruit at the supermarket. My father usually goes to the farmers' market.
Use the present continuous to talk about actions and events that are happening now. Note that you can use contractions.	We are making a healthy dinner today. I'm preparing a salad with lots of fresh vegetables.
Form the present continuous with the correct form of <i>be</i> (<i>not</i>) + the <i>-ing</i> form of the verb.	My dad is making lunch. He is not making breakfast.
Yes / No Questions: Simple present: <i>Do / Does</i> + subject + base form of the verb Present continuous: correct form of <i>be</i> + subject + verb + <i>-ing</i> Wh- Questions: Simple present: <i>Wh-</i> question word + <i>do / does</i> + subject + base form of the verb Present continuous: <i>Wh-</i> question word + correct form of <i>be</i> + subject + verb + <i>-ing</i>	Does she eat meat? Yes, she does . Are you ready to have breakfast? Yes, I am . Is he making a cake? No, he isn't. Are they eating ? Yes, they are . What do you eat on special occasions? What are you making ?

A Circle the correct form.

1. Do you *buy* / Are you *buying* the ingredients for the dish right now?
2. We always *eat* / *are eating* pozole on special occasions.
3. I almost never *drink* / *am drinking* coffee.
4. *Is dad making* / *Does dad make* a cake because it's my birthday today?
5. We *don't usually go* / *aren't usually going* out for dinner.

B Write the correct form of the verb in parentheses.

1. Lila never _____ meat or fish. She's a vegetarian. (eat)
2. What _____? It smells good! (you make)

3. I never _____ my cell at the table with my family. (use)
4. My little brother _____ to try new foods. (not like)
5. Right now, I _____ how to make curry. My aunt _____ me. (learn; teach)

C Answer the questions.

1. How often do you go out for dinner?

2. Do you usually cook the meals in your house?

3. What are you studying right now?

Lesson C

The Simple Past

Use the simple past to talk about completed past actions or situations.	We walked to the restaurant last night. The meal was delicious.
Many verbs are regular in the simple past. They have an <i>-ed</i> ending. For regular verbs ending in <i>-y</i> , change <i>y</i> to <i>i</i> , then add <i>-ed</i> . For a regular verb that ends in a single vowel and a single consonant, double the consonant, then add <i>-ed</i> .	walk - walked prepare - prepared watch - watched plan - planned stop - stopped carry - carried
Many common verbs are irregular in the simple past. be - was / were break - broke bring - brought buy - bought choose - chose come - came drink - drank drive - drove eat - ate go - went have - had read - read say - said see - saw tell - told	
Negative Statements <i>be</i> : was / were + not (<i>wasn't</i> / <i>weren't</i>) Other verbs: <i>did</i> + not (<i>didn't</i>) + base form	I was not (<i>wasn't</i>) thirsty. We did not (<i>didn't</i>) eat at home yesterday.
Yes / No questions with be: <i>Was / Were</i> Yes / No questions with other verbs: <i>Did</i> Wh- Questions: question word + <i>did</i> + subject + base form	Was the fish good at the restaurant? Did you go to the market last Sunday? Where did you have lunch yesterday?

A Write the correct form of the verb in parentheses.

1. I _____ dinner at my friend's house last night. (have)

2. What _____ at the grocery store this morning? (you buy)
3. Saul _____ lunch. He _____ hungry. (not eat; not be)
4. The restaurant _____ at 1:00 a.m. last night. The wait staff _____ very tired. (close; be)
5. The chef _____ the meat yesterday. (not order)
6. When I _____ to this market last weekend, the fruit _____ very fresh. (come; be)

B Complete the questions. Then, write your answers.

1. Where _____ you _____ last Saturday? (go) _____
2. Did _____ your friends there? (see) _____
3. What _____ there? (do) _____
4. _____ there? (eat) _____
5. _____? (your idea) _____

UNIT 2

Lesson A

The Present Perfect vs. The Simple Past

Form the present perfect with the correct form of the verb <i>have</i> (not) + past participle of the verb. Note that you can use contractions.	I have traveled in Europe. She has been a teacher for five years. He's visited the US many times. I haven't been to the US.
For the past participle of regular verbs, add <i>-ed</i> to the base form.	carry - carried visit - visited work - worked
Some verbs have irregular past participles.	be - been become - become eat - eaten drink - drunk know - known take - taken

Yes / No Questions:

Has / Have + subject + past participle of the verb

Have you eaten tacos? Yes, I **have**.

Time expressions we often use with the present perfect: *for* and *since*

We've known each other **for 10 years**. We've known each other **since 2010**.

Time expressions we often use with the simple past: *ago*
last week / month / year
in + month / year
on + day or date

We met **10 years ago**. We had dinner together **last month**. We took a trip together **in June**. / **in 2017**. We had dinner **on Friday night**.

A Circle the correct form.

1. We *ate* / *have eaten* at this restaurant last week.
2. They *took* / *have taken* several trips together since 2018.
3. I *went* / *have gone* on vacation in July.
4. He *started* / *has started* his new job a week ago.
5. *Did she live* / *Has she lived* in Canada since she was a child?

B Write the correct form of the verb in parentheses.

1. Juan and Jorge _____ two years ago in college. (meet)
2. They _____ English for two years and are in the same class this year. (study)
3. Last year, they _____ a trip to London. (take)
4. They _____ to Canada, but they would like to go next year. (never be)

Lesson C

Present Perfect Signal Words: *Already*, *Yet*, *Ever*, and *Never*

Already and *(not) yet* emphasize that an action has (or has not) happened.

Use *already* in affirmative statements and questions.

Use *(not) yet* in negative statements and questions.

We've **already finished** this unit.

Has class **already started**? No, it **hasn't**.

I **haven't read** that book **yet**. **Has** class **started yet**? No, **not yet**.

Use *never* / (*not*) *ever* to talk about something that has or has not happened at any time in the past.

For questions, use *ever*.

For negative statements, use *never* / *not ever*.

Have you ever studied Chinese?

I've **never learned** to play a musical instrument.

She **hasn't ever failed** an exam.

A Complete the conversation with *already*, *yet*, *ever*, or *never*.

Karla: Have you finished the video project (1) _____?

Daniel: Yes, I did it (2) _____. I worked on it all weekend.

Karla: Have you (3) _____ done a project like this before?

Daniel: No, I haven't (4) _____ done homework like this. Have you?

Karla: No, I've (5) _____ done a video project. And I haven't started it (6) _____!

UNIT 3

Lesson A

Future with Will

Use *will* (*not*) + base form of the verb to talk about the future. Note that you can use contractions.

Cities **will be** noisier in the future.
There **won't be** more traffic in the future.
I'll **move** to the suburbs next year.

Yes / No Questions:

Will + base form of the verb

Wh- Questions:

Wh- question word + *will* + base form of the verb

Will the number of vehicles **continue** to grow? No, it **won't**.

How will people **move** around the city?

A Unscramble the words to make statements and questions.

- improve / public / will / transportation
_____.
- jobs / there / will / more / be / or fewer / in the future
_____?

3. future / we / learn / how / in / will / _____.

4. won't / technology / everything / do / _____.

5. free / will / internet / for everyone / be / the
_____.

B Complete the statements and questions about cities in the future. Use *will* / *won't* and your own ideas.

- My city _____.
- _____ crowded?
- _____ pedestrians.
- _____ vehicles and traffic problems.
- _____ in neighborhoods?

Lesson C

Will + Time Clauses

A time clause can be the first or second clause in a sentence. If the time clause is first, it is followed by a comma. Use the simple present in each time clause.

I'll move to the city, **as soon as I graduate**.
Before I move to the city, I'll look for a job.
After I get a job, I'll look for an apartment.
I'll need a roommate **when I find an apartment**.

Yes / No Questions:

Will + subject + base form of the verb + time expression + subject + simple present verb

Will you **rent** an apartment **when you move** to the city?

Wh- Questions:

Wh- question word + *will* + subject + base form of the verb + time expression + subject + simple present verb

What **will** you **do** **after you graduate**?

A Which action will happen first? Write 1 and 2.

- Before they open the new park (_____), they will finish the play area (_____).

- When they improve public transportation (____), more people will use it (____).
- There will be less traffic (____) after they open the new subway (____).
- As soon as I move to the suburbs (____), I'll buy a bicycle (____).
- Will you move to a bigger house (____) when you have more money (____)?

UNIT 4

Lesson A

The Comparative, Superlative, and Equative

Comparative adjectives:
Add *-er* to adjectives with 1 or 2 syllables.
Use *more / less* with adjectives of 3 or more syllables.

Doing exercise with a friend is **nicer than** doing exercise alone.
Playing sports is **more enjoyable than** going to the gym.
Exercise is **less important than** sleep.

Superlative adjectives:
Use *the* and add *-est* to adjectives with 1 or 2 syllables.
Use *the most / the least* with adjectives of 3 or more syllables.

Hana is **the strongest** player on the team.

Getting enough sleep is **the most difficult** thing for me.
Eating healthy food is **the least difficult** thing for me.

To describe people or things that are (or aren't) the same as each other, use *(not) as + adjective + as*

Eating healthy food is **as important as** doing exercise.
For me, doing exercise at the gym is **not as enjoyable as** going for a run.

For adjectives ending in *-y*, change *y* to *i* and add *-er / -est*.

Walking is **easier than** running.
My mom is **the healthiest** person in my family.

A Write the correct form of the adjective in parentheses.

- Sitting down all day is as _____ as eating too much sugar. (harmful)
- Not doing exercise is _____ than not getting enough sleep. (serious)
- Walking is _____ form of exercise. (healthy)
- Spending time with family and friends is _____ than we think. (important)
- Eating a fruit or vegetable snack is _____ option if you are hungry between meals. (good)

B Compare the activities in the box. Use comparatives, superlatives, and equatives.

baseball jogging tennis a workout

- _____
- _____
- _____
- _____
- _____

Lesson C

Infinitive of Purpose

The infinitive of purpose gives the reason for doing something:
(*in order*) *to* + the base form of a verb

You should drink a liter of water a day **to help** your body stay healthy.
Take vitamin C (**in order**) **to avoid** getting a cold.

The infinitive of purpose can come in the beginning or in the middle of a sentence.
When it begins the sentence, it is followed by a comma.

To stop hiccups, I drink a glass of water.
In order to stay healthy, I take vitamins every day.

A Correct the mistake in each sentence.

- In order lose weight, you should eat less sugar.
- You should do more exercise to being healthier.
- To avoid stress I do yoga every day.
- Drink honey and lemon help a sore throat.

B Give a reason for each action. Add a comma when necessary.

- I do exercise every day.

- I listen to classical music when I drive.

- I don't eat sugar.

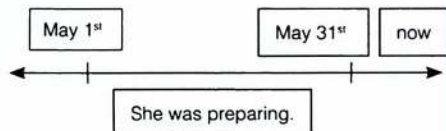
- I cycle to school.

UNIT 5

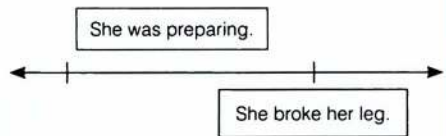
Lesson A

Past Continuous and Simple Past

Use the past continuous to talk about something that was in progress at a specific time in the past.



Use the simple past with the past continuous to say that something happened when another event was in progress.



She **was preparing** for the marathon all last month.

She **was preparing** for the marathon when she **broke** her leg.

Past Continuous:

Subject + *was (not) / were (not) + -ing* form of a verb. Note that you can use contractions.

Yes / No Questions:

Was / Were + subject + *-ing* form of a verb.

Wh- Questions:

Wh- question word + *was / were* + subject + *-ing* form of a verb.

We usually use *when* for the action in the simple past and *while* for the action in the past continuous.

The students **were practicing** their reading skills. They **weren't talking**.

Was the teacher **listening** to them?

What were they **reading**?

She was preparing for the marathon **when she broke** her leg. She broke her leg **while she was preparing** for the marathon.

Use a comma after a time clause when it begins a sentence.

While they were climbing, one of the men fell.

Only action verbs are used with the past continuous. Stative verbs (e.g., like, understand, know) are not used in the past continuous.

Sam **was dealing with** some challenges at work last year. He often **seemed** upset.

A Circle the correct form.

1. We *dealt / were dealing* with a difficult work when the boss *left / was leaving*.
2. My friend *convinced / was convincing* me to join the marathon with her. I *started / was starting* training today.
3. While she *traveled / was traveling*, she *met / was meeting* a lot of interesting people.
4. The team *knew / were knowing* how to prepare for the challenge.
5. I *achieved / was achieving* my goal of becoming healthier. I now weigh less, and I exercise every day.

B Write the correct past form of the verbs in parentheses.

1. Although the teacher _____ very fast, I _____ the class. (speak; understand)
2. The runner _____ good progress when she _____ her ankle. (make; hurt)
3. As soon as I _____ the finish line, I _____ I could achieve my goal. (see; know)
4. The storm _____ while we _____ to leave. (begin; prepare)

Lesson C

Enough, Not Enough, Too + Adjective

Use adjective + <i>enough</i> to say something is the necessary amount.	She's 18. She's old enough to drive a car.
Use <i>not</i> + adjective + <i>enough</i> to say it is less than necessary.	She's 15. She's not / she isn't old enough to drive a car.
Use <i>too</i> + adjective to say it is more than necessary.	She's 15, she's too young to drive a car.
Yes / No Questions: Correct form of <i>be</i> + subject + adjective + <i>enough</i> + <i>to</i> infinitive	Are you old enough to drive?

A Unscramble the words to make statements and questions.

1. run / enough / I'm / to / strong / not / a marathon
_____.
2. this movie / old / are / enough / watch / you / to
_____?
3. to / tall / play / enough / basketball / he's / not
_____.

4. expensive / the trip / too / is
_____.
5. fast / win the race / she / enough / is / to
_____?

UNIT 6

Lesson A

The Past Perfect

The past perfect is used to describe a past event that happened before another point in the past, or to explain why a past event or situation happened.

Form the past perfect with *had (not)* + the past participle of the verb.

Questions:
Had + subject + past participle of the verb?

Adverbs and time expressions with the past perfect:
just
already
when
by the time

When I graduated from college, I **had** already **started** working. Max chose to go to France for a semester because he **had** already **studied** French.

He **had** always **loved** learning languages.
I **hadn't graduated** from college when I started working.

Had you already **graduated** when you got your first job? Yes, I **had**.

I **had just** started college when I got my first job. I started college in September and I started working in November.

I **had already** started college when I got my first job.

When I took the exam, I had prepared well.

By the time I finished the exam, some students had already left.

A Which action happened first? Write 1 and 2.

1. Susy had just graduated (_____) when she moved to Mexico City (_____).
2. By the time Jon went to elementary school (_____), he had already learned to read and write by himself (_____).
3. Zara went to Chile on an exchange program (_____) because she had studied Spanish in high school (_____).
4. I had known Max for a year (_____) before I realized he spoke four languages (_____).

B Write the correct form of the verbs in parentheses.

1. I _____ a career in design (decide) _____ to change to teaching (decide).
2. The exam _____ when the fire alarm _____ (just start; ring).
3. By the time the teacher _____, the students _____ the classroom. (arrive; already leave)
4. Lin _____ as a construction worker for 10 years before he _____ an architect. (work; become)

Lesson C

Grammar: How + Adjective or Adverb

Use *how* to ask a question about a descriptive adjective or adverb.

With adjectives, use *be*:
How + adjective + correct form of *be* + subject

How careful are you? I've never broken any bones!

With adverbs, use other verbs:
How + adverb + *do / does* + subject + base form of the verb
Note that you can also use *can* instead of *do / does*.

How badly does he drive? He crashed twice last month.

How fast can you type? I can type 90 words a minute.

Common adjectives: *young, old, early, clean, happy, difficult, polite, serious*

Common adverbs: *well, badly, often, rarely, quickly, slowly, easily, carefully*

A Write questions with the adjectives and adverbs in parentheses. Then, give an answer to the questions like the examples in the chart above.

1. How _____ fast can you run? (fast) I can run a kilometer in 5 minutes.
2. How _____? (happy) _____
3. How _____ exercise? (often) _____
4. How _____ play tennis? (well) _____
5. How _____ your grandmother? (youthful) _____

UNIT 7

Lesson A

Passive Voice (Present Tense)	
The passive voice emphasizes the object or receiver of an action. Form the present passive with <i>is / are</i> + the past participle of the verb.	A large amount of plastic is thrown away every day.
Regular past participles add <i>-ed</i> to the base form of the verb.	call - called carry - carried drop - dropped help - helped laugh - laughed look - looked stop - stopped walk - walked worry - worried
Many common verbs have irregular past participles.	begin - begun break - broken bring - brought buy - bought catch - caught choose - chosen drive - driven eat - eaten make - made see - seen teach - taught throw - thrown write - written
Yes / No Questions: <i>Is / Are</i> + subject + past participle of the verb Wh- Questions: <i>Wh-</i> question word + <i>is / are</i> + subject + past participle of the verb	Is solar energy used to heat water? Yes, it is . Where are plastic bottles recycled ?

A Write the passive form of the verbs from the box.

recycle reduce reuse teach throw away

These days, people think more carefully about what they throw away at home. For example, coffee cups and cloth bags (1) _____, and glass bottles, cans, and cardboard (2) _____. Thanks to this, fewer things (3) _____ and the amount of trash (4) _____. People are beginning to change their habits, and it is important that children (5) _____ to think about these things.

Lesson C

Passive Voice with *By*

Use *by* with the passive voice to emphasize who or what does something (the agent).

The plastic was washed by a **machine**.
Eco-friendly cars are produced **by several different companies** now.

A Read the sentences and cross out the *by* phrases when they are not necessary.

1. Energy is produced by the solar panels on top of our house.
2. In many countries, a lot of food is wasted by people.
3. Our notebooks are made from recycled paper by factory workers.
4. Eco-friendly cars are powered by electricity, not gasoline.

UNIT 8

Lesson A

Real Conditionals in the Future

Use the real conditional for situations that can happen in the future:
if + subject + simple present verb (the condition), + subject + *will / be going to* + base form of the verb (the result)

If we don't control pollution, more sea animals **will become** extinct.
Plastic straws **are going to hurt** more sea turtles **if we keep** throwing them away.

The condition or the result can come first. Use a comma after the condition when it comes first.

If we tell people about the problems, they **will change** their habits. People **will change** their habits **if we tell** them about the problems.

Yes / No Questions:

Will + subject + base form of the verb + *if* + subject + simple present verb.

Will our planet **survive** if temperatures **continue** to increase? No, it **won't**.

Wh- Questions:

Wh- question word + *will / be going to* + subject + the base form of the verb + *if* + subject + simple present verb.

What is going to happen if temperatures **continue** to increase?

A Circle the correct form.

- Many animals *become* / *will become* extinct if we *don't protect* / *will protect* them.
- If we *recycle* / *are going to recycle* more, there *is* / *is going to be* less trash.
- Wild animals *lose* / *will lose* their habitat if we *build* / *will build* factories outside the city.
- More species *disappear* / *will disappear* if we *continue* / *will continue* to pollute the oceans.
- What *happen* / *will happen* if future generations *don't save* / *will save* the environment?

B Write the correct form of the verbs in the box.

be change have help increase
protect stop take care understand use

- If you _____ using plastic bags for your shopping, you _____ the environment.
- The climate _____ more if temperatures _____.
- If more people _____ public transportation, there _____ less traffic in the city.
- Our children _____ a better future if we _____ of the planet now.
- If our children _____ conservation, they _____ nature for the future.

Lesson C

Quantifiers	
With count nouns, use: <i>too few</i> (not enough) <i>a few</i> (a small number) <i>some</i> (not a small or large number) <i>a lot of / many</i> (a large number) <i>too many</i> (more than necessary)	There are too few conservation programs . There are a few animal protection centers . We need some volunteers to help. The center has a lot of volunteers . There are too many endangered species .
With non-count nouns, use: <i>too little</i> (not enough) <i>a little</i> (a small amount) <i>some</i> (not a small or large amount) <i>a lot of</i> (a large amount) <i>too much</i> (more than necessary)	There is too little money for the project. There is a little money to pay the volunteers. The center gets some help from the government. We need a lot of food for the animals. We have too much work.

A Write the correct quantifier: *too few* / *too much*, *a few* / *a little*.

- The rescue center has _____ needs more.
- There is _____ education about the environment. Schools need to teach children how to protect our wildlife.
- There are _____ orphaned animals. The center is too small to take them all.
- There are _____ volunteers, but we need more.
- We have _____ milk for the baby chimpanzees, but it is not enough.

UNIT 9

Lesson A

Used to	
Use <i>used to</i> + base form of the verb to show how things have changed from the past to the present, and to talk about past habits. Note that we sometimes use <i>always</i> with <i>used to</i> to talk about habits.	People used to travel by horse and cart. We used to communicate by letters, now we use cell phones for most of our communication. I used to eat meat every day, now I only eat it two or three times a week. I always used to drive to work, now I bike.
Negative Statements: <i>didn't</i> + <i>use to</i> + base form of the verb	People didn't use to worry about the environment.
Yes / No Questions: <i>Did</i> + subject + <i>use to</i> + base form of the verb Wh- Questions: <i>Wh-</i> question word + <i>did</i> + subject + <i>use to</i> + base form of the verb	Did your family use to recycle ? No, we didn't. Did you use to write letters? Yes, we did. What kind of houses did people use to live in?

A Circle the correct form.

- Long distance travel *use to* / *used to* take longer than it takes today.
- Why did travel *use to* / *used to* be so challenging in the past?
- In the past, there didn't *use to* / *used to* be as many opportunities for trade as there are nowadays.
- How did people *use to* / *used to* buy things before money existed?
- Before trade with China began, people didn't *use to* / *used to* wear silk clothes.

B Complete the questions and statements with the correct form of *use to* and your own ideas.

- Before we had cell phones,
_____.
- I _____
(negative), but now _____.
- How _____?
- Why _____?
- I _____
_____. (negative)
- People _____.

Lesson C

Passive Voice (Past Tense)

The passive voice emphasizes the object or receiver of an action in the past. Use *by* when you want to say who or what did something (the agent). Form the past passive with *was / were* + the past participle of the verb.

A large number of plastic bags **were used** every day, but now people use reusable bags. A lot of plastic bags **were used by** shoppers at supermarkets.

Regular past participles add *-ed* to the base form of the verb.

believe - believed include - included
happen - happened like - liked
listen - listened provide - provided
support - supported wonder - wondered

Many common verbs have irregular past participles.

build - built cut - cut
draw - drawn find - found
fly - flown forget - forgotten
freeze - frozen hide - hidden
lose - lost sell - sold
spend - spent steal - stolen
win - won

Yes / No Questions:

Was / Were + subject + past participle of the verb

Was coal **used** for heating in the past? Yes, **it was**.

Wh- Questions:

Wh- question word + was / were + subject + past participle of the verb

How was coal **delivered** to people's houses?

A Write the correct form of the verb

- Large stones _____ to Egyptian pyramids. (use)
- In the past, igloos _____ ice by the Inuit people. (build)
- In other countries, houses _____ from mud and dry grass in the past. (make)
- Before paper _____, people used to write on wood and dried animal skin. (invent)
- Paper _____ to Europe until the 11th century. (not bring)

B Use the correct form of the past passive of the verbs in the box to complete the questions and statements.

allow change invent lose make

- When _____ money _____?
- In the past, girls (not) _____ to go to school.
- How _____ clothes _____ in the past?
- Communication _____ completely by the invention of the internet.
- Luckily, traditions (not) _____ when the Sami people moved to towns.

UNIT 10

Lesson A

Expressing Necessity

Use *must* + base form of the verb in writing and formal speaking to say that something is an obligation or a rule.

Visitors **must have** a visa to enter the country.

Use *have to* or *need to* + base form of the verb in informal speaking to say that something is necessary (but not an obligation or a rule). Use *have got to* + base form of the verb for more emphasis. Note that you can use contractions. Use *don't have to / don't need to* + base form of the verb to say that something is not necessary.

We **have to buy** our tickets. Danny **needs to get** a new suitcase for the trip.

David **has got to make** a hotel reservation soon! He's **got to** call the hotel today.

They **don't need to make** a reservation, it's not busy.

<p>Yes / No Questions:</p> <p><i>Do / Does + subject + have to / need to + base form of the verb</i></p> <p>Wh- Questions:</p> <p><i>Wh- question word + do / does + subject + have to / need to + base form of the verb</i></p> <p>Note that <i>have to</i> and <i>need to</i> can be used with different verb forms.</p>	<p>Do you need to get a visa for Canada? Yes, I do.</p> <p>Does Ivan have to renew his passport? No, he doesn't.</p> <p>What do you have to do at check-in?</p> <p>When do you need to be at the boarding gate?</p> <p>We had to show our passports at check-in. Someone will need to help Lin with her carry-on bag. She's hurt her arm.</p> <p>Did you have to get a visa? Yes, I did.</p> <p>Where did you need to change trains?</p>
--	--

A Circle the correct form.

- When you get to the airport, you *need to / must* check the weight of your bags.
- Did Luisa *have to / must* check any baggage?
- All travelers *must / need to* go through the airport security check.
- You *need to / must* show your passport on arrival.
- Travelers don't *have to / must* check their carry-on bag.

B Write 5 things you and your family or friends need to (or don't need to) do to prepare for a trip. Use *have to / need to*.

- _____
- _____
- _____
- _____
- _____

Lesson C

Expressing Prohibition

Use the negative form of *must* to say that something is prohibited: *must not + base form of the verb*.

You **must not smoke** on board an airplane.

Note that you can use contractions. For other tenses, use <i>had to / will have to</i> .	You mustn't take water in your car. They had to have check-up to get t
We can also use <i>can't + base form of the verb</i> to say that something is not allowed.	You can't take a baggage as carry-on.
<i>Must not</i> is stronger than <i>can't</i> and is used for rules.	The government said visitors must not overstay their visas. The airline said passengers can't board an international flight without a visa.

A Correct the mistake in each sentence.

- You can't to use the bathroom while the plane is taking off or landing.
- When I traveled to India last month, I must get a visa.
- All travelers must to show their passport and boarding pass to be able to board the plane.
- You will must renew your passport before you travel next month.

B Write 5 things someone visiting your country needs to know. Use *have to / need to / must / must not / can't*.

- _____
- _____
- _____
- _____
- _____

UNIT 11

Lesson A

Modals for Giving Advice

Use *should (not) + verb to say that something is (or isn't) a good idea*.

You **should choose** a career that fits your personality. You **shouldn't apply** for an office job if you don't like to be inside all day.

Use <i>had better (not)</i> to say that something bad could happen if the advice isn't followed. Note that you can use contractions.	You had better prepare well for your interview. He'd better not fail the exam.
We can also use <i>ought to</i> + base form of the verb to give advice. <i>Ought to</i> is more formal than <i>should</i> and <i>had better</i> . Use <i>maybe</i> , <i>perhaps</i> , or <i>I think</i> with modals to make the advice sound gentler and friendlier.	The government ought to give more scholarships for students to study abroad. Maybe you should become a health care worker.

A Complete the letter with *should*, *shouldn't*, *had better*, or *ought to*.

Dear Reader,

I am happy you asked me for advice. If you want to become an innovator, you (1) _____ think about a problem you want to solve. Since there are lots of problems in the world, it (2) _____ be too hard! Remember, it takes a long time to solve a problem well, so you (3) _____ be patient.

Sincerely,
The Career Advisor

B Your friend has an important job interview. Give him or her advice. Use *should*, *shouldn't*, *had better*, or *ought to*, and the ideas in the box to help you.

clothes English experience
preparation questions

- _____
- _____
- _____
- _____
- _____

Lesson C

Indefinite Pronouns

Indefinite pronouns refer to unspecified nouns.

To talk about an entire group of nouns: *everybody* / *everyone* / *everything* / *everywhere*

To talk about none of a group of nouns: *nobody* / *no one* / *nothing* / *nowhere*

To talk about an unspecified noun: *somebody* / *someone* / *something* / *somewhere*

To emphasize that it's not important to specify a certain person, place, or thing: *anybody* / *anyone* / *anything* / *anywhere*

Negative statements and questions: *anybody* / *anyone* / *anything* / *anywhere*

Somebody career advisor see her. (I don't know who it was.)

Everyone went to the meeting. The boss wanted to talk to all of us.

Everything in the book is important. You need to study all of it.

I want to sell my computer, but **no one** I know wants to buy it. There is **nowhere** interesting to visit in my town.

You should talk to **someone** at the career advising center. (I don't know who specifically.) It is good to do **something** as a volunteer. (I don't know what.)

You need work experience. **Anything** you do will be helpful. (It doesn't matter what it is.) You can work **anywhere**. (It doesn't matter where.)

I don't know **anybody** in the office. Do you know **anything** about the job?

A Circle the correct indefinite pronouns.

- An inventor is *nobody* / *somebody* who is interested in problem solving.
- Many scientists and engineers are trying to do *something* / *anything* to solve the problems of the world.
- But it is not only these professionals. Ordinary people around the world have developed innovations in their communities with almost *nothing* / *something*.
- Everybody* / *Nobody* wants to make the world a better place.
- I hope to do *something* / *anything* important with my life.

B Complete the sentences with indefinite pronouns.

- Is there _____ I should know before the interview?
- They will want to know _____ about

your volunteer experience, but don't tell them all your crazy stories!

3. I'm nervous— _____ told me that the interview is very challenging.
4. Does _____ know what the salary will be for this job? Who can I ask?
5. Will there be opportunities to travel _____ with this job?

UNIT 12

Lesson A

Comparisons with as... as

Use subject + *be* + *as* + adjective + *as* + complement to say that two things are equal.

Note that you can use contractions.

Use subject + *be* + *not as* + adjective + *as* + complement to say that two things are not equal.

Questions:

Correct form of *be* + subject + *as* + adjective + *as* + complement

Halloween **is as interesting as** Day of the Dead. They are both celebrations that people enjoy.

Halloween's **as interesting as** Day of the Dead.

A music festival **is not as interesting as** the Burning Man festival. I like the art at Burning Man.

New Year's Eve **isn't as noisy as** Carnival.

Is your birthday as exciting as other holidays?

A Correct the mistake in each sentence.

1. Day of the Dead is as well known than Halloween around the world.
2. For children, Three Kings' Day is most exciting as Christmas.
3. The New Year's crowd in Trafalgar Square, London, is as bigger as the crowd in Times Square, New York.
4. The traditions in one culture are as important the traditions in another culture.
5. Old celebrations are as more important as new celebrations.

B Choose two places to visit in your city or country. Compare them using (not) as...as.

1. _____
2. _____

3. _____
4. _____
5. _____

Lesson C

Would rather

Use *would rather* (not) + base form of the verb to talk about actions we prefer. Note that you can use contractions.

I would rather have a small party than a big party for my birthday.
I'd rather go out for dinner.
I'd rather not cook tonight.

Use *one* to avoid repeating the noun.

I would rather have a small party than a big **one** for my birthday.

Questions:

Would you rather + base form of verb + complement

Would you rather eat out tonight or **stay** home?
Would you rather go straight home?

Wh- question word + *would you rather* + base form + complement

How would you rather celebrate your birthday?

A Write statements and questions using the information in parentheses and an appropriate verb.

1. (Carnival or Day of the Dead) _____?
2. (a restaurant or a coffee shop) _____
3. (not – downtown on New Year's Eve) _____
4. (birthday) _____?
5. (with family or with friends) _____?

Spelling Rules for Verbs Ending in -s and -es

1. Add -s to most verbs.	like-likes sit-sits
2. Add -es to verbs that end in -ch, -s, -sh, -x, or -z.	catch-catches miss-misses wash-washes mix-mixes buzz-buzzes
3. Change the -y to -i and add -es when the base form ends in a consonant + -y.	cry-cries carry-carries
4. Do not change the -y when the base form ends in a vowel + -y.	pay-pays stay-stays
5. Some verbs are irregular in the third-person singular -s form of the simple present.	be-is go-goes do-does have-has

Spelling Rules for Verbs Ending in -ing

1. Add -ing to the base form of most verbs.	eat-eating do-doing speak-speaking carry-carrying
2. When the verb ends in a consonant + -e, drop the -e and add -ing.	ride-riding write-writing
3. For one-syllable verbs that end in a consonant + a vowel + a consonant (CVC), double the final consonant and add -ing. Do not double the final consonant for verbs that end in CVC when the final consonant is -w, -x, or -y.	stop-stopping sit-sitting show-showing fix-fixing stay-staying
4. For two-syllable verbs that end in CVC and have stress on the first syllable, add -ing. Do not double the final consonant. For two-syllable verbs that end in CVC and have stress on the last syllable, double the final consonant and add -ing.	ENter-entering LISTen-listening beGIN-beginning ocCUR-occurring

Spelling Rules for Verbs Ending in -ed

1. Add -ed to the base form of most verbs that end in a consonant.	start-started talk-talked
2. Add -d if the base form of the verb ends in -e.	dance-danced live-lived
3. When the base form of the verb ends in a consonant + -y, change the -y to -i and add -ed. Do not change the -y to -i when the verb ends in a vowel + -y.	cry-cried worry-worried stay-stayed
4. For one-syllable verbs that end in a consonant + a vowel + a consonant (CVC), double the final consonant and add -ed. Do not double the final consonant of verbs that end in -w, -x, or -y.	stop-stopped rob-robbed follow-followed fix-fixed play-played
5. For two-syllable verbs that end in CVC and have stress on the first syllable, add -ed. Do not double the final consonant. For two-syllable verbs that end in CVC and have stress on the last syllable, double the final consonant and add -ed.	ORder-ordered HAPpen-happened ocCUR-occurred preFER-preferred

Spelling Rules for Comparative and Superlative Forms

	Adjective/ Adverb	Comparative	Superlative
1. Add <i>-er</i> or <i>-est</i> to one-syllable adjectives and adverbs.	tall fast	taller faster	tallest fastest
2. Add <i>-r</i> or <i>-st</i> to adjectives that end in <i>-e</i> .	nice	nicer	nicest
3. Change the <i>-y</i> to <i>-i</i> and add <i>-er</i> or <i>-est</i> to two-syllable adjectives and adverbs that end in <i>-y</i> .	easy happy	easier happier	easiest the happiest
4. Double the final consonant and add <i>-er</i> or <i>-est</i> to one-syllable adjectives or adverbs that end in a consonant + a vowel + a consonant (CVC).	big hot	bigger hotter	biggest hottest

Common Irregular Verbs

Base Form	Simple Past	Past Participle	Base Form	Simple Past	Past Participle
begin	began	begun	make	made	made
break	broke	broken	meet	met	met
bring	brought	brought	pay	paid	paid
buy	bought	bought	put	put	put
come	came	come	read	read	read
do	did	done	ride	rode	ridden
drink	drank	drunk	run	ran	run
drive	drove	driven	say	said	said
eat	ate	eaten	see	saw	seen
feel	felt	felt	send	sent	sent
get	got	gotten	sit	sat	sat
give	gave	given	sleep	slept	slept
go	went	gone	speak	spoke	spoken
have	had	had	swim	swam	swum
hear	heard	heard	take	took	taken
hurt	hurt	hurt	tell	told	told
know	knew	known	think	thought	thought
leave	left	left	throw	threw	thrown
let	let	let	understand	understood	understood
lose	lost	lost	write	wrote	written

Phrasal Verbs (Separable) and Their Meanings

Don't forget to **turn off** the oven before you leave the house.
 Don't forget to **turn** the oven **off** before you leave the house.

Phrasal Verb	Meaning	Example Sentence
blow up	cause something to explode	The workers blew the bridge up .
bring back	return	She brought the shirt back to the store.
bring up	1. raise from childhood 2. introduce a topic to discuss	1. My grandmother brought me up . 2. Don't bring up that subject.
call back	return a telephone call	I called Rajil back but there was no answer.
call off	cancel	They called the wedding off after their fight.
cheer up	make someone feel happier	Her visit to the hospital cheered the patients up .
clear up	clarify, explain	She cleared the problem up .
do over	do again	His teacher asked him to do the essay over .
figure out	solve, understand	The student figured the problem out .
fill in	complete information	Fill in the answers on the test.
fill out	complete an application or form	I had to fill many forms out at the doctor's office.
find out	learn, uncover	Did you find anything out about the new plans?
give away	offer something freely	They are giving prizes away at the store.
give back	return	The boy gave the pen back to the teacher.
give up	stop doing	I gave up sugar last year. Will you give it up ?
help out	aid, support someone	I often help my older neighbors out .
lay off	dismiss workers from their jobs	My company laid 200 workers off last year.
leave on	allow a machine to continue working	I left the lights on all night.
let in	allow someone to enter	She opened a window to let some fresh air in .
look over	examine	We looked the contract over before signing it.
make up	say something untrue or fictional (a story, a lie)	The child made the story up . It wasn't true at all.
pay back	return money, repay a loan	I paid my friend back . I owed him \$10.
pick up	1. get someone or something 2. lift	1. He picked up his date at her house. 2. I picked the ball up and threw it.
put off	delay, postpone	Don't put your homework off until tomorrow.
put out	1. take outside 2. extinguish	1. He put the trash out . 2. Firefighters put out the fire.
set up	1. arrange 2. start something	1. She set the tables up for the party. 2. They set up the project.
shut off	stop something from working	Can you shut the water off ?
sort out	make sense of something	We have to sort this problem out .
straighten up	make neat and orderly	I straightened the messy living room up .
take back	own again	He took the tools that he loaned me back .
take off	remove	She took off her hat and gloves.
take out	remove	I take the trash out on Mondays.
talk over	discuss a topic until it is understood	Let's talk this plan over before we do anything.
think over	reflect, ponder	She thought the job offer over carefully.
throw away/ throw out	get rid of something, discard	He threw the old newspapers away . I threw out the old milk in the fridge.
try on	put on clothing to see if it fits	He tried the shoes on but didn't buy them.
turn down	refuse	His manager turned his proposal down .
turn off	stop something from working	Can you turn the TV off , please?
turn on	switch on, operate	I turned the lights on in the dark room.
turn up	increase the volume	Turn the radio up , so we can hear the news.
wake up	make someone stop sleeping	The noise woke the baby up .
write down	write on paper	I wrote the information down .

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CEFR correlation

A1	A2	B1	B2
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